

# Doctoral Residency in Clinical Psychology, 2024-2025

# About CHEO

CHEO is a tertiary care pediatric health care institute serving Eastern Ontario and Western Quebec. Since its opening in 1974, the hospital has provided specialized pediatric heath to children, youth and their families in English and French. Today, it is estimated that the hospital sees over 6500 admissions and 180,000 outpatient visits per year.

CHEO is one of the largest providers of mental health services in Ontario for youth and their families. The mental health program provides a broad range of services in schools and the community as well as day treatment programs and inpatient care. The hospital is also the regional center for developmental and rehabilitation services.

CHEO is part of a large modern health science complex affiliated with the University of Ottawa. The hospital has major responsibilities for clinical teaching and research in a number of disciplines. Since 2004, the hospital has led the provincial, *Knowledge institute on child and youth mental health and addictions*; which is responsible for the promotion of evidence-informed service planning and delivery. The hospital is also associated with the CHEO Research Institute that has an international reputation for excellence in basic and applied research in children's health.

# **Psychology at CHEO**

The discipline of Psychology at CHEO is based on the scientist-practitioner model. Psychologists at the hospital use science to inform their clinical practice. Some staff are involved in independent research projects and may supervise student research projects through their university affiliations.

Psychologists at the hospital are also active in teaching and training psychology residents and practicum students as well as pediatric and psychiatry residents. Many psychologists hold appointments with the University of Ottawa and Carleton University. Staff are also active in community service, including offering workshops and lectures to professional groups and the general public.

Psychologists within the hospital are members of a range of programs including Mental Health services, Development and Rehabilitation services, Pediatrics, and Oncology. Psychologists provide assessment and intervention services to children, youth, and their families, seen as both inpatients and outpatients. Assessment services are broad and can include psycho-diagnostic assessments as well as neuropsychological, cognitive, or developmental assessments. Treatment services include individual, group, parent and family therapies. Emphasis is placed on assessing and treating children within a family and social context. Liaison and consultation to other agencies such as schools or community is often an important part of the assessment and intervention experience. Consultation to other professionals within the hospital is also an integral part of the work of psychologists.

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Psychology serves as the primary professional affiliation for psychologists working in the different programs of the hospital. The Professional Practice Leader (PPL) is responsible for issues of professional competence, standards and ethics, as well as both intra- and inter-disciplinary practice issues. The PPL and members of the profession actively collaborate with clinical program directors in the recruitment, hiring and allocation of staff. Monthly discipline meetings are held to discuss professional issues.

# The Psychology Residency Program at CHEO

CHEO offers a pre-doctoral residency for students enrolled in a Ph.D. program in either clinical psychology or clinical neuropsychology. Our residency has been accredited by the Canadian Psychological Association since 1990. The training program can accommodate both English speaking and bilingual (French-English speaking) residents.

The training program provides residents with a range of rich training experiences through active clinical work, intensive supervision, small group seminars, a program evaluation project, hospital specialty rounds and interaction with other health professionals. By the end of the residency, all of our trainees will have developed the skills needed to become registered as a clinical child and adolescent psychologist in any jurisdiction in Canada or to move onto postdoctoral training. Trainees in the neuropsychology stream can also become registered as child neuropsychologists.

The focus of the program is on teaching advanced clinical skills in assessment, treatment and consultation. Residents are exposed to different supervisors, a variety of treatment models and a broad range of child clinical, health and developmental conditions over the course of the training year.

### Philosophy and training model

The Residency Training Program in Clinical Psychology reflects our commitment to the scientistpractitioner model. In keeping with CHEO's mission statement, our model of education teaches residents to provide exceptional care informed by theory and research. We believe that the practice of psychology is enhanced by encouraging trainees, who have already demonstrated a commitment to the science of psychology, to develop their clinical skills in an environment that promotes research and education. Our clinical training is provided by doctoral level psychologists committed to these goals. Residents are encouraged to anchor their clinical service in the scientific literature and to evaluate their interventions systematically. They are also encouraged to critically appraise their services and ask clinically-relevant questions for further consideration and study.

The residency also emphasizes the importance of interdisciplinary teamwork in order to provide the highest quality of services to clients. We value the contribution of our colleagues and encourage the participation of other disciplines, such as medicine and social work, in our training program.

