

WE HELP KIDS AND FAMILIES
BE THEIR HEALTHIEST



ASPERGER SYNDROME / LE SYNDROME D'ASPERGER

*Kaitlin Atkinson Family Resource Library / Bibliothèque de
ressources familiales Kaitlin Atkinson*

Resource List / Ressources

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All cats have Asperger Syndrome / Hoopmann, Kathy. -- London; Philadelphia: Jessica Kingsley Publishers, 2006.

Featuring photographs of cats, this book aims to bring to life familiar characteristics such as sensitive hearing, scampering at the first sign of being stroked, and particular eating habits. It evokes the difficulties and joys of raising a child who is different
FAM RJ 506 .A98 H65 2006

The Asperger's answer book: the top 300 questions parents ask / Ashley, Susan -- Naperville, IL: Sourcebooks Inc. 2007.

Written by an experienced child psychologist, this book covers such topics as: is it autism or is it Asperger's?; getting your child evaluated; emotional intelligence; routines and rituals; motor skills; sensory sensitivity; and growing up with Asperger's Syndrome.
FAM RJ 506 .A92 A77 2007

The Asperger children's toolkit / Musgrave, Francis. -- London: Jessica Kingsley Publishers, 2012.

This book guides children with Asperger's Syndrome (AS) through some of the trickiest, stickiest conundrums: from anxiety and negative thinking, to sensory overload, emotions, friendship and trust and social situations. By working through the activities and using the cut- out-and-keep tools with a parent, caregiver or teacher, children with AS will learn how to build upon their strengths and develop techniques for coping with areas of difficulty--as well as how to handle setbacks and celebrate successes along the way.
FAM RJ 506 .A92 .M98 2012

Asperger's rules / Grossberg, Blythe N. -- Washington, DC: Magination Press, 2012.

Offers guidance to young people with Asperger's syndrome by explaining how to understand and communicate with their peers and teachers, standing up for and taking care of themselves, setting realistic goals, and making friends.
FAM RJ 506 .A92 G75 2012

Asperger's syndrome and sexuality: from adolescence through adulthood / Hénault, Isabelle -- London: Jessica Kingsley, 2006.

In this comprehensive and unique guide, Isabelle Hénault delivers practical information and advice on issues ranging from puberty and sexual development, gender identity disorders, couples' therapy to guidelines for sex education programs and maintaining sexual boundaries. This book will prove indispensable to parents, teachers, counsellors and individuals with AS themselves.
FAM RJ 506 .A92 H46 2006

Asperger syndrome and bullying: strategies and solutions / Dubin, Nick -- Philadelphia, PA: Jessica Kingsley Publishers, 2007.

Using personal and professional experience, the author presents a range of strategies that can be used by parents, professionals, schools and the victims of bullying.
FAM RJ 506 .A92 D83 2007

Asperger's teens: understanding high school for students on the autism spectrum / Grossberg, Blythe N. -- Washington, DC: Magination Press, 2015.

This book helps teens with Asperger's use their strengths and personal style to feel more comfortable in high school. It explains how teens can find their comfort zone and create a personal profile of their strengths and obstacles, then how to work with teachers and complete work, get along with other kids, deal with bullying, use social media and electronic communication, develop healthy habits, handle emotions, and develop independence.
FAM RJ 506 .A92 G75 2015

Autism all-stars: how we use our autism and Asperger traits to shine in life -- London: Jessica Kingsley Publishers, 2012.

Looking at the positive influences, great talents and unique thought processes of individuals with autism spectrum disorders, this book is a celebration of those who have used their autism to shine in life.

FAM RJ 506 .A9 A98 2012

Being bullied: strategies and solutions for people with Asperger's syndrome [DVD] / Dubin, Nick -- London: Jessica Kingsley, 2006.

This DVD outlines practical strategies for parents, professionals, schools, and individuals being bullied on how to prevent bullying. It stresses the importance of peer intervention, empathetic teachers, and verbal self-defence and shows how lack of teacher support, condemning of "tale telling," or even blaming the victim reinforces bullying.

FAM RJ 506 .A92 D85 2006

Children, youth and adults with Asperger syndrome: integrating multiple perspectives -- London: Jessica Kingsley Publishers, 2005.

This book offers a comprehensive overview of clinical, research and personal perspectives on Asperger Syndrome, including contributions from parents and experts in the fields of psychology, social work, psychiatry, genetics, sexology and vocational counselling. It includes first-hand accounts from adults with AS, highlighting their difficulties in areas such as social competence and education.

FAM RJ 506 .A92 C456 2005

The complete guide to Asperger's syndrome / Attwood, Tony -- London: Jessica Kingsley Publishers, 2007.

This book brings together information on all aspects of Asperger's syndrome for children through to adulthood. Drawing on case studies and personal accounts from Attwood's clinical experience and from his correspondence with individuals with AS, this book easy to read and understand.

FAM RJ 506 .A92 A887 2007

Freaks, geeks and Asperger syndrome: a user guide to adolescence / Jackson, Luke -- London: Jessica Kingsley, 2002.

Written by Luke, a 13-year-old boy with Asperger's syndrome. Using his own experiences and information from his teenage brother and sisters, he writes about bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality. Appropriate for ages: 12-17 years.

FAM RJ 506 .A92 J326 2002

Helping a child with nonverbal learning disorder or Asperger's syndrome: a parent's guide / Stewart, Kathryn -- Oakland, CA: New Harbinger Pub. 2002.

