

## Complex Special Needs Transition Resource Guide

This general guide provides information on adult support services, funding and transition planning resources in Ontario for families supporting a teen with special needs and/or complex care needs (e.g. teens with a physical disability and able to take on their own care and those who are dependent on others for care and decision making). An electronic version with active links is available at [www.cheo.on.ca](http://www.cheo.on.ca).

SUPPORT SERVICES AND FUNDING FOR SUPPORT SERVICES			
Resource	General Information	Key Websites and Contacts	Steps to Access This Resource
<b>Developmental Services Ontario (DSO)</b> Ministry of Community and Social Services	<p>Developmental Services Ontario (DSO) agencies can help adults with developmental disabilities find services and supports in their community. There are nine DSO agencies across Ontario. If you are 18 years of age, have a developmental disability, are an Ontario resident and want to access Ministry of Community and Social Services funded programs for persons with a developmental disability you must register with DSO. You can register at 16 but will need to wait to 18 to access the MCSS funded services. DSO also provides information and referrals to services. Supports may include :</p> <ul style="list-style-type: none"> <li>▪ Residential Services and Supports</li> <li>▪ Community Participation Supports and Passport funding</li> <li>▪ Caregiver Respite</li> <li>▪ Person Directed Planning – help with goal setting and planning</li> <li>▪ Adult Protective Service Workers</li> <li>▪ Specialized Supports</li> </ul>	<p><b>Developmental Services Ontario</b>            Website: <a href="http://www.dsontario.ca">www.dsontario.ca</a></p> <p><b>Ministry of Community and Social Services</b>            Website: <a href="http://www.mcscs.gov.on.ca/en/mcscs/programs/developmental/index.aspx">www.mcscs.gov.on.ca/en/mcscs/programs/developmental/index.aspx</a></p> <p><b>Developmental Services Ontario Eastern Region (DSOER)</b></p> <p><b>Ottawa:</b>            200-150 Montreal Road K1L 8H2</p> <p><b>Pembroke:</b>            303 - 77 Mary Street K8A 5V4</p> <p><b>Cornwall:</b>            280 Ninth St. West K6J 3A6</p> <p><b>Casselman:</b>            657 Rue Principale K0A 1M0            Phone: 1-855-DSO-ERDS or 1-855-376-3737            Fax: 1-855-858-3737</p> <p><b>Website:</b>  <a href="http://www.dsontario.ca/agencies/dso-eastern">http://www.dsontario.ca/agencies/dso-eastern</a>            Email: <a href="mailto:admin@dsoer.ca">admin@dsoer.ca</a></p>	<ul style="list-style-type: none"> <li>▪ Visit DSO online to find your local office. Call to ask which assessments are needed to confirm eligibility. This is best done in late elementary school years. Drop-in days are also posted for each of the four DSOER offices on the website.</li> <li>▪ If your teen is already followed by Developmental Services (i.e. Service Coordination, Family &amp; Children's Services of Renfrew, Valoris for Children and Adults of Prescott-Russell, SDG Developmental Services Centre Cornwall), with consent or your teens consent your case worker can assist you with connecting to DSO.</li> <li>▪ Obtain copies of your psycho-educational assessment from school board, and or psychological assessments from hospital, or privately prior to age 16.</li> <li>▪ Contact local DSO at age 16, DSO will request documentation to confirm your child's eligibility (psycho-educational assessment, proof of identity).</li> <li>▪ If DSO determines you are eligible for services they will book two meetings: Application for Developmental Supports and Services (ADSS) and a Support Intensity Scale (SIS) assessment to determine your support needs. This is best done closer to 18 years of age.</li> <li>▪ Waitlist is prioritized by urgent needs – Contact DSO if there is a significant change in circumstances such as a crisis or change in support needs.</li> </ul>