Our model of training allows for a diversity of experiences that allow residents to work collaboratively with other health professions while maintaining a strong sense of professional identity. We provide residents the opportunity to expand clinical skills through work with children and youth across the developmental span, many of whom may also have complex medical histories. Throughout our training program, the ethical practice of psychology is emphasized. We foster residents' growing independence



clinically and professionally. Residents participate as full members of the training committee. The supervision model is developmental with residents taking more and more responsibility for children, youth and families as they gain skill. In providing training within the scientist-practitioner model, we prepare residents for a range of career options, including clinical, research or academic positions.

# **Training goals and objectives**

### Goal one

Residents will develop proficiency in psycho-diagnostic assessment with children and adolescents, using clinical interviews as well as socio-emotional, behavioural, cognitive and neuropsychological assessment measures.

### **Objectives:**

- 1. Residents will develop competence in conducting comprehensive intake/diagnostic interviews.
- 2. Residents will develop competence in administering and interpreting psychometric measures to assess psychological and social functioning.
- 3. Residents will develop competence in the administration and interpretation of standardized psychometric measures of developmental, cognitive, or neuropsychological functioning and academic achievement.
- 4. Residents will develop competence in providing feedback, both oral and written, to families, referring agents, community agencies and members of interdisciplinary treatment teams.
- 5. Residents will develop competence in independently planning and implementing comprehensive assessments that take into consideration relevant medical, developmental and social-contextual factors.

### Goal two

Residents will develop proficiency in the use of different empirically- and theoretically-based approaches to therapy with children, adolescents and their families. This includes supervision and training in individual, group and parent-mediated as well as family-based therapies.

### Objectives:

- 1. Residents will develop competence in conducting individual therapy with children and adolescents. This may include development of skills in cognitive behavioural interventions, systemic or interpersonal approaches.
- 2. Residents will develop competence in conducting group-based interventions with children, adolescents and/or parents. This may include process-oriented groups, structured behavioural and/or cognitive-behavioural interventions and parent-training groups.
- 3. Residents will develop competence in planning, implementing and monitoring the effectiveness of different types of interventions
- 4. Residents will develop an awareness of client and therapist factors that affect treatment effectiveness.



## Goal three

Residents will develop the ability to function within an interdisciplinary pediatric health care environment.

### Objectives:

- Residents will develop skills in working collaboratively with other professionals as members of interdisciplinary teams. Residents will develop a sense of their professional role and respect for the roles of other professions in the assessment and treatment of children, adolescents and their families.
- Residents will develop competence in providing consultation to other professionals in the care
  of children, adolescents and their families. This may include developing, implementing and
  evaluating inpatient and outpatient interventions in concert with other members of the
  treatment team.
- 3. Residents will develop the ability to obtain the medical information necessary to provide competent assessment, treatment and consultation services. This includes obtaining relevant information about the client's medical condition through a review of the health record, and the relevant scientific literature. This can also involve liaison with other health care professionals.

### Goal four

Residents will develop the ability to carefully consider and apply the ethical and professional principles that are the backbone of the discipline of psychology.

Objectives:

- 1. Residents will develop an awareness and understanding of the provincial and federal legislation and standards relevant to providing psychological services to, and conducting research with, children, adolescents and their families.
- Residents will participate in a range of clinical and didactic activities that refine their understanding of ethical issues and enhance their ability to apply this knowledge to their clinical, research and professional activities.
- 3. Residents will develop an awareness of the limits of their clinical competence, based on their level of professional training and experience.

### Goal five

Residents will develop the skills required to integrate science and clinical practice.

Objective:

- 1. Residents will demonstrate initiative in seeking out and critically evaluating the scientific literature relevant to their clinical work.
- 2. Residents will gain exposure to key concepts and methods in program evaluation. Through this activity, residents will develop a better understanding of the unique challenges in conducting quality improvement activities within a clinical setting.



### Goal six

Residents will develop an awareness of, and sensitivity to, cultural and individual differences in their clinical, research and professional activities.

