

WE HELP KIDS AND FAMILIES
BE THEIR HEALTHIEST



BULLYING / L'INTIMIDATION

*Kaitlin Atkinson Family Resource Library / Bibliothèque de
ressources familiales Kaitlin Atkinson*

Resource List / Ressources

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Information and Resources for Parents / Liste de ressources pour les parents

7 Ways to block a cyber bully: with section for parents and educators [DVD] / Learning Zone

Express, 2008

This DVD shows children how to protect themselves against cyber bullies by following 7 steps. This also includes ways in which parents and educators can work to stop cyber bullying.

FAM BF 637 .B85 S48 2008

The bully, the bullied, and the bystander: from pre-school to high school - how parents and teachers can help break the cycle of violence / Coloroso, Barbara --Toronto: HarperCollins, 2002.

With this book, readers will learn: What bullying is and what it isn't; the three kinds of bullying; and the differences and similarities between boy and girl bullies; how to read the subtle clues that a child is being bullied; seven steps to take if your child is a bully; four abilities that protect your child from succumbing to a bully; why zero tolerance policies can equal zero thinking and why contempt, not anger, drives bullying, and how to confront this in bullies.

FAM BF 637 .B85 C64

Bullying: deal with it before push comes to shove / Slavens, Elaine -- Toronto, ON: James Lorimer and Company Ltd. 2003.

The guide is full of ideas about how to encourage understanding of bullying and the roles of bully, target and by-stander.

FAM BF 637 .B85 S53 2003

Cyberbullying: bullying in the digital age / Kowlaski, Robin M.; Limber, Susan P.; Agatson, Patricia W. -- Malden, MA: Blackwell Pub, 2012.

The authors have utilized vital studies involving over 3,500 middle school students, online research projects and the use of social network sites, and data from focus groups of victims and perpetrators and their parents to provides educators, parents, psychologists, and policy-makers with critical prevention techniques and strategies for effectively addressing electronic bullying.

FAM BF 637 .K69 2012

Intimidation et harcèlement: ce qu'il faut savoir pour agir / Saint-Pierre, Frédérique. -- Montréal:

Éditions du CHU Sainte-Justine, 2013.

Loin de constituer un phénomène banal, cette forme de violence et de pouvoir sur l'autre est un sérieux et préoccupant problème social qui suscite de l'incompréhension, de l'indignation de même qu'un sentiment d'impuissance et de détresse. Cet ouvrage a été conçu pour aider à mieux comprendre ces situations problématiques, y résister, les dénoncer et y mettre fin. Rassemblant les résultats des plus récentes études sur le sujet, il traite de toutes les facettes de la dynamique d'agression : types, moyens et causes de l'intimidation, dangers de la cyberintimidation, impacts à court et à long terme, particularités des situations et des comportements de la victime, de l'intimidateur et des différents témoins, moyens de prévention et d'intervention.

FAM BF 637 .B85 S25 2013

Jay McGraw's life strategies for dealing with bullies / McGraw, Jay -- New York: Aladdin, 2008.

This book provides information for kids on how to ask for help and how to ask the right people for help.

FAM BF 637 .B85 M33 2008

Odd girl out: the hidden culture of aggression in girls / Simmons, Rachel -- New York: Harcourt, 2002.

This book provides a detailed portrait of girls' bullying. It also guides readers to nurture emotional honesty in girls, offering ideas for changing classroom dynamics and providing exercises in conflict resolution.

FAM BF 637 .B85 S56

Resources for Kids and Teens / List de ressources pour les enfants et les adolescents

Blue cheese breath and stinky feet: how to deal with bullies / DePino, Catherine -- Washington, DC: Magination Press, 2004.

Steve doesn't know what to do about Gus who won't leave him alone. Once his parents find out, they set up a plan to send Gus on his way. Appropriate for ages 6-12 years.

FAM BF 637 .B85 D4 2004

The bullying workbook for teens: activities to help you deal with social aggression and cyberbullying / Lohmann, Raychelle Cassada; Taylor, Julia V. -- Oakland, CA: Instant Help Books, 2013.

A practical skills-based teen self-help workbook that addresses both bullying and cyberbullying. Designed to help teens learn anti-bullying strategies, build constructive communication skills to help them express their feelings and manage their emotions, and gain confidence in themselves and their interactions with others.

FAM BF 637 .B85 L64 2013

Bye-bye, bully! a kid's guide for dealing with bullies / Jackson, J. S. -- St. Meinrad, IN: One Caring Place, 2003.

This children's book looks at who, what, and whys of bullying, and how children can assert and protect themselves in non-violent ways.

FAM BF 637 .B85 J3 2003

Chester Raccoon and the big bad bully / Penn, Audrey -- Terre Haute, IN: Tanglewood Press, 2008.

When Chester tells his mother about the school bully, she asks him to gather his friends to hear a story about getting along with people who are prickly.

FAM BF 637 .B85 P37 2008

Du racket à l'école / Broere, Rien -- Montréal: Éditions École active, 1997.

Frédéric doit décider qui faire lorsqu'il voit son ami Benoit se faire intimider par une bande. Pour les enfants de 4 à 10 ans.

FAM BF 637 .B85 B765

Help! I'm being bullied / Lovegrove, Emily -- Pembrokeshire, SA: Accent Press Ltd, 2006.

Provides 10 practical strategies to stop bullying (with exclusive strategy reminder card) for kids and adults.

FAM BF 637 .B85 L6 2006

How to handle a bully / Richards, Nancy Wilcox; Sourwine, David (ill.). -- Toronto: Scholastic, 2010.

