

WE HELP KIDS AND FAMILIES
BE THEIR HEALTHIEST



ATTENTION-DEFICIT HYPERACTIVITY DISORDER / TROUBLES D'HYPERACTIVITÉ AVEC DÉFICIT DE L'ATTENTION

*Kaitlin Atkinson Family Resource Library / Bibliothèque de
ressources familiales Kaitlin Atkinson*

Resource List/ Ressources



Follow us @CHEOfrl



Follow @CHEOhospital

CHILDREN'S HOSPITAL OF EASTERN ONTARIO

401 Smyth Road Ottawa, ON K1H 8L1 | Tel: (613) 737-7600 | Fax: (613) 738-4288

www.cheo.on.ca

General Information & Resources for Parents / Liste de ressources pour les parents

The ADD & ADHD answer book / Ashley, Susan -- Naperville, IL: Sourcebooks Inc., 2005.

This is a reassuring, authoritative reference for you and your family, providing sound advice and immediate answers to your most pressing questions. The book also includes questionnaires and checklists to help you get the most out of your child's evaluation.

FAM RJ 506 .H9 A327 2005

ADHD: a complete and authoritative guide -- [Elk Grove Village, IL] American Academy of Pediatrics, 2004.

Based on the American Academy of Pediatrics' own clinical practice guidelines for ADHD and written in clear, accessible language, this book answers common questions, addresses behaviors associated with the teenage years and what schools can do to support children with the condition. ADHD management strategies that balance the roles of behavior therapy, medications, and parenting techniques are suggested.

FAM RJ 506 .H9 A34 2004

ADHD: the facts -- Oxford: Oxford University Press, 2009.

This book is intended to educate any interested party about ADHD. Both medical and non-medical persons will find it easy to understand. It is a very informative work written by a developmental pediatrician.

FAM RJ 506 .H9 S448 2009

ADHD: what every parent needs to know -- Elk Grove, IL: American Academy of Pediatrics, 2011.

This guide to attention deficit/hyperactivity disorder (ADHD) offers parents balanced, reassuring, and authoritative information to help them understand and manage this challenging and often misunderstood condition. It answers the common questions: How is ADHD diagnosed? What are today's best treatment options, and will my child outgrow ADHD?

FAM RJ 506.H9 .A336 2011

All about attention deficit disorder: symptoms, diagnosis and treatment: children and adults [DVD] / Phelan, Thomas W. -- Glen Ellyn, IL: Child Management Inc., 2005.

This comprehensive resource gives parents, teachers, pediatricians and mental health professionals the facts and resources they need to effectively deal with ADD. This program provides a thorough description of the symptoms, diagnosis and treatment of ADD.

FAM RJ 506 .H9 P44 2005

Apprivoiser l'hyperactivité et le déficit de l'attention / Sauve, Colette -- Montréal: Éditions de l'Hôpital Sainte-Justine, 2000.

Comment gérer le comportement parfois étourdissant de votre enfant pour lequel un diagnostic d'hyperactivité ou de déficit de l'attention a été posé ? Voici proposée une gamme de moyens d'action dynamiques et diversifiés pour l'aider à s'épanouir dans sa famille, à l'école et dans son milieu de vie. L'auteur présente pour chaque groupe d'âge (3-5 ans, 6-12 ans, adolescence) trois parcours : 1) s'informer, comprendre, accepter ce désordre neurologique ; 2) prendre conscience de ses capacités d'éducateur ; 3) mettre en pratique de nouvelles stratégies. Pour multiplier les chances de réussite de votre enfant, ce guide vous invite enfin à croire en votre créativité et en votre intuition de parent.

FAM RJ 506 .H9 S38 2000

Give your ADD teen a chance: a guide for parents of teenagers with attention deficit disorder / Weiss, Lynn -- Colorado Springs, CO: Pinon Press, 1996.

This book examines the academic challenges ADD teens face, offering tips for success at school and guidelines for discipline, guidance, and responsibility.
FAM RJ 506 .H9 W44

Helping hyperactive kids: a sensory integration approach: techniques and tips for parents and professionals / Horowitz, Lynn -- Alameda, CA: Hunter House Publishers, 2007.

Sensory integration is a drug-free, child-friendly therapy for hyperactivity. This hands-on guide explains how it works and includes easy activities.
FAM RJ 506 .H9 H6713 2007

Howard B. Wigglebottom blends in like chameleons: a fable about belonging / Binkow, Howard -- Thunderbolt Publishing, 2011.

Howard helps his friend Joey understand that in order to overcome difficulties with attention, following instructions and finishing tasks, he needs to ask for professional help. Tips and lessons are included.
FAM RJ 506 .H9 B56 2012

Making the system work for your child with ADHD / Jensen, Peter S. -- New York: Guilford, 2004.

In this straightforward, compassionate guide, Dr. Jensen pools his own experiences with those of over 80 other parents to help you troubleshoot the system without reinventing the wheel. From breaking through bureaucratic bottlenecks at school to advocating for your child's healthcare needs is just an example of topics discussed in this book.
FAM RJ 506 .H9 J46

Medication for ADHD yes or no?: a practical guide [DVD] / Phelan, Thomas W. -- Glen Elly, IL: ParentMagic Inc., 2004.