<p><b>Respite Services</b></p>	<p>Respite Services staff are knowledgeable about respite options and funding. They can assist you in navigating the respite system for your specific situation.</p> <p>Funding differs for adults and children. Families who previously received funding through Special Services at Home (SSAH) and Assistance for Children with Severe Disabilities (ACSD) are not available after the age of 18. Passport funding for adults (18 plus) can be accessed by registering with DSO.</p>	<p><b>Respite Support and Information</b>  Website: <a href="http://www.respiteservices.com">www.respiteservices.com</a>  <b>Ottawa:</b>  Services Coordination for People With Developmental Disabilities  200-150 Montreal Road  Ottawa ON K1L 8H2  Phone: 613-748-1788  Fax: 613-748-1018</p> <p>Website: <a href="http://www.scsottawa.on.ca">www.scsottawa.on.ca</a>  Contact : Janet Abou-Chaaya  Email: JAbou-Chaaya@scsottawa</p>	<ul style="list-style-type: none"> <li>▪ Register by filling out a <i>Family Registration Form</i> online</li> <li>▪ Phone an Intake and Information Specialist for general information or a Respite Options Facilitator to get assistance with your specific situation.</li> <li>▪ Attend workshops on funding for respite, and respite options. Each local region will have workshops listed on the Respite Services website.</li> </ul>
<p><b>Health Care Connect</b>  Ministry of Health and Long-term Care</p>	<p>Health Care Connect helps Ontarians find a family health- care provider (family doctor or nurse practitioner). They can provide referrals to specialists, complete paperwork needed for ‘proof of disability’, and take care of basic health-care needs (e.g., flu shots, yearly checkups).</p>	<p><b>Health Care Connect</b>  Phone: 1-800-445-1822  Website: <a href="http://www.ontario.ca/page/find-family-doctor-or-nurse-practitioner#!/">http://www.ontario.ca/page/find-family-doctor-or-nurse-practitioner#!/</a>  <b>Finding Healthcare in Ottawa</b>  <a href="http://ottawa.ca/en/residents/public-health/healthcare/finding-healthcare">http://ottawa.ca/en/residents/public-health/healthcare/finding-healthcare</a>  <b>Health Card Medical Exemption Request</b>  <a href="http://www.forms.ssb.gov.on.ca/mbs/ssb/forms/ssb/forms.nsf/FormDetail?OpenForm&amp;ACT=RDR&amp;TAB=PROFILE&amp;SRCH=1&amp;ENV=WWE&amp;TIT=health+card&amp;NO=014-3164-84">http://www.forms.ssb.gov.on.ca/mbs/ssb/forms/ssb/forms.nsf/FormDetail?OpenForm&amp;ACT=RDR&amp;TAB=PROFILE&amp;SRCH=1&amp;ENV=WWE&amp;TIT=health+card&amp;NO=014-3164-84</a></p>	<ul style="list-style-type: none"> <li>▪ Make sure your child has a valid health card*, their address is up to date with Service Canada and that they are not already registered with a family doctor.</li> <li>▪ Call the 1-800-445-1822 to enroll or enroll online.</li> </ul> <p>*At 15 1/2 you need to apply for a new OHIP card with signature and picture. If the youth is unable to sign the form or have their picture taken, a Health Card Medical Exemption Request form can be completed by your family doctor.</p>
<p><b>Community Care Access Centre</b>  Ministry of Health and Long-term Care</p>	<p>Community Care Access Centre (CCAC) connects people with health care and support in their community. Professional case managers from CCAC assess care needs and develop a custom plan. CCAC case managers will refer your child to professional services to meet their needs including nurses, physiotherapists, occupational therapists, social workers, dieticians, speech therapists and personal support workers.</p> <p>CCAC manages the needs of children and adults (18 plus) differently. If your child is currently with CCAC, when they turn 18 they will be transferred to an adult care coordinator and reassessed.</p>	<p><b>Community Care Access Centre</b>  Phone: 310-CCAC (2222)  Website: <a href="http://www.ccac-ont.ca/">http://www.ccac-ont.ca/</a></p> <p><b>Ottawa</b>  4200 Labelle St. Suite 100  Ottawa ON K1J 1J8  Toll free: 1-800-538-0520  Website: <a href="http://healthcareathome.ca/champlain/en">http://healthcareathome.ca/champlain/en</a></p>	<ul style="list-style-type: none"> <li>▪ Review website and speak with your child’s health-care team to learn about CCAC.</li> <li>▪ Call 310-CCAC to connect with your local CCAC, some initial information will be reviewed over the phone. If the referral is appropriate CCAC will send professionals to assess your child’s needs. You can contact CCAC any time and make a self-referral for your child.</li> <li>▪ If your child already receives services through CCAC contact your Pediatric Care Coordinator to learn more about any upcoming changes in services or assessments as your child approaches their 18th birthday.</li> <li>▪ Your child can remain in school until they are 21yr, they will be transferred to an Adult Case Coordinator.</li> </ul>

