

WE HELP KIDS AND FAMILIES  
BE THEIR HEALTHIEST



## ADOPTION / L'ADOPTION

*Kaitlin Atkinson Family Resource Library / Bibliothèque de  
ressources familiales Kaitlin Atkinson*

*Resource List / Ressources*

 *Follow @CHEOfrl*

 *Follow @CHEOhospital*

## General Information and Resources for Parents / Liste de ressources pour les parents

### **Attaching in adoption: practical tools for today's parents** / Gray, Deborah D. -- Indianapolis, IN:

Perspectives Press Inc. 2002.

*This book helps parents of children who are at high-risk for attachment problems. It matches children's emotional needs and stages with parenting strategies to enhance child's happiness and emotional health and provides methods to improve attachment, respect, cooperation, trust, and caring in the family.*

FAM HV 875 .G69 2002

### **Beyond good intentions: a mother reflects on raising internationally adopted children** / Register,

Cheri -- St. Paul, MI: Yeong & Yeong Book Company, 2005.

*A book of essays about the joys and risks of raising internationally adopted children. It also examines pitfalls that well-meaning parents can encounter.*

FAM HV 875.5 .R44 2005

### **Building self-esteem in children and teens who are adopted or fostered** / Cornbluth, Sue. -- London;

Philadelphia: Jessica Kingsley Publishers, 2014.

*This book offers simple advice to those supporting adopted or fostered children ages 7 and up, and explains why these children can often experience self-esteem issues, and the impact it can have on their lives. The book provides everyday strategies to help the child move beyond their trauma and develop healthy self-esteem.*

FAM HV 875 .C676 2014

### **Orphan: through the eyes of an orphan** / Wiebe, Elizabeth -- Ottawa, ON: Baico Publishing Consultants, Inc. 2006.

*This book discusses issues surrounding orphaned children in Canada and the United States and issues surrounding the feelings related to being abandoned.*

FAM HV 875.58 .C3 W5 2006

### **Parenting the hurt child: helping adoptive families heal and grow** / Keck, Gregory C. -- Colorado Springs: Pinon Press, 2002.

*This book explains how to manage a hurt child with love, wisdom and resolve. It explores many options to help families help their children and shares specific strategies to help make their journey more productive and enjoyable.*

FAM HV 875.55 .K436 2002

### **Parenting your adopted older child: how to overcome the unique challenges and raise a happy and healthy child** / McCreight, Brenda -- Oakland, CA: New Harbinger Publications, Inc. 2002.

*If you've adopted a child older than two years, from the U.S. or abroad, this practical guide will provide you with all the information and tools you'll need to overcome difficulties and develop a healthy, loving relationship with your child. You'll learn step-by-step how to identify your child's unique needs and wounds, create a supportive home environment, and develop the skills needed to ally with your child against each challenge.*

FAM HV 875 .M385 2002

## Resources for Kids and Teens / Liste de ressources pour les enfants et les adolescents

### **All about adoption: how families are made & how kids feel about it** / Nemiroff, Marc -- Washington, DC: Magination Press, 2004.

*Using simple language, this book describes the stages of the adoption process and discusses complex feelings commonly felt by adopted children. Appropriate for ages 5 to 10 years.*  
FAM HV 875 .N45 2004

**Barnabé a été adopté** / Texier, Ophélie -- Paris: L'école des loisirs, 2005.

*Barnabé ne ressemble pas à ses parents. Max et Jo, eux, sont jumeaux. Albert vit chez sa grand-mère et Fleur vient d'avoir une petite sœur. Quatre histoires simples et tendres qui parlent de la vie de tous et de chacun.*  
FAM HV 875.5 .T4 2005

**I don't have your eyes** / Kitze, Carrie A. -- New Jersey: EMK Press, 2003.

*Gentle multicultural exploration of how people are alike despite differences in appearance, background or ethnicity. Appropriate for ages: 2-5 years.*  
FAM HV 875.5 .K57 2003

**My new family: a first look at adoption** / Thomas, Pat -- Hauppauge, NY: Barron's Educational Press, 2003.

*Children are sometimes upset to discover that they have been adopted. This book helps them understand how lucky they are to have to have loving, adoptive parents, and how lucky their parents are to have them! It is written in simple, direct language that makes sense to younger kids.*  
FAM HV 875 .T56 2003

