CEREBRAL PALSY / LA PARALYSIE CÉRÉBRALE

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Resource List / Ressources

Follow @CHEOfrl
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This book helps parents understand cerebral palsy and how it affects their child. It also includes information on specific patterns of involvement, practical advice about caregiving, and an encyclopedia of medical terms and diagnoses.  
FAM RJ 496 .C4 M53 2006

Everyday superhero / Moffatt, Stefania -- Canada: Stefania Moffatt, 2012.  
This children's book features an eight-year-old girl, Kat, who has cerebral palsy (CP). The book highlights all the cool things she can do such as dance class and explains how CP doesn't slow her down.  
FAM RJ 496 .C4 M64 2012

This book has been written to help the parents of a child with cerebral palsy assist their child towards achieving the most comfortable independence in all activities. It is also intended to help professionals and other carers new to this field understand, support and encourage young children with CP and their families.  
FAM RJ 496 .C4 F56 2009

Helps children understand what cerebral palsy is and what it's like to live with it.  
FAM RJ 496 .C4 G74 2002

This is the story of one family's struggle to give their son as normal a life as possible — and the rewards they found along the way.  
FAM RJ 496 .C4 P37 2003

A boy with cerebral palsy helps out at a raptor rehabilitation center and is inspired when an owl that cannot fly finds another purpose in life.  
FAM RJ 496 .C4 L42 2005

Un nouvel élève qui souffre de paralysie cérébrale arrive dans la classe de Dominique. Dominique et tous les autres élèves apprennent à l'accepter pour qui il est. Pour les enfants de 6 à 12 ans.  
FAM RJ 496 .C4 G47

A children's story about a boy named Taylor who gains more independence and happiness as he learns to use a wheelchair.  
FAM RJ 496 .C4 H44 2000

A book about cerebral palsy for children with CP or for children with friends or classmates who have CP. Appropriate for ages 5-10 years.  
FAM RJ 496 .C4 A52
This guide provides parents with a complete understanding of how the physical characteristics of cerebral palsy and similar conditions--muscle tightness and weakness, increased or decreased flexibility, abnormal reflexes, impaired sensory perception--affect a child's ability to sit, crawl, stand, and walk.
FAM RJ 496 .C4 M3 2006

An easy-to-follow program for parents, educators, yoga teachers, and health care professionals which includes: a step-by-step, integrated system of yoga poses designed to increase cognitive and motor skills in children with learning and developmental disabilities. Specialized breathing exercises and relaxation techniques to improve concentration and reduce hyperactivity.
FAM HV 888 .S85 1998

Web Sites / Sites internet

Ontario Federation for Cerebral Palsy
http://www.ofcp.ca/

Cerebral Palsy – U.S. National Library of Medicine

My Child: The Ultimate Resource for Everything Cerebral Palsy
http://cerebralpalsy.org/

Cerebral Palsy - About Kids Health / Infirmité matrice cérébrale – About Kids Health
http://www.aboutkidshealth.ca/En/HealthAZ/ConditionsandDiseases/BrainandNervousSystemDisorders/Pages/Cerebralpalsy.aspx

Easter Seals
http://www.easterseals.org/

Institut de réadaptation en déficience physique de Québec
http://www.irdpq.qc.ca/

Cerebral Palsy – March of Dimes

Apps

LetMeTalk: Free AAC Talker
● From Appnotize UG
● Free
● English
● Last updated Dec 2015
● From Google Play: A free AAC talker app which supports communication in all areas of life and therefore providing a voice to everyone. LetMeTalk is donation financed. LetMeTalk enables you to line up images in a meaningful way to read this row of images as a sentence. To line up images is known as AAC
(Augmentative and Alternative Communication). The image database of LetMeTalk contains more than 9,000 easy to understand images from ARASAAC (http://arasaac.org). Additionally, you can add existing images from the device or take new photos with the build in camera. To use LetMeTalk, no internet connection or mobile contract is necessary. Therefore you can use LetMeTalk in almost any situation, like hospitals, nursing home or schools.

- Available from Google Play and iTunes

**Local Contacts / Liaison régionales**

Easter Seals
1101 Prince of Wales Drive, Suite 350
Ottawa, ON  K2C 3W7
613-226-3051
800-561-4313
http://www.easterseals.org/

Ontario Federation for Cerebral Palsy
104-1630 Lawrence Avenue West
Toronto, ON  M6L 1C5
416-244-9686
info@ofcp.ca
http://www.ofcp.ca/

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This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

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Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s’appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.