<p><b>211 Ontario</b></p>	<p>211 is a confidential, free referral service that provides information on community and social services. Certified Information and Referral Specialists are trained to advise you about available programs and services. This service is especially helpful in crisis situations such as an immediate need for respite support, mental health counseling, or emergency housing. 211 does not provide these services directly but can link you to the appropriate service provider.</p>	<p>211 Ontario          Website: <a href="http://www.211ontario.ca">www.211ontario.ca</a>          Phone: 211</p> <p><b>Ottawa/Eastern Region</b>          Phone: 613-761-9076          Toll free: 1-877-761-9076</p>	<ul style="list-style-type: none"> <li>Call 211 to speak with a Certified Information and Referral Specialist or go online and use the website to search yourself for services and supports. This website is a good 'go to website' if you are having difficulty finding a particular type of service, support or funding for your child's needs.</li> </ul>
<p><b>Transportation</b></p>	<p>A variety of transportation options exist to assist adults with their transportation needs:</p> <ul style="list-style-type: none"> <li><b>Adaptive Driving</b> Depending on your teen's medical condition, they may be able to learn drive. Adaptive equipment is also available to make modifications to your vehicle.</li> <li><b>Volunteer drivers</b> Adults with a disability who need a ride to medical appointments can rely on the services of a volunteer driver. Most transportation services are provided by volunteer services and a nominal fee may be charged.</li> <li><b>Para Transpo</b> Para Transpo is a door-to-door transportation service for persons with permanent or short-term disabilities who are unable to use conventional transit due to a disability.</li> </ul>	<p><b>Adaptive Driving:</b> The Ottawa Hospital Rehabilitation Centre          Website:  <a href="https://www.ottawahospital.on.ca/wps/portal/Base/TheHospital/ClinicalServices/DeptPgrmCS/Departments/RehabilitationCentre/OurProgramsAndServices/SpecialtyServices/DrivingRehabilitationService">https://www.ottawahospital.on.ca/wps/portal/Base/TheHospital/ClinicalServices/DeptPgrmCS/Departments/RehabilitationCentre/OurProgramsAndServices/SpecialtyServices/DrivingRehabilitationService</a></p> <p>Other places to obtain driving assessment:</p> <ul style="list-style-type: none"> <li><a href="http://www.champlainhealthline.ca/listServices.aspx?id=10320">http://www.champlainhealthline.ca/listServices.aspx?id=10320</a></li> <li><a href="http://www.mto.gov.on.ca/english/safety/functional-assessment-centres.shtml#o">http://www.mto.gov.on.ca/english/safety/functional-assessment-centres.shtml#o</a></li> </ul> <p><b>Vehicle Modifications:</b>  <a href="http://www.waramps.ca/pdf/english-site/ways-we-help/living-with-amputation/licence-to-drive.pdf">http://www.waramps.ca/pdf/english-site/ways-we-help/living-with-amputation/licence-to-drive.pdf</a></p> <p><b>Accessible Parking Permits:</b>  <a href="https://www.ontario.ca/page/get-accessible-parking-permit?_ga=1.249480078.820418809.1461550220">https://www.ontario.ca/page/get-accessible-parking-permit?_ga=1.249480078.820418809.1461550220</a></p> <p><b>Volunteer Drivers:</b>  <a href="http://www.champlainhealthline.ca/listServices.aspx?id=10321&amp;region=Ottawa">http://www.champlainhealthline.ca/listServices.aspx?id=10321&amp;region=Ottawa</a></p> <p><b>Para Transpo:</b>          Website:  <a href="http://www.octranspo1.com/accessibility/para_transpo">http://www.octranspo1.com/accessibility/para_transpo</a></p> <p>The Taxi Coupon Program Website:  <a href="http://www.octranspo1.com/accessibility/taxi_coupon">http://www.octranspo1.com/accessibility/taxi_coupon</a></p>	<p>Adaptive Driving:</p> <ul style="list-style-type: none"> <li>Depending on your teen's medical condition, they may be able to learn drive. They will require a comprehensive driving evaluation, including a full medical assessment, and on-road evaluation to assess their ability to drive. A driving evaluation is conducted by an Occupational Therapist; these services can be accessed in hospitals, rehabilitations centers or private clinics.