### Objectives:

- Residents will gain experience working in a health care setting with children, adolescents and families representing a diversity of cultures and individual differences. They will develop an ability to consider the role of cultural and individual factors in the selection, administration, and interpretation of psychological tests. They will also develop an awareness of how individual differences can influence other aspects of care including feedback, consultation and treatment.
- 2. Residents will participate in didactic activities on individual and cultural differences relevant to clinical practice.

### Goal seven

Residents will develop a sense of their professional identity as future psychologists.

Objectives:

- 1. Residents will become knowledgeable in models, skills, and ethical issues related to supervision.
- 2. Residents will gain experience in providing supervision, through participation in peer consultation, group supervision, and, whenever possible, line-supervision of practicum students.
- 3. Residents will develop an awareness of their professional role by participating in discipline or hospital-wide administrative committees.

# **Organization of training activities**

The residency program is designed to provide residents with specialized training in specific areas of interest while ensuring breadth of training in a range of areas relevant to child and youth clinical psychology. The residency offers two tracks: *Child clinical Psychology and Child Neuropsychology*. Prior to the start of the training year, the Director of Training works with incoming residents to set up an individual training plan for their specific rotations.

# Child Clinical Psychology Track (three positions)

# Objective

The Child Clinical Psychology Track within the psychology residency is intended to prepare residents for the practice of clinical psychology with children and adolescents across the developmental span. By the end of the residency year, it is expected that residents will have developed the skills needed to become registered as a clinical child and adolescent psychologist in any jurisdiction in Canada or to move into postdoctoral training.



### Organization of the training year

Residents participate in two six-month rotations involving a major and a minor rotation. The focus of the major rotations is on providing in-depth training in the areas selected. The focus of the minor rotation is expose residents to clinical areas outside their primary interests. The resident and supervisor jointly establish individual rotation-based training goals.

This core program is augmented by participation in the Family Therapy Training Experience, the Individual Psychotherapy Training Experience, the Professional and Clinical Issues Seminars, and a monthly City Wide Seminar Series. Residents also complete a program evaluation project that is often rooted in one of their clinical rotations. In addition, residents have the opportunity to develop their supervision skills by participating in group supervision and when available, the line supervision of practicum students. Residents also attend monthly psychology discipline meetings. Attendance at hospital rounds and research seminars is highly encouraged, but optional. The table below provides an overview of the Child Clinical Psychology track.

First Rotation (September – February) / Second Rotation (March – August)		
Major rotation	Three days per week	
Minor rotation	Half day per week	
Family therapy training exercise	Three hours per week	
Individual psychotherapy experience	Four and a half hours per week	
Seminars/meetings/rounds	Four hours per week	
Program evaluation experience	Two hours per week	

### Organization of resident program- child clinical psychology track

# Child Neuropsychology Track (one position)

### Objective

The child neuropsychology track within the psychology residency program at CHEO prepares residents for the practice of clinical neuropsychology with children and adolescents. By the end of the residency, it is expected that residents will have developed the skills needed to become registered as both a child clinical psychologist and a child neuropsychologist in any jurisdiction in Canada or to move into postdoctoral training in child neuropsychology.

Organization of the training year

Residents participate in two six-month major rotations for approximately three days per week. The focus of the major rotations is on providing in-depth training in the areas of Oncology, Rehabilitation or Behavioural Neuroscience and Consultation Liaison. Residents also have the opportunity to participate in a range of ancillary activities such as attending neurology and neuroradiology grand rounds, and tumour board meetings.

- The rotation in Oncology consists of assessment of children and adolescents who are being treated or have been treated for cancer, primarily leukaemia or brain tumours. Consultation is provided to the treating team, families and occasionally, schools. This may include monitoring the effects of the disease or treatment, making recommendations for educational programming, career planning or be related to activities such as driving for those moving to the adult aftercare program. Residents attend neuro-oncology and psychosocial rounds.
- In the Rehabilitation program, residents assess and follow children and adolescents admitted for inpatient treatment of acquired brain injury, provide education to clients and their families as well as consultation to the multidisciplinary team. Ancillary activities include exposure to services provided by other health care professions such as Occupational therapy, Physiotherapy and Speech-Language Pathology. In addition, residents will typically follow clients through the inpatient phase and will continue to provide treatment and follow-up post-discharge, with