

WE HELP KIDS AND FAMILIES
BE THEIR HEALTHIEST



SCHIZOPHRENIA / LA SCHIZOPHRÉNIE

*Kaitlin Atkinson Family Resource Library / Bibliothèque de
ressources familiales Kaitlin Atkinson*

Resource List / Ressources

 @CHEOfrl

 @CHEOhospital

CHILDREN'S HOSPITAL OF EASTERN ONTARIO

401 Smyth Road Ottawa, ON K1H 8L1 | Tel: (613) 737-7600 | Fax: (613) 738-4288

www.cheo.on.ca

Committed to the sane asylum: narratives on mental wellness & healing / Schellenberg, Susan. -- Waterloo, ON: Wilfrid Laurier University Press, 2009.

Interwoven patient/doctor narratives explain conventional care, highlight critical steps in healing and explore varied perspectives through conversations with experts in psychiatry, feminist approaches, art, storytelling and business.

FAM RJ 499 .S33 2009

The complete family guide to schizophrenia: helping your loved one get the most out of life /

Mueser, Kim T -- New York: The Guilford Press, 2006.

This book provides information on effective treatments and advice on such topics such as dealing with symptoms, resolving everyday problems and setting life goals.

FAM RJ 506 .S3 M84 2006

Coping with schizophrenia / Jones, Steven -- Oxford: Oneworld, 2004.

This book, written specifically for sufferers, as well as their caregivers and loved ones, takes a sensitive and understanding approach to schizophrenia, providing all the information necessary about the condition, its causes, and the range of treatments available.

FAM RJ 506 .S3 J6 2004

Diagnosis: schizophrenia: a comprehensive resource for patients, families, and helping professionals -- New York: Columbia University Press, 2002.

This book includes thirty-five first-person accounts, along with chapters by professionals on a wide range of issues from hospitalization to rehabilitation. The chapters are short and offer up-to-date information on medication, coping skills, social services, clinical research, and much more.

FAM RJ 506 .S3 D52

Edward the "crazy" man / Day, Marie -- Toronto: Annick Press, 2002.

About a young boy's compassion for a homeless man whom everyone thinks is "crazy"

Appropriate for ages 4 to 10 years

FAM RJ 506 .S3 D39

Far from the tree: parents, children and the search for identity / Solomon, Andrew. -- New York: Scribner, 2012.

Solomon's startling proposition is that diversity is what unites us all. He writes about families coping with deafness, dwarfism, Down syndrome, autism, schizophrenia, multiple severe disabilities, with children who are prodigies, who are conceived in rape, who become criminals, who are transgender. While each of these characteristics is potentially isolating, the experience of difference within families is universal, as are the triumphs of love Solomon documents in every chapter.

FAM HV 888.5 .S65 2012

Getting your life back together when you have schizophrenia / Temes, Roberta -- Oakland, CA: New Harbinger Publication, 2002.

This book explains what schizophrenia is, describes the treatment options, and helps you understand what resources are available to help you.

FAM RJ 506 .S3 T45

If your adolescent has schizophrenia: an essential resource for parents / Gur, Raquel E -- New York: Oxford University Press, 2006.

This informative guide was written specifically to help adults spot the warning signs and seek appropriate treatment for the young people in their lives. Parents will find a clear definition of the

disease, including early indicators of the disease as well as information on how to arrange for the proper diagnosis and treatment.
FAM RJ 506 .S3 G68 2006

Me, myself and them: a firsthand account of one young person's experience with schizophrenia / Snyder, Kurt. -- Oxford; New York: Oxford University Press, 2007.
A combination guidebook and memoir, this book helps adolescents understand and manage the challenges of schizophrenia and to lead healthy and productive lives.
FAM RJ 506 .S3 S69 2007

Living with schizophrenia: a video for people with schizophrenia and those who care about them [DVD] -- New York: Guilford Publications, Inc., 2003.
This video presents steps that can be taken to lead more successful lives such as managing medication problems, working with doctors, and enlisting support.
FAM RJ 506 .S3 L5 2003

Parenting through the storm: how to handle the highs, the lows and everything in between / Douglas, Ann. -- Toronto: HarperCollins Canada, 2015.
This book features interviews with experts on children's mental health as well as parents and young people who have lived with (or who are living with) mental illness. Drawing on her own experience and expertise, the author shows how to cope with years of worry and frustration about a child's behaviour; how to effectively advocate for the child and work through treatments; how to manage siblings' concerns and emotions; and, most importantly, how to thrive as a family.
FAM RJ 499.3 .D68 2015

Surviving schizophrenia: a manual for families, patients and providers / Torrey, E. Fuller -- New York: Harper Collins Publishers, 2006.
In clear language, this book describes the nature, causes, symptoms, treatment and course of schizophrenia and also explores living with it from both the patient and the family's point of view.
FAM RJ 506 .S3 T6 2006

When someone you love has a mental illness: a handbook for family, friends and caregivers / Woolis, Rebecca. -- New York: J.P. Tarcher/ Perigee, 2003.
This book discusses home care versus a treatment facility, financial assistance, selecting a physician, handling stress, balancing family needs, and other issues.
FAM RJ 499 .W65

Web Sites / Sites internet

Schizophrenia Society of Canada / Société canadienne de la schizophrénie
<http://www.schizophrenia.ca/>

Schizophrenia Society of Ontario
<http://www.schizophrenia.on.ca/>

Schizophrenia - Canadian Mental Health Association / Schizophrénie – Association canadienne pour la santé mentale
<http://www.cmhaff.ca/schizophrenia>

Helping Children and Youth with Psychosis – CHEO / Enfants et les jeunes aux prises avec une psychose - CHEO



<http://www.cheo.on.ca/en/Psychosis-parents-caregivers>

Schizophrenia – MedlinePlus from the U.S. National Library of Medicine

<http://www.nlm.nih.gov/medlineplus/schizophrenia.html>

NAMI Ontario: Ontario branch of the National Alliance for the Mentally Ill

<http://www.f2fontario.ca/>

Schizophrenia in Children and Youth – Children’s Mental Health Ontario / La schizophrénie chez les enfants et les jeunes – Santé mentale pour enfants Ontario

<http://www.kidsmentalhealth.ca/parents/schizophrenia.php>

Société québécoise de la schizophrénie

<http://www.schizophrenie.qc.ca/>

Have THAT Talk – Ottawa Public Health / Temps d’EN parler – Santé publique Ottawa

<http://www.ottawapublichealth.ca/en/public-health-services/have-that-talk.aspx>

Local Contacts / Liaison régionales

Parents’ Lifeline of Eastern Ontario (PLEO) / Parents: Lignes de secours de l’est de l’Ontario

Phone: 613-321-3211

Fax: 613-321-3212

info@pleo.on.ca

<http://www.pleo.on.ca/>

Schizophrenia Society of Ontario, Ottawa Chapter

Société de schizophrénie de l’Ontario. Chapitre Ottawa

Regional Events

c/o Royal Ottawa Hospital

1145 Carling Ave. Room 3328

Ottawa, ON K1Z 7K4

Phone: 613-722-6521 ext. 7775

Fax: 613-729-8980

sdeighton@schizophrenia.on.ca

<http://www.schizophrenia.on.ca/Events/Regional-Events/Ottawa-Region>

Kids Help Phone / Jeunesse J’écoute

<http://kidshelpphone.ca>

800-668-6868

YouthNet / RéseauAdo

2305 Unit 300B Blvd St. Laurent

Ottawa, Ontario

613-738-3915

youthnet@cheo.on.ca

<http://www.youthnet.on.ca/>

This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

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