</li> <li>Will need to obtain a referral to The Driving Rehab Service from your family physician or a physiatrist.</li> <li>The Occupational Therapist can make recommendations if adaptive equipment is required (eg. spinner knob, hand controls etc.).</li> <li>A Ministry of Transportation road test will be required.</li> </ul> <p>Accessible Parking Permit:</p> <ul style="list-style-type: none"> <li>To obtain an accessible parking permit, your healthcare practitioner must complete the application to certify that their medical condition meets the requirements of the parking permit. Your teen may qualify for a passenger permit, or driving permit if they have their own driver's license.</li> </ul> <p>Volunteer Driver:</p> <ul style="list-style-type: none"> <li>Receiving medical treatment and those with disabilities who are mobile (ambulatory). Most transportation services are provided by volunteer services and a nominal fee may be charged.</li> </ul> <p>Para Transpo:</p> <ul style="list-style-type: none"> <li>To use Para Transpo services, have your physician or health care practitioner complete the application form to confirm your teen's disability.</li> <li>Depending on your teen's needs, they may also be eligible to obtain an attendant card for OC Transpo (only in Ottawa); to allow someone to travel with them.</li> </ul>

		Companion/Attendant Card: <a href="#">Application for Para Transpo Companions- Attendants.pdf</a>	<ul style="list-style-type: none"> <li>The <b>Taxi Coupon Program</b> allows registered Para Transpo customers to take discounted taxi service as an alternative to Para Transpo.</li> </ul>
<b>FUNDING AND FINANCES – GOVERNMENT PROGRAMS</b>			
Resource	General Information	Key Websites and Contacts	Steps to Access this Resource
<b>Ontario Disability Support Program</b> Ministry of Community and Social Services	<p>The Ontario Disability Support Program (ODSP) helps adults with disabilities who are in financial need pay for living expenses, such as food and housing. This is called Income Support. Those on Income Support may also qualify for extra funding for special diets, incontinence supplies, transportation to and from medical appointments and some medical supplies.</p> <p>Those who are eligible for ODSP income support may also qualify for funding for items that are a necessity such as commodes, bath chairs, portable lifts with slings, hospital beds, and pressure relief mattresses. Speak with an occupational therapist (you can get one through CCAC or your local children’s treatment centre) and your child’s ODSP worker for more information about potential funding options.</p> <p>ODSP also offers Employment Supports that help people with disabilities who can and want to work prepare for and find a job (Refer to the <b>Employment Section</b> in this resource guide)</p>	<p><b>Ontario Disability Support Program</b>  <a href="http://www.mcass.gov.on.ca/en/mcass/programs/social/odsp">www.mcass.gov.on.ca/en/mcass/programs/social/odsp</a>          Locating your ODSP Office:  <a href="http://appow.mcass.gov.on.ca/OfficeLocator/index.aspx?lang=en">http://appow.mcass.gov.on.ca/OfficeLocator/index.aspx?lang=en</a></p> <p><b>Ottawa</b>  <b>Ministry of Community and Social Services</b>  <b>Ontario Disability Support Program</b>          Income Support and Employment Supports          351 Preston Street 2nd floor          Ottawa ON K1S 3H8          General Inquiry: (613) 234-1188          Toll Free: 1-800-267-5111</p> <p><b>Community Legal Education Ontario</b>          Website to ‘Disability benefits in Ontario: Who can get them, How to apply’  <a href="http://www.cleo.on.ca/en/publications/disabben/qualify-odsp#full">www.cleo.on.ca/en/publications/disabben/qualify-odsp#full</a></p>	<ul style="list-style-type: none"> <li>Read through the booklet “Disability Benefits in Ontario: Who can get them, How to Apply” published by Community Legal Education Ontario. This will provide an overview of eligibility policies and the application process.