An early chapter book about what to do when bullies present themselves. Rilla and her friends are meeting at the park every day to practice for Bayfield's first annual Fitness Challenge. The winner gets a brand new bike! But can Rilla ace all the events, included the bicycle obstacle course - and handle the playground bullies, too?

FAM BF 637 .B85 R53 2010

How to outplay a bully / Richards, Nancy Wilcox; Sourwine, David (ill.). -- Toronto: Scholastic, 2008.

An early chapter book about what to do when bullies present themselves. Tony's excited about signing up for hockey. He's starting late, but a lot of his friends are on the same team, the Bayfield Blazers. There's just one problem. There's a bully on the team - a bully who goes after him on and off the ice.

FAM BF 637 .B85 R53 2008

How to tame a bully / Richards, Nancy Wilcox; Drazen Kozjan (ill.). -- Toronto: Scholastic, 2006.

An early chapter book about what to do when bullies present themselves. Lauren picks a seat right next to Bethany, the worst bully at Bayfield Elementary. For weeks school is no fun at all. Can Lauren figure out what to do?

FAM BF 637 .B85 R53 2006

Howard B. Wigglebottom learns about bullies / Binkow, Howard -- Thunderbolt Publishing, 2008.

Howard B. Wigglebottom is a young rabbit who is bullied at school and finally decides to tell his teacher. Includes lessons and reflections about bullying.

FAM BF 637 .B85 B56 2008

Ils m'embêtent tout le temps! / Broere, Rien -- Montréal: Éditions École active, 1997.

Pierrot déménage et il réalise que plus rien n'est pareil et il doit apprendre à s'adapter et à se faire de nouveaux amis. Pour les enfants de 4 à 10 ans.

FAM BF 637 .B85 B76

Just kidding / Ludwig, Trudy -- Berkeley, CA: Tricycle Press, 2006.

With help from his father, older brother, and teacher, DJ learns how to handle a classmate who claims that his mean-spirited "teasing" is just a joke.

FAM BF 637 .B85 L973 2006

My secret bully / Ludwig, Trudy -- Berkeley, CA: Tricycle Press, 2004.

A girl confides to her mother that her best friend is treating her badly, and together they figure out what to do about it. Includes a note to parents and teachers and a list of related resources.

FAM BF 637 .B85 L97 2004

Say something / Moss, Peggy -- Gardiner, Maine: Tilbury House, 2004.

A child who never says anything when other children are being teased or bullied finds herself in their position one day when jokes are made at her expense and no one speaks up.

FAM BF 637 .B85 M67 2004

Shield up / Marino Craver, Marcella. -- Washington, DC: Magination Press, 2015.

This book is about a group of children that transform their school environment to a place where kind actions take center stage. It includes a Note to Readers with information about bullying, and practical strategies for standing up to bullying behavior and practicing kindness.

FAM BF 637 .B85 C72 2015

Willow finds a way / Button, Lana; Howells, Tania. -- Toronto, ON: Kids Can Press, 2013.

Willow is thrilled the whole class -- including her! -- is invited to classmate Kristabelle's fantastic birthday party, until the bossy birthday girl starts crossing guests off the list when they dare cross her. This story offers a unique look at how to handle a bullying situation as a bystander.

FAM BF 637 .B85 B87 2014

Resources for Teachers and Schools / Liste de ressources pour les professeures



Bully busters: a teacher's manual for helping bullies, victims and bystanders - grade K-5 / Horne, Arthur M. -- Champaign, IL: Research Press, 2003.

Divided into seven modules, each module includes a teacher information component and several classroom activities intended to increase student participation in efforts to reduce and prevent bullying, as well as to strengthen the teacher/student relationship.

FAM BF 637 .B85 H67 2003

The bully free classroom: over 100 tips and strategies for teachers K-8 / Beane, Allan L. -- Minneapolis, MN: Free Spirit Publishing, 2005.

Provides more than 100 prevention and intervention strategies for teachers to use and 34 reproducible handouts.

FAM BF 637 .B85 B43 2005

Web Sites / Sites Internet

Helping Children and Youth with Bullying - CHEO / L'intimidation - CHEO

<http://www.cheo.on.ca/en/cheobullying?mid=>

Kids Health – For Kids, Teens and Parents from the Nemours Foundation

<http://www.kidshealth.org/>

Bullying - American Academy of Child and Adolescent Psychiatry

http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Facts_for_Families_Pages/Bullying_80.aspx

Bullying: We Can all Help Stop it – Ontario Ministry of Education / L'intimidation: Essayons d'y mettre un terme - Ontario ministère de l'éducation

<http://www.edu.gov.on.ca/eng/parents/bullying.html>

Where You Are Not Alone – bullying.org

<http://www.bullying.org/index.cfm>

Pourquoi mon enfant? Guide à l'intention des parents dont l'enfant a été victime d'un acte criminel

http://www.cavac.qc.ca/regions/laVal/pdf/pq_menfant.pdf

Jeunesse, j'écoute / Kids Help Phone

<http://www.jeunessejeecoute.ca/Kids/InfoBooth/Bullying.aspx>

NoBullying.com – A Movement Against Bullying

<http://nobullying.com/>

What Parents Can Do – National Crime Prevention – McGruff the Crime Dog

<http://www.ncpc.org/topics/bullying/what-parents-can-do>

Pacer's National Bullying Prevention Center

<http://www.pacer.org/bullying/>

YouTube

What is bullying - CHEOvideos (5 parts)

<http://www.youtube.com/watch?v=apjlxSt3h7E&list=SPC6061FE13A8FD250&index=24>

This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

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