**Nam, enfant adopté** / Broere, Rien -- Montréal: Éditions École active, 1997.

*Nam est désespéré lorsqu'il ne trouve pas de photos de lui comme bébé pour montrer à sa classe. Il finit par réaliser que son histoire est unique et très spéciale. Pour les enfants de 4 à 10 ans.*  
FAM HV 875.5 .B765

**Over the moon: an adoption tale** / Katz, Karen -- New York: Henry Holt and Company, 1997.

*A story about a loving couple's dream of a baby born far away and know that this is the baby they have been waiting to adopt.*  
FAM HV 875 .5 .K37 1997

**Seeds of love: for brothers and sisters of international adoption** / Petertyl, Mary E. -- Grand Rapids, Michigan: Folio One Publishing, 1997.

*This children's story is about Carly who works through feelings of anticipation and fear when her parents travel to another country without her to adopt her baby sister.*  
FAM HV 875.5 .P47 1997

**Teenagers talk about adoption** / Crook, Marion -- Toronto: NC Press, 1990.

*Based on interviews with more than 40 adopted teens in Canada, this book conveys the feelings they have about their birthparents, being adopted, and the attitudes of others towards adoption. Appropriate for ages 12-17 years.*  
FAM HV 875.58 .C3 C76 1990

#### **Web Sites / Sites internet**

Adoption – From the U.S. National Library of Medicine  
<http://www.nlm.nih.gov/medlineplus/adoption.html>



Talking to your Children about Adoption - Caring for Kids / Parler à votre enfant de l'adoption - soins de nos enfants

[http://www.caringforkids.cps.ca/handouts/talking\\_about\\_adoption](http://www.caringforkids.cps.ca/handouts/talking_about_adoption)

Adoption – Ontario Ministry of Child and Youth Services / Adoption - Ontario ministère des services à l'enfance et à la jeunesse

<http://www.children.gov.on.ca/htdocs/English/topics/adoption/how/index.aspx>

Adoption régulière et adoption dans le cadre du programme Banque mixte – Québec / Regular Adoption and Adoption under the Banque Mixte Program – Québec

<http://www4.gouv.qc.ca/FR/Portail/Citoyens/Evenements/DevenirParent/Pages/adoption-quebec-reguliere-banquemixte.aspx>

Adoption Council of Canada / Conseil d'adoption du Canada

<http://www.adoption.ca/>

AdoptOntario – Adoption Council of Ontario / AdoptOntario - Conseil d'adoption de l'Ontario

<http://www.adoptontario.ca/>

Kids Health – Information for Kids, Teens and Parents from the Nemours Foundation

<http://kidshealth.org>

Canada's Waiting Children

<http://www.canadaswaitingchildren.ca/>

Adopt a Child From Abroad – Government of Canada / Adopter un enfant d'un autre pays – Gouvernement du Canada

<http://www.cic.gc.ca/english/immigrate/adoption/>

### **Local Contacts / Liaison regionals**

Adoption Council of Canada / Conseil d'adoption de Canada

416-2249 Carling Ave.

Ottawa, Ontario

K2B 7E9

Toll Free: 888-54-ADOPT

[info@adoption.ca](mailto:info@adoption.ca)

[www.adoption.ca](http://www.adoption.ca)

Secrétariat à l'adoption internationale

Ministère de la Santé et des Services sociaux

201, boul. Crémazie Est, bureau 1.01

Montréal, QC

H2M 1L2

téléphone: 514-873-5226

Numéro sans frais à l'intérieur du Québec: 800-561-0246

télécopieur: 514-873-1709

[www.adoption.gouv.qc.ca](http://www.adoption.gouv.qc.ca)

*This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.*

*The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.*

*If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at [library@cheo.on.ca](mailto:library@cheo.on.ca).*

*Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.*

*Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.*

*Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à [library@cheo.on.ca](mailto:library@cheo.on.ca).*

Last Updated / Mise-à-jour: August 2017 août  
Links Tested / Liens vérifiés: August 2017 août