</li> <li>Start application process six months prior to your child’s 18th birthday. You can start online or go in person to your local ODSP office. Go online to locate your local ODSP office</li> <li>Your local ODSP office will book an appointment to determine if your child is financially eligible once the initial application has been reviewed.</li> <li>If your child is determined to be financially eligible, ODSP will provide forms that must be filled out by an appropriate medical professional. These forms state the nature of your child’s disability. Signed forms must be received by the ‘Disability Adjudication Unit’ within 90 days of the date they were provided to you.</li> <li>If your child is deemed ineligible you can go through an appeal process.</li> </ul>
<b>Assistive Devices Program (ADP)</b> Ministry of Health and Long-Term Care	<p>The Assistive Devices Program (ADP) provides funding support to individuals with long-term physical disabilities who need equipment. Equipment needs to be prescribed by an “ADP authorized” physiotherapist or occupational therapist. ADP may not cover the entire cost of equipment and will only cover certain brands/types of equipment from specific vendors.</p>	<p><b>Assistive Devices Program</b>  <a href="http://www.health.gov.on.ca/english/public/program/adp/adp_mn.html">www.health.gov.on.ca/english/public/program/adp/adp_mn.html</a>          Toll-free phone: 1-800-268-6021          Email: <a href="mailto:adp@ontario.ca">adp@ontario.ca</a></p> <p><b>March of Dimes Funding Sources for Adults</b>  <a href="http://www.marchofdimes.ca/EN/programs/adp/Documents/ADP_alternative_funding.pdf">http://www.marchofdimes.ca/EN/programs/adp/Documents/ADP_alternative_funding.pdf</a></p>	<ul style="list-style-type: none"> <li>Prior to your child’s 18th birthday speak with your pediatric equipment providers (e.g., seating clinics, Augmentative and Alternative Communication clinics) and ask for referrals to adult ADP authorizers. Speak with other adults with disabilities or other parents for recommendations.</li> <li>Book an appointment with ADP authorizer for an assessment. There may be a wait time to get an appointment at an adult seating clinic or AAC clinic.</li> <li>Ask the authorizer about other sources of funding and if they will help you apply.</li> </ul>

	<p>ODSP covers some equipment costs, if your child is on ODSP contact your child’s worker to check what costs are covered.</p> <p>You can also apply to charitable organizations for support. Please see the list of charitable sources of funding outlined by March of Dimes.</p>	<p><b>Ottawa</b>  2249 Carlin Ave., Suite 200  Ottawa ON K2B 7E9  Phone: 613-596-3463  Toll free: 1-877-695-7999  Fax: 613-596-5696</p>	
<p><b>Disability Tax Credit</b>  Government of Canada</p>	<p>The Disability Tax Credit (DTC) is a non-refundable tax credit used to reduce amount of income tax payable for eligible individuals. To be eligible, a person must have a severe impairment in physical or mental functions. The impairment must also be ‘prolonged’.</p> <p>A qualified practitioner must fill out the appropriate paperwork. Click on the Canada Revenue Agency’s website on the “Definition of Disability and List of Qualified Practitioners” to learn which practitioners qualify.</p> <p>A supporting person may be able to claim all or part of a dependent’s Disability Tax Credit providing that both the supporting person and the dependent were residents of Canada during the tax year.</p>	<p><b>Eligibility Criteria for Disability Tax Credit</b>  <a href="http://www.cra-arc.gc.ca/tx/ndvdl/sgmnts/dsblts/dtc/menu-eng.html">http://www.cra-arc.gc.ca/tx/ndvdl/sgmnts/dsblts/dtc/menu-eng.html</a></p> <p><b>Definition of Disability and List of Qualified Practitioners</b>  <a href="http://www.ofcp.ca/pdf/DTC-Article-from-OFCP-Mar-2011.pdf">http://www.ofcp.ca/pdf/DTC-Article-from-OFCP-Mar-2011.pdf</a></p> <p><b>Disability Tax Credit Application - Form T2201</b>  <a href="http://www.cra-arc.gc.ca/E/pgb/tf/t2201/t2201-12e.pdf">http://www.cra-arc.gc.ca/E/pgb/tf/t2201/t2201-12e.pdf</a></p>	<ul style="list-style-type: none"> <li>▪ Review eligibility criteria to determine if your child qualifies.