Discusses the pros and cons of medication for ADHD for both children and adults.
FAM RJ 506 .H9 P442 2004

Only a mother could love him: my life with a triumph over ADD / Polis, Benjamin -- UK: Ballantine Books, 2004.

This book will give you a look inside the mind of a person with ADD/ADHD. Ben describes what it's really like to feel those constant impulses, to get all that medication, to desperately want to be "normal." In addition, he offers lots of valuable advice to parents, including finding what forms of discipline will work and what will never work surviving the daily homework struggle medicating or seeking other methods of treatment teaching your ADD/ADHD child to read.
FAM RJ 506 .H9 P64 2004

Teenagers with ADD and ADHD: a guide for parents and professionals / Zeigler Dendy, Chris A. -- Bethesda, MD: Woodbine House, 2006.

This guide will help provide insight, advice, and guidance to help parents effectively raise ADHD teenagers.
FAM RJ 506 .H9 Z45 2006

Le trouble de déficit de l'attention avec ou sans hyperactivité / Bélanger, Stacey [et al.] -- Montréal: Éditions du CHU Sainte-Justine, 2008.

Ce livre est un ouvrage multidisciplinaire qui décrit l'ensemble des symptômes de TDAH et leur impact sur l'apprentissage de même que sur les relations familiales et sociales. Est également décrit le processus d'évaluation ainsi qu'une mise au point sur le traitement, tant sur le plan médicale qu'en ce qui concerne les interventions scolaires, comportementales et sociales.
FAM RJ 506 .H9 T76 2008

Unlocking the potential of patients with ADHD: a model for clinical practice / Monastra, Vincent, J. -- Washington, DC: American Psychological Association, 2008.

Written by a clinical researcher who has evaluated and treated over 10,000 patients with ADHD, this volume provides a foundation for translating the complex scientific literature on ADHD into a model for community-based care.

FAM RJ 506 .H9 M654 2008

Visual perception problems in children with ADHD, autism and other learning disabilities: a guide for parents and professionals / Kurtz, Lisa A. -- London; Philadelphia: Jessica Kingsley Publishers, 2006.

This book provides a comprehensive overview of vision problems in children with autism spectrum disorders and specific learning disabilities and outlines a range of activities for strengthening children's functional vision and perceptual skills using simple, homemade materials that are readably available in the home or classroom. This is an excellent practical companion for parents of children with visual perception problems and the professionals who work with them.

FAM RJ 506 .H9 K87 2006

Resources for Kids and Teens / Liste de ressources pour les enfants et les adolescents

ADD and the college student: a guide for high school and college students with attention deficit disorder -- Washington, DC: Magination Press, 2001.

Armed with the wisdom of specialists and those who have "been there" themselves, readers with ADD can approach the prospect of college with confidence. This concise handbook is packed with practical information and advice to help students navigate the smoothest possible transition to college life.

FAM RJ 506 .H9 A33 2001

Adolescents and ADD: gaining the advantage / Quinn, Patricia O. -- New York: Magination Press, 1995.

Addresses the particular concerns of adolescents diagnosed with attention deficit disorder and offers coping strategies as well as personal stories from teens with the disorder.

FAM RJ 506 .H9 Q55 1995

All dogs have ADHD / Hoopman, Kathy -- London; Philadelphia: Jessica Kingsley Publishers, 2009.

This delightful book combines humor with understanding to reflect the difficulties and joys of raising a child with ADHD and celebrates what it means to be considered 'different'.

FAM RJ 506 .H9 H65 2009

Annie's plan: taking charge of schoolwork and homework / Kraus, Jeanne -- Washington, DC: Magination Press, 2007.

With the help of her teacher and parents, Annie learns how to organize her desk, pay attention in class, and prepare her homework assignments.

FAM RJ 506 .H9 K72 2007

Cory stories: a kid's book about living with ADHD / Kraus, Jeanne -- Washington, DC: Magination Press, 2005.

A story about Cory, a young boy who has ADHD, who explains some of the difficulties he has at home and at school. Solutions are presented to make life easier. Appropriate for ages: 6-11 years.

FAM RJ 506 .H9 K73 2005

Daydreaming Dakota: the world's greatest daydreamer / Bobula, Jill -- Nepean, ON: Wildberry Productions, 2008.

This book is the story of a young girl who is affected by attention deficit disorder who describes her passion for people and countries around the world and the challenges she faces.
FAM RJ 506 .H9 B64 2008

Eager Eddy: the world's most active dude: attention deficit hyperactivity disorder (ADHD) / Bobula, Jill -- Nepean, ON: Wildberry Productions, 2007.

Eddy is portrayed as a happy-go-lucky kid who doesn't see his affliction with ADHD as a problem, but rather as something that makes him special.
FAM RJ 506 .H9 B66 2007

Lucky horseshoes: a tale from the Iris the dragon series: a children's book dealing with ADHD / Grass, Gayle -- Perth, ON: Iris the dragon, 2006.

