

WE HELP KIDS AND FAMILIES
BE THEIR HEALTHIEST



HIV/AIDS / LE VIH/SIDA

*Kaitlin Atkinson Family Resource Library / Bibliothèque de
ressources familiales Kaitlin Atkinson*

Resource List / Ressources

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Resources for Parents / Liste de ressources pour les parents

100 questions and answers about HIV and AIDS / Gallant, Joel. -- Burlington, MA: Jones & Bartlett Learning, 2012.

This book answers the most common questions about HIV and AIDS, including how to pay for treatment, whether HIV can cause cancer, and when to disclose HIV status to partners.

FAM RJ 387 .A25 G35 2012

AIDS sourcebook [5th ed.] -- Detroit, MI: Omnigraphics, 2011.

Provides basic consumer health information about transmission, testing, and treatment of human immunodeficiency virus (HIV), related complications, and tips for living with HIV/AIDS.

FAM RJ 387 .A25 A337 2011

The guide to living with HIV infection: developed at the Johns Hopkins AIDS Clinic / Bartlett, John G. -- Baltimore, MD: Johns Hopkins University Press, 2006.

This guide provides valuable advice both to those for whom treatment works and to those for whom it doesn't -- while remaining focused on staying well as long as possible. The book continues to be the most complete source of medical, emotional, social, financial, and legal advice for people with HIV infection and for their families and friends.

FAM RJ 387 .A25 B37 2006

Living with HIV: a patient's guide / Cichocki, Mark. -- Jefferson, NC: McFarland & Co, 2009.

This guide covers the HIV lifespan. Tips help the reader make the best decision when choosing a doctor, finding and adhering to the right medication regimen, and making end-life plans. All aspects of HIV/AIDS are discussed, including opportunistic and associated infections, dental care, exercise and nutrition, substance use and abuse, and emotional treatment.

FAM RJ 387 .A25 C53 2009

Un mal qui ne se dit pas: récit / Bouferguène, Anne. -- Paris: R. Laffont, 2011.

Témoignage d'une miraculée dont la volonté et l'optimisme constituent un modèle, ce récit révèle un parcours de vie bluffant (dans tous les sens du terme) qui pulvérise un grand nombre de clichés sur les porteurs du VIH. Une occasion de faire évoluer les mentalités en modifiant le regard porté sur cette maladie encore taboue.

FAM RJ 387 .A25 B68 2011

Quicksand: a true story of HIV/AIDS in our lives / Anonymous. -- Somerville, MA: Candlewick Press, 2009.

This poignant first-person account gives insight into what it is like when a family member battles HIV/AIDS.

FAM RJ 387 .A25 A69 2009

Resources for Kids and Teens / Liste de ressources pour les enfants et les adolescents

Bye-bye, secrets: a story about children living with HIV or AIDS in their family / Group of Five -- Toronto: The Teresa Group, 2002.

This is a guide for children who have a family member with HIV or AIDS. Appropriate for ages 6 to 12 years

FAM RJ 387 .A25 G76

Espoirs, souhaits et rêves: oeuvres d'art et écrits d'enfants de familles atteintes du VIH ou du sida

-- Toronto: The Teresa Group, 2005

Ce guide peut être utilisé par les parents, travailleurs de la santé et des éducateurs pour éclairer l'impact émotionnel que le VIH et le SIDA a sur la vie des enfants. Il s'agit d'une collecte mobile de travail qui honore les voix et l'esprit de tous les enfants touchés par le VIH et le SIDA partout.
FAM RJ 387 .A25 H6614 2005

Finis les secrets!: un livre concernant des enfants de familles atteintes du VIH ou du SIDA --Toronto:

The Teresa Group, 2002.

Un livre concernant des enfants vivant avec HIV ou le SIDA dans leur famille
FAM RJ 387 .A25 G7614 2002

Hopes, wishes and dreams: a book of art and writing by children living with HIV or AIDS in their family -- Toronto: The Teresa Group, 2005.

This guide can be used by parents, health-care workers and educators to illuminate the emotional impact that HIV and AIDS has on the lives of children. It is a moving collection of work that honours the voices and spirit of all children affected by HIV and AIDS everywhere.
FAM RJ 387 .A25 H66 2005

I know someone with HIV/AIDS / Raum, Elizabeth. -- Chicago: Heinemann Library, 2011.