</li> <li>▪ Review the ‘list of qualified practitioners. Book an appointment with one of the health-care providers that meets the definition of a ‘qualified practitioner’ to have them fill out the Disability Tax Credit Application.</li> <li>▪ Download and print the Form T2201 and ask a qualified practitioner to fill it out. Be sure to include any documentation about date of onset. If your child had the disability in previous tax years but you had not registered for DTC you may be able to claim back money paid in taxes from these previous years.</li> <li>▪ Send the original signed form in to Canada Revenue Agency as soon as possible. You can submit the form any time throughout the year.</li> </ul>
<p><b>Registered Disability Savings Plan (RDSP)</b>  Government of Canada</p>	<p>A Registered Disability Savings Plan (RDSP) is a federal tax-supported savings approach that is intended to encourage people to save for the future needs of a person with a disability.</p> <p>The Government may contribute Canada Disability Savings Grants of up to \$3,500 a year, for up to 20 years, depending on the amount of contributions made to the RDSP.</p> <p>The Government may also pay a Canada Disability Savings Bond of up to \$1,000 a year, for up to 20 years, into the RDSPs of low-income and modest-income Canadians. No contributions are necessary to receive the bond. Earnings accumulate tax-free until money is taken out of the RDSP. People with disabilities must be 49 years old or less in order to receive grants or bonds.</p>	<p><b>Registered Disability Savings Plan</b>  <a href="http://www.mcscs.gov.on.ca/en/mcscs/programs/social/what/rdsp.aspx">http://www.mcscs.gov.on.ca/en/mcscs/programs/social/what/rdsp.aspx</a></p> <p><b>Canadian Revenue Agency</b>  General summary:  <a href="http://www.cra-arc.gc.ca/tx/rgstrd/rdsp/bt-eng.html">http://www.cra-arc.gc.ca/tx/rgstrd/rdsp/bt-eng.html</a></p> <p><b>Detailed Summary on RDSPs:</b>  <a href="http://www.cra-arc.gc.ca/rdsp/">http://www.cra-arc.gc.ca/rdsp/</a>  <a href="http://www.esdc.gc.ca/eng/disability/savings/index.shtml">http://www.esdc.gc.ca/eng/disability/savings/index.shtml</a></p>	<ul style="list-style-type: none"> <li>▪ To be eligible for the Registered Disability Savings Plan your child needs to first qualify for the Disability Tax Credit.</li> <li>▪ Most banks provide RDSP programs. You can ask at your local branch for more information. You may want to ask for a staff member who has had previous experience setting up an RDSP. Consult with other parents and/or adults with disabilities to find a financial advisor or bank employee with knowledge about RDSPs.</li> </ul>

## TRANSITION PLANNING RESOURCES

Resource	General Information	Key Websites and Contacts	Steps to Access this Resource
<p><b>Transition Planning</b> Ministry of Education</p>	<p>Educational rights of youth with special needs:</p> <p>Young people can stay in the school system until 21 years of age in Ontario (depending on the preference of you and/or your child).</p> <p>Note that school principals are required to make sure a transition plan is created, as part of the Individual Education Plan (IEP), for each exceptional student who is 14 years of age or older.</p> <p>Your teen may wish to pursue post-secondary education. Refer to the university's student disability services to see what accommodations are available.</p>	<p><b>Transition Planning Resource Guide</b> <a href="http://www.edu.gov.on.ca/eng/general/elemsec/speced/transiti/transition.pdf">www.edu.gov.on.ca/eng/general/elemsec/speced/transiti/transition.pdf</a></p> <p><b>Ministry of Education Website - Special Education</b> <a href="http://www.edu.gov.on.ca/eng/parents/speced.html">http://www.edu.gov.on.ca/eng/parents/speced.html</a></p> <p><b>Ottawa</b> <b>Learning Disabilities Association of Ottawa-Carleton Website:</b> <a href="http://www.ldaottawa.com/">http://www.ldaottawa.com/</a> 160 Percy Street Ottawa, ON K1R 6E5 Phone: 613-567-5864 <a href="mailto:info@ldaottawa.com">info@ldaottawa.com</a></p> <p><b>Service Coordination for People with Developmental Disabilities</b> Transition planning agency working under a tri-ministerial protocol to ensure each identified student