Kathryn Stewart provides you with a research-based, step-by-step treatment approach for parenting a child with either NLD or Asperger's. Stewart offers strategies to help you assess your child's disorder, understand its symptoms, discover effective intervention techniques that you can use at home, and maximize the resources available to you through the school system and your community.

FAM RJ 506 .A92 S74 2002

Inside Asperger's looking out / Hoopmann, Kathy. -- London: Jessica Kingsley Publishers, 2013.

In this title, each page brings to light traits that many Aspies have in common, from sensitive hearing and an aversion to bright lights, to literal thinking and difficulty understanding social rules and reading body language and facial expressions.

FAM RJ 506 .A92 .H55 2013

Le syndrome d'Asperger et l'autisme de haut niveau / Attwood, Tony -- Paris: Dunod, 2003.

Premier ouvrage en français sur cette pathologie, ce livre détaille avec de nombreux exemples cliniques toutes les facettes de cette affection et explicite les modalités de prise en charge. Un livre d'une clarté exemplaire qui constitue la référence internationale sur le thème. Sommaire : Le diagnostic; Comportement social; Langage; Intérêts et routines; Maladresse motrice; Cognition; Sensibilité sensorielle; Questions fréquemment posées.

FAM RJ 506 .A92 A8814 2003

Living well on the spectrum: how to use your strengths to meet the challenges of Asperger syndrome/high-functioning autism / Gaus, Valerie L. -- New York: Guilford Press, 2011.

This book is packed with questionnaires and worksheets that help readers pinpoint their areas of greatest concern and develop personalized action plans to build the life they want.

FAM RJ 506 .A92 .G29 2011

The oasis guide to Asperger syndrome: advice, support, insight, & inspiration / Bashe, Patricia Romanowski -- New York: Crown Publishers, 2005.

With this book, you'll learn what AS looks like and how it is diagnosed; how parents can accept and work with the diagnosis; what interventions, therapies, and medications are available; how to navigate through the school system, including the ins and outs of special education; how parents can raise their unique child, guiding him or her through the social, emotional, and intellectual challenges on the way to adulthood.

FAM RJ 506 .A92 B375 2005

Spaghetti is not a finger food: (and other life lessons) / Carmichael, Jodi -- San Francisco: Little Pickle Press, 2012.

A story of a young boy with Asperger's Syndrome will make you laugh and wonder at his courage to deal with everyday life as a school student.

FAM RJ 506 .A96 .A35 2012

Web Sites / Sites internet

Autism Parent Resource Kit – Ministry of Children and Youth Services / Trousse de ressources sur l'autisme pour les parents – Ministère des services à l'enfance et à la jeunesse

<http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/autism/aprk/index.aspx>

Knowledge Base – Autism Ontario / Base de connaissances - Autisme Ontario

<http://autismontario.novosolutions.net/homekb.asp>

Asperger's Society of Ontario

<http://www.aspergers.ca>

Autism Ontario / Autisme Ontario

<http://www.autismontario.com/>

Asperger's - American Academy of Child & Adolescent Psychiatry

http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Facts_for_Families_Pages/Aspergers_Disorder_69.aspx

Geneva Centre for Autism

<http://www.autism.net>

Asperger's Syndrome Fact Sheet – National Institute of Neurological Disorders and Stroke
http://www.ninds.nih.gov/disorders/asperger/detail_asperger.htm

Asperger's Syndrome - Health Link BC
<http://www.healthlinkbc.ca/healthtopics/content.asp?hwid=zq1008>

Apps

Autism Tracker Lite: Track, Analyze and Share ASD Daily

- From Track & Share Apps, LLC
- English
- Lite version free, can purchase full version
- Last updated Oct 2014
- From iTunes: Autism Tracker can be life changing for families with an autistic child. Track what matters to your child and family. Use the visual calendar and multi-item graphs to view and discuss patterns. Share individual events or entire screens with your team using Dropbox, email or Twitter (Twitter lets you set up closed groups). Autism tracker is an educational app that helps families explore autism. Each of its screens represents a different domain of autism. Several screens are already set up to get you started – mood, behavior, food, health and reports.
- Available from [iTunes](#)

Sesame Street and Autism

- Sesame Workshop
- English
- Last updated Nov 2015
- From Google Play: These resources are for all families, with or without children with autism. They'll help build understanding, reduce stigma, and provide support with everyday routines. For parents and caregivers, the Sesame Street and Autism: See Amazing in All Children app provides tools to help families with preschool children with autism, as well as help those just learning about autism celebrate differences and build bridges of acceptance.
- Available from [Google Play](#) and [iTunes](#)

LetMeTalk: Free AAC Talker

- From Appnotize UG
- Free
- English
- Last updated June 2016
- From Google Play: LetMeTalk enables you to line up images in a meaningful way to read this row of images as a sentence. To line up images is known as AAC (Augmentative and Alternative Communication). The image database of LetMeTalk contains more than 9,000 easy to understand images from ARASAAC. Additionally, you can add existing images from the device or take new photos with the build in camera.
- Available from [iTunes](#) and [Google Play](#)

Local Contacts / Liaison régionales

Ottawa Children's Treatment Centre
395 Smyth Rd
Ottawa, ON K1H 8L2



613-737-0871

<http://www.octc.ca/index.php>

info@octc.ca

Autism Ontario – Ottawa Chapter

1140 Morrison Dr.

Ottawa, ON K2H 8S9

613-230-6305

<http://www.autismontario.com/ottawa>

ottawa@autismontario.com

Children at Risk

235 Donald St., Suite 212

Ottawa, ON K1K 1N1

Phone: 613-741-8225

car@childrenatrisk.ca

<http://www.childrenatrisk.ca>

This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

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