

WE HELP KIDS AND FAMILIES  
BE THEIR HEALTHIEST



## AUTISM AND CHILDREN / AUTISME ET LES ENFANTS

*Kaitlin Atkinson Family Resource Library / Bibliothèque de  
ressources familiales Kaitlin Atkinson*

*Resource List / Ressources*

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**All cats have Asperger Syndrome** / Hoopman, Kathy -- London; Philadelphia: Jessica Kingsley Publishers, 2006.

*This picture book takes a look at Asperger syndrome. Featuring photographs of cats, this book aims to bring to life familiar characteristics such as sensitive hearing, scampering at the first sign of being stroked, and particular eating habits. It evokes the difficulties and joys of raising a child who is different.*

FAM RJ 506 .A98 H65 2006

**Arnie and his school tools: simple sensory solutions that build success** / Veenendall, Jennifer -- Shawnee Mission, Kansas: Autism Asperger Publishing Company, 2008.

*Written from Arnie's point of view, this book uses simple language to describe some of the sensory tools and strategies Arnie uses at school and home to help him achieve a more optimal level of alertness and performance and helps create an environment that is accepting of students with sensory modulation difficulties, including many on the autism spectrum.*

FAM RJ 506 .A98 V43 2008

**Asperger's, huh?: a child's perspective** / Schnurr, Rosina G. -- Gloucester, ON: Anisor Publishing, 1999.

*A book about a child with Asperger syndrome. Appropriate for ages: 5-10 years.*

FAM RJ 506 .A98 S34 1999

**Baj and the word launcher: space age Asperger adventures in communication** / Victor, Pamela -- London: Jessica Kingsley, 2006.

*Baj lives in the future on a planet called Aular and in many ways is like any other kid, but he has trouble reading body language, making eye contact, and taking turns in conversation. When Baj is given a special present-a magical communication kit-he begins to understand the complex rules of the social world.*

FAM RJ 506 .A98 V53 2006

**Blue bottle mystery: an Asperger adventure** / Hoopman, Kathy -- London: Jessica Kingsley Publishers, 2001.

*Ben finds an unusual old bottle buried in the schoolyard, and in a roundabout way it helps Ben and his family find out what is causing some of the persistent problems he has both at home and at school.*

FAM RJ 506 .A98 H66 2001

**Can I tell you about Asperger Syndrome?: a guide for friends and family** / Welton, June -- London: Jessica Kingsley, 2004.

*In this book, Adam, a young boy with autism, helps children understand the difficulties faced by a child with AS; he tells them what AS is, what it feels like to have AS and how they can help children with AS by understanding their differences and appreciating their many talents.*

FAM RJ 506 .A98 W44 2004

**Going to the dentist: a picture social skills story book** / Bailey, Cindy -- New York: DRL Books Inc. 2002.

*A guide to going to the dentist for very young or developmentally disabled children. Appropriate for ages 2-6 years.*

FAM RJ 506 .A98 B34 2002

**Going to the doctor: a picture social skills story book** / Bailey, Cindy -- New York: DRL Books Inc. 2002.

*A guide to going to the doctor for very young or developmentally disabled children. Appropriate for ages 2-6 years.*

FAM RJ 506 .A98 B342 2002

**Going to the grocery store: a picture social skills story book** / Bailey, Cindy -- New York: DRL Books Inc. 2002.

*A book about going to the grocery store for young or developmentally disabled children. Appropriate for ages 2-5 years.*

FAM RJ 506 .A98 B343 2002

**I can fix it: a tale from the Iris the dragon series: a children's book dealing with Asperger syndrome and stigma** / Grass, Gayle; Ross, Graham. -- Perth, ON: Iris the Dragon, 2009.

*Iris helps the central character in the book understand herself but decides to also tackle the challenge of getting the whole community to support and understand what children with various mental health conditions are confronted with in life.*

FAM RJ 506 .A98 G73 2009

**I see things differently: a first look at autism** / Thomas, Pat; Keay, Claire. -- Hauppauge, New York: Barron's Educational Series, Inc., 2014.

*This book will help children understand what autism is and how it affects someone who has it. The story line is simple and easily accessible to younger children, who will learn that exploring the personal feelings around social issues is a first step in dealing with them.*

FAM RJ 506 .A98 T56 2014

**Lolo** / Marleau, Brigitte -- Montréal, QC: Boomerang éditeur jeunesse Inc., 2006.

*Marco va à l'école avec un jeune garçon, Lolo, qui est autistique. Pour les enfants de 4-8 ans.*

FAM RJ 506 .A98 M37 2006

**Mon amie Dylan: qu'allons-nous apprendre?** [DVD] -- Toronto: Autism Ontario, 2008.

*Les camarades de classe de Dylan partagent leurs sentiments à son égard et nous parlent de leur relation avec elle. Ils offrent des suggestions et des idées qui les ont aidés à mieux connaître Dylan.*

FAM RJ 506 .A98 .M66

**The way to A: empowering children with autism spectrum and other neurological disorders to monitor and replace aggression and tantrum behavior** / Manasco, Hunter -- Shawnee Mission, KS: Autism Asperger Publishing Company, 2006.