has a transition plan inclusive of their IEP goals 200-150 Montreal Road Ottawa ON K1L 8H2 Phone: 613-748-1788 Fax: 613-748-1018 Website: <a href="http://www.scsottawa.on.ca">www.scsottawa.on.ca</a></p> <p><b>Post-secondary Education: Disability Services</b> <b>Algonquin College:</b> 613-727-4723 ext. 5058 <a href="http://www.algonquincollege.com/studentservices/csd/">http://www.algonquincollege.com/studentservices/csd/</a> <b>La Cite Collegial:</b> 613-742-2493 ext. 2090 <a href="http://crc.collegelacite.ca/service-dappui-et-dadaptations/?utm_campaign=rev5159&amp;utm_medium=menu&amp;utm_source=internal">http://crc.collegelacite.ca/service-dappui-et-dadaptations/?utm_campaign=rev5159&amp;utm_medium=menu&amp;utm_source=internal</a> <b>Ottawa University:</b> 613-742-2493 ext. 1229 <a href="http://sass.uottawa.ca/en/access">http://sass.uottawa.ca/en/access</a> <b>Carleton University:</b> 613-520-2600 ext. 5663 <a href="https://carleton.ca/pmc/">https://carleton.ca/pmc/</a> <b>St-Lawrence College:</b> <a href="mailto:caas@sl.on.ca">caas@sl.on.ca</a> or 613-544-5400, ext. 1593. <a href="http://www.stlawrencecollege.ca/campuses-and-services/services-and-facilities/accessibility/">http://www.stlawrencecollege.ca/campuses-and-services/services-and-facilities/accessibility/</a></p>	<ul style="list-style-type: none"> <li>▪ Review information on website about your child's educational rights.</li> <li>▪ Review the Transition Planning Resource Guide. This document explains in detail how to create a transition plan, what should be included and provides examples of plans.</li> <li>▪ Speak with the principal about his/her role as a "Transition Planning Team Lead" and create a Transition Planning Team.</li> <li>▪ Obtain copies of key documentation such as psycho educational assessments, Individualized Education Plans (IEPs), report cards and assessments.</li> <li>▪ Speak with guidance counselors to ask what post-secondary options are available for your teen.</li> <li>▪ If your teen has an IEP, make sure they receive proper accommodations during their postsecondary education.</li> <li>▪ Most postsecondary education institutes offer disability support services for their students. Contact them to learn more.</li> <li>▪ Find out if you can access scholarships or bursaries</li> </ul>

		<p><b>Scholarships and Bursaries</b> Find out more about scholarships and bursaries for students with disabilities at: <a href="http://www.disabilityawards.ca">www.disabilityawards.ca</a></p>	
<p><b>Employment</b></p>	<ul style="list-style-type: none"> <li>▪ ODSP offers employment supports for clients with physical or mental disabilities.</li> <li>▪ DSO also assists to connect adults with developmental disabilities to services and supports in their communities. Including Life Skills and Vocational Programs .</li> </ul>	<p><b>Ontario Disability Support Program</b> <a href="http://www.mcscs.gov.on.ca/en/mcscs/programs/social/odsp/employment_support/index.aspx">http://www.mcscs.gov.on.ca/en/mcscs/programs/social/odsp/employment_support/index.aspx</a></p> <p><b>Developmental Services Ontario (DSO)</b> <a href="http://www.dsontario.ca">www.dsontario.ca</a></p> <p><b>The Ottawa Hospital Rehabilitation Centre</b> <a href="http://www.ottawahospital.on.ca/wps/portal/Base/TheHospital/ClinicalServices/DeptPgrmCS/Departments/RehabilitationCentre/AboutTheRehabilitationCentre/OurRehabilitationTeams">http://www.ottawahospital.on.ca/wps/portal/Base/TheHospital/ClinicalServices/DeptPgrmCS/Departments/RehabilitationCentre/AboutTheRehabilitationCentre/OurRehabilitationTeams</a></p>	<p>Ontario Disability Support Program can help with employment supports if:</p> <ul style="list-style-type: none"> <li>▪ Are 16 years of age or older</li> <li>▪ Live in Ontario</li> <li>▪ Are legally allowed to work in Canada</li> <li>▪ Have a physical or mental disability that is expected to last a year or more, making it hard for you to find or keep a job.</li> </ul> <p>To learn how to access ODSP: refer to the <b>ODSP Section</b> in this resource guide.</p> <p>Access to Life skills and Vocational Programs: Anyone over the age of 18 who has a physical disability can request a vocational assessment through the Rehabilitation Centre or through a private agency. Vocational and life skills Programs can be accessed through DSO.</p>