This book presents basic information about what are AIDS and HIV infections, how they are spread, how people deal with having them, and what it is like to be the friend of someone with HIV/AIDS.
FAM RJ 387 .A25 R30 2011

Medikidz explain HIV / Chilman-Blair, Kim; Taddeo, John. -- New York: Rosen Central, 2011.

In graphic novel format, the Medikidz, superheroes from the planet Mediland, help the reader and Matt understand HIV.
FAM RJ 387 .A25 C55 2011

A name on the quilt: a story of remembrance / Atkins, Jeannine -- New York: Atheneum Books, 1999.

This story for young readers deals sensitively with the difficult issue of AIDS and the loss of a loved one. Appropriate for ages 4 to 8 years.
FAM RJ 387 .A25 A86

Web Sites / Sites internet

Positively Good 2 Go – SickKids

<http://www.sickkids.ca/Go-Positive/index.html>

HIV and Your Baby – About Kids Health / VIH et votre bébé – About Kids Health

<http://www.aboutkidshealth.ca/En/HealthAZ/ConditionsandDiseases/InfectiousDiseases/Pages/HIV-and-Your-Baby.aspx>

Canadian AIDS Society / Société canadienne de sida

<http://www.cdnaids.ca/>

CATIE - Canada's source for HIV and Hepatitis C information / la source canadienne renseignements sur le VIH et l'hépatite C

www.catie.ca



HIV/AIDS – Medline Plus From the US National Library of Medicine
www.nlm.nih.gov/medlineplus/aids.html

HIV and AIDS - Kids Health - Health information for parents, teens and kids from the Nemours Foundation
<http://kidshealth.org/parent/infections/std/hiv.html>

CAAN - Canadian Aboriginal AIDS Network
www.caan.ca/

HIV/AIDS – Health Canada / VIH et Sida – Santé Canada
<http://www.hc-sc.gc.ca/hc-ps/dc-ma/aids-sida-eng.php>

Apps

iStayHealthy

- Peter Schmidt
- English, French, German, Spanish / anglais, français, allemand, espagnol
- Free / Gratuit
- Last Updated Nov 2015/March 2017 / Dernière mise à jour 2015 novembre/2017 mars
- Google Play: iStayHealthy allows people with HIV: Store results, HIV medication and any supplementary medications; Review relevant results (CD4, CD4% and Viral Load) in simple charts; Rotate your device to see both CD4 count and Viral Load in one chart; iStayHealthy charts show the effect HIV treatment has on results; a glossary explaining HIV relevant terms. / iStayHealthy permet aux personnes atteintes du VIH: Stocker les résultats, les médicaments du VIH et des médicaments supplémentaires; Examiner les résultats pertinents (CD4, CD4% et charge virale) dans des tableaux simples; Faites pivoter votre appareil pour voir à la fois CD4 et charge virale dans un tableau; Des cartes montrent l'effet iStayHealthy traitement du VIH a sur les résultats; un glossaire expliquant les termes pertinents du VIH.
- Available from / disponible via [Google play](#) and [iTunes](#)

AIDS Info

- From the National Library of Medicine
- English, Spanish
- Free
- Last updated Sept 2017
- From Google Play: The AIDSinfo HIV/AIDS Drug Database app provides mobile access to information about drugs approved to treat HIV infection, drugs that are used to treat other infections or diseases common to people living with HIV, and also HIV/AIDS-related drugs that are being studied in clinical trials. Features: Two versions of each drug summary—one for consumers (English and Spanish) and one for health care professionals (English only); Access to Food and Drug Administration (FDA) labels for all FDA-approved drugs; Alert notifications for updated content in the consumer drug summary; Audio files with the pronunciation of drug names; Bookmarks feature that allows for saving a drug to view later; Custom notes may be added about any drug; Alarms/pill reminders for any drug.
- Available from [Google Play](#) and [iTunes](#)

Local Contacts / Liaison régionales

AIDS Committee of Ottawa / Le comité du sida d'Ottawa
19 Main Street
Ottawa, ON K1S 1A9
613-238-5014 General Information



613-563-0851 or 800-461-2182 The Living Room Contact Information
info@aco-cso.ca
<http://www.aco-cso.ca/>

Canadian AIDS Society / Société canadienne du sida
190 O'Connor Street, Suite 100
Ottawa, ON K2P 2R3
613-230-3580 / 1-800-499-1986
casinfo@cdnaids.ca
<http://www.cdnaids.ca/welcome>

This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

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