*This book, designed for children ages 3 to 9 years old, presents a simple, logical, and systematic strategy that clarifies and sequentially teaches the child how to manage his behavior by engaging in forethought and self-analysis before acting out.*

FAM RJ 506 .A98 M36 2006

### Web Sites / Sites internet

Autism Parent Resource Kit – Ministry of Children and Youth Services / Trousse de ressources sur l'autisme pour les parents – Ministère des services à l'enfance et à la jeunesse

<http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/autism/aprk/index.aspx>

Knowledge Base – Autism Ontario / Base de connaissances - Autisme Ontario

<http://autismontario.novosolutions.net/homekb.asp>

Ottawa Children's Treatment Centre / Le Centre de Traitement pour enfants d'Ottawa

<http://www.octc.ca/index.php>

Autism Society of Canada / Société canadienne de l'autisme

<http://www.autismsocietycanada.ca/>



Autism Ontario / Autisme Ontario  
<http://www.autismontario.com/>

Autism Canada / Autisme Canada  
<http://www.autismcanada.org/>

Autism Spectrum Disorder (ASD) - Government of Canada / Trouble du spectre autistique (TSA) –  
Gouvernement du Canada  
[http://healthycanadians.gc.ca/diseases-conditions-maladies-affections/disease-maladie/autism-autisme/index-eng.php?\\_ga=1.243370949.1703783486.1410798277](http://healthycanadians.gc.ca/diseases-conditions-maladies-affections/disease-maladie/autism-autisme/index-eng.php?_ga=1.243370949.1703783486.1410798277)

Questions and Answers: Students with Autism Spectrum Disorders – Ontario Ministry of Education /  
Questions et réponses: Les élèves atteints de troubles du spectre autistique – Ontario ministère de  
l'éducation  
<http://www.edu.gov.on.ca/eng/general/elemsec/speced/autism.html>

La Fédération québécoise de l'autisme et des autres troubles envahissants du développement (FQATED)  
<http://www.autisme.qc.ca/accueil.html>

Autism Spectrum Disorder (ASD): Condition Information - National Institute of Child Health and Human  
Development  
<http://www.nichd.nih.gov/health/topics/autism/conditioninfo/Pages/default.aspx>

Geneva Centre for Autism  
<http://www.autism.net>

## **Apps**

### Model Me Going Places

- From Model Me Kids, LLC
- English
- Free
- Last updated Sept 2012
- From iTunes: Model Me Going Places is a great visual teaching tool for helping your child learn to navigate challenging locations in the community. Each location contains a photo slide show of children modeling appropriate behavior. Locations include: Hairdresser; mall; doctor; playground; grocery store and restaurant.
- Available from [iTunes](#)

### Teeth

- From David Borgenvik
- English
- Free
- Last updated April 2014
- From iTunes: Give food to the man and see how his teeth get more and more dirty. Brush the teeth until they are clean
- Available from [iTunes](#)

### ActionPotato

- From Yohei Iwakaki
- English
- Free
- Last updated Nov 2015



- Customer review from *Apps for Autism : a must-have resource for the special needs community*(2011): ActionPotato is simple and fun with appealing, clear graphics. Students who play this game have no idea they are targeting eye-hand coordination, motor control, coordination, and visual perception skills. Students rarely get frustrated because the potatoes are really easy to catch. Recommended for younger individuals and/or individuals who have motor planning challenges
- Available from [iTunes](#) and [Google Play](#)

### Local Contacts / Liaisons régionales

Autism Ontario – Ottawa Chapter  
1140 Morrison Dr.  
Ottawa, ON K2H 8S9  
613-230-6305  
<http://www.autismontario.com/Ottawa>  
[ottawa@autismontario.com](mailto:ottawa@autismontario.com)

Children at Risk  
235 Donald St., Suite 209  
Ottawa, ON K1K 1N1  
613-741-8225  
<http://www.childrenatrisk.ca>  
[car@childrenatrisk.ca](mailto:car@childrenatrisk.ca)

*This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.*

*The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.*

*If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at [library@cheo.on.ca](mailto:library@cheo.on.ca).*

*Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.*

*Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.*

*Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à [library@cheo.on.ca](mailto:library@cheo.on.ca).*

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