<p><b>General Resources on Estate Planning &amp; Henson Trusts</b></p>	<p>Caregivers have special needs when it comes to estate planning. Leaving an adult with an inheritance may end up disqualifying them from social assistance programs such as the Ontario Disability Support Program (ODSP). Many parents have used financial planning methods such as leaving assets in a “Henson Trust” to ensure their child will not be disqualified from ODSP and will still be able to benefit from their inheritance. The resources listed here explain some of the steps parents of children with disabilities have taken to ensure a secure future for their child.</p> <p>When setting up an estate, creating a will and/or setting up a Henson Trust it may be a good idea to hire professionals to assist. Finding a professional with experience in this specific area is important. Caregivers are encouraged to ask questions and make informed choices before purchasing services or products for their family.</p>	<p><b>The Office of the Public Guardian and Trustee (OPGT)</b> Website: <a href="http://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/">http://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/</a></p> <p><b>Henson Trust</b> <a href="http://www.mcscs.gov.on.ca/documents/en/mcscs/social/directives/odsp/income_Support/4_7.pdf">http://www.mcscs.gov.on.ca/documents/en/mcscs/social/directives/odsp/income_Support/4_7.pdf</a></p> <p><b>Finding a Lawyer or Paralegal</b> <a href="http://www2.lsuc.on.ca/LawyerParalegalDirectory/index.jsp">http://www2.lsuc.on.ca/LawyerParalegalDirectory/index.jsp</a></p> <p><b>Legal Aid Ontario</b> <a href="http://www.legalaid.on.ca/en/contact/default.asp">http://www.legalaid.on.ca/en/contact/default.asp</a> Toll free: 1-800-668-8258</p> <p><b>Legal assistance for people with disabilities</b> <a href="http://www.servicecanada.gc.ca/eng/audiences/disabilities/law.shtml">http://www.servicecanada.gc.ca/eng/audiences/disabilities/law.shtml</a></p>	<ul style="list-style-type: none"> <li>▪ Review articles on estate planning and Henson Trusts.</li> <li>▪ Review the “Special Needs Planning Group” website listed in this resource under Family Created Planning Organizations.</li> <li>▪ Contact other parents who’ve set up Henson Trusts for referrals and more information. The List of Planning Organizations provided in this resource has several parent led organizations listed that you may contact.</li> <li>▪ Contact The Law Society Referral Service and ask to be referred to a lawyer that specializes in trusts and estates. They may have the qualification of “Trust and Estate Practitioner” (TEP). Explain that you are a parent of child with a disability are seeking to set up a Henson Trust.</li> <li>▪ Ask the lawyer specific questions about their history in setting up trusts, if you can speak with another family that has worked with them, associated fees and what they would recommend in your specific circumstance.</li> </ul>

<p><b>Planning For The Future</b></p>	<p>Citizen Advocacy helps families plan for the future. They can also link families to other organizations that have been formed by families of people with disabilities.</p>	<p><b>Ottawa:</b>  <b>Citizen Advocacy</b>          Website: <a href="http://www.citizenadvocacy.org">www.citizenadvocacy.org</a>          Phone: 613-761-9522  <a href="mailto:info@citizenadvocacy.org">info@citizenadvocacy.org</a></p>	<ul style="list-style-type: none"> <li>▪ Review the information early when your child is young but can be used at any time to help you plan for the future.</li> <li>▪ If interested in further information or services call the organization to get information about:             <ul style="list-style-type: none"> <li>○ Types of services offered</li> <li>○ Cost of services</li> <li>○ Amount of time services will be offered &amp; how frequently</li> </ul> </li> </ul>
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*The above mentioned organizations and services are provided for Informational purposes.*

Adapted with permission from SickKids Good 2 Go Transition Program: 'Complex Care Transition Resource Guide'  
 September 2016