Skippy, a youngster with ADHD, overcomes her frustration with her difficulties at school and at home after meeting Iris, the Green Dragon.
FAM RJ 506 .H9 G77 2006

Mom, why can't I catch up? / Simeton, Julia -- Bloomington, Indiana: AuthorHouse, 2009.

The story about Joey J.J. Jones who doesn't fit in with other students because he has Attention Deficit Hyperactivity Disorder (ADHD).
FAM RJ 506 .H9 S57 2009

Mon cerveau a besoin de lunettes: vivre avec l'hyperactivité / Vincent, Annick -- Le Gardeur, QC: Association Québécoise des Trouble D'Apprentissage, 2006.

Ponctué de données instructives et de trucs efficaces, le journal imaginaire de Tom permet aux jeunes, aux parents et aux intervenants d'apprivoiser le trouble déficitaire de l'attention avec ou sans hyperactivité. Cette livre est indispensable pour mieux comprendre cette réalité.
FAM RJ 506 .H9 V55 2006

My brain needs glasses: living with hyperactivity / Vincent, Annick -- Lac-Beauport, QC: Impact Academy Publishing, 2004.

Filled with instructive information and effective hints, the imaginary journal of Tom helps children, parents, and education and psychology professionals overcome attention- deficit/hyperactivity disorder. Funny and imaginative, this book will help you understand the reality of kids living with AD/HD.
FAM RJ 506 .H9 V5513 2004

Resources for Learning, Schools and Teachers / Liste de ressources pour les professeures

ADHD in the schools: assessment and intervention strategies / Dupaul, George -- New York: Guilford Press, 2003.

This book provides essential guidance for school-based professionals meeting the challenges of ADHD at any grade level. Comprehensive and practical, the book includes several reproducible assessment tools and handouts.
FAM RJ 506 .H9 D87 2003

All about ADHD: the complete practical guide for classroom teachers / Pfiffner, Linda J. -- New York: Scholastic Professional Books, 1996.

Provides teachers with knowledge about ADHD, and arms them with a variety of strategies for dealing with ADHD students.



FAM RJ 506 .H9 P54

Web Sites / Sites internet

Helping Children and Youth with Attention Deficit and Hyperactivity Disorders – CHEO / Trouble d'hyperactivité avec déficit de l'attention – CHEO

<http://www.cheo.on.ca/en/adhd2?mid>

Attention Deficit Disorders – From the Canadian Mental Health Association / Les troubles déficitaires de l'attention – Association canadienne pour la santé mentale

http://www.cmha.ca/bins/content_page.asp?cid=3-99

ADHD - MedlinePlus from the U.S. National Library of Medicine

<http://www.nlm.nih.gov/medlineplus/attentiondeficitdisorderwithhyperactivity.html>

ADHD - American Academy of Child & Adolescent Psychiatry

http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Facts_for_Families_Pages/Children_Who_Cant_Pay_Attention_ADHD_06.aspx

CHADD – The National Resource on ADHD

<http://www.chadd.org>

Kids Health – Information for Kids, Teens and Parents from the Nemours Foundation

<http://www.kidshealth.org>

Centre for ADD/ADHD Awareness Canada

<http://www.caddac.ca/cms/page.php??>

Les troubles d'hyperactivité avec déficit d'attention – Naître et Grandir

http://www.naitreetgrandir.net/fr/MauxEnfants/IndexMaladiesA_Z/Fiche.aspx?doc=naitre-grandir-sante-enfant-trouble-deficit-attention-hyperactivite-TDAH

Trouble déficitaire de l'attention avec ou sans hyperactivité – Site personnel D'Annick Vincent / Attention Deficit Disorder With or Without Hyperactivity (ADHD) – Personal Site of Annick Vincent

<http://www.attentiondeficit-info.com/>

Local Contacts / Liaison régionale

Idao-c - Learning Disabilities Association of Ottawa-Carleton

160 Percy Street

Ottawa, ON K1R 6E5

Phone: 613-567-5864

info@ldaottawa.com

<http://www.ldaottawa.com/>

Canadian Mental Health Association – Ottawa Branch / Association canadienne pour la santé mentale – section Ottawa

301 - 1355 Bank Street

Ottawa, ON K1H 8K7

Phone: 613-737-7791



Fax: 613-737-7644

general@cmhaottawa.ca

<http://www.cmhaottawa.ca>

Association québécoise pour les troubles d'apprentissage (AQETA) Section Outaouais

109, rue Wright, bureau 203

Gatineau, Québec J8X 2G7

Téléphone 819-777-3126

info@aqeta.qc.ca

www.aqeta.qc.ca

Apps

ADHD Tracker 1.0 (for Apple products)

- From the American Academy of Pediatrics
- English
- Last Updated: May 2013
- From iTunes: This app is not a diagnostic tool. It can assist a healthcare team to monitor a child's progress with ADHD treatment in school and at home, helping them gain a better understanding of how ADHD is impacting the child's mental and physical health.
- Available from [iTunes](#)

This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

Last Updated / Mise-à-jour: August 2017 août
Links Tested / Liens vérifiés: August 2017 août