FETAL ALCOHOL SPECTRUM DISORDER / L’ENSEMBLE DES TROUBLES CAUSÉS PAR L’ALCOLISATION FOETALE

Kaitlin Atkinson Family Resource Library / Bibliothèque de ressources familiales Kaitlin Atkinson

Resource List / Ressources

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Written by a young girl with FAS and co-written by her adoptive mother, this short book is packed with information and provides a unique perspective. 
FAM RG 629 .F45 K846

This book provides expert recommendations and strategies for individuals living with fetal alcohol syndrome and fetal alcohol effects in order to improve daily life. 
FAM RG 629 .F45 C42

An in depth story of a family's adoption of a child with fetal alcohol spectrum disorder and the joys and triumphs that resulted. 
FAM RG 629 .F45 B89

This book about young people with FAS/E and their caregivers, report on their experiences coping with the problems of adolescence and young adulthood. The editors and authors have concentrated on the wisdom of practice, as they candidly convey which techniques worked and which did not during the difficult passages of the teenage years and beyond. 
FAM RG 629 .F45 F36

This book describes in concrete, specific ways how to educate children with fetal alcohol syndrome/fetal alcohol effects (FAS/FAE). It communicates an optimistic message that is both true and appealing: with the right education, delivered by a nurturing individual in the home or in the school, many alcohol-affected children thrive. 
FAM RG 629 .F45 F35

Compelling and easy to understand, this book explains the medical and social issues surrounding fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE). Compassionately written by the expert psychologist who conducted some of the earliest examinations of children with FAS and FAE more than 20 years ago, this guidebook explains how to identify and work with children and adults who have the disorder and how to educate prospective mothers and society at large. 
FAM RG 629 .F45 S78

FAM RG 629 .F45 S93

This resource provides practical tips, techniques and strategies to help parents meet the needs of children with FASD. Available online / Cette ressource fournit des conseils pratiques, techniques et stratégies pour aider les parents à répondre aux besoins des enfants atteints de TSA. Aussi


Web Sites / Sites internet


Kids Health - Health information for parents, kids, teens from the Nemours Foundation http://www.kidshealth.org

FASD Ontario Network of Expertise http://www.fasdontario.ca/cms/


Fetal Alcohol Spectrum Disorders (FASD) – Centre for Addiction and Mental Health http://www.camh.ca/en/hospital/health_information/a_z_mental_health_and_addiction_information/Fetal_Alcohol_Spectrum_Disorders/Pages/default.aspx

Fetal Alcohol Resource Program – Citizenadvocacy.org / Programme de ressources sur les troubles causés par l’alcoolisation foetale https://www.citizenadvocacy.org/fetal-alcohol-resource-program/

Local Contacts / Liaison régionales
This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s’appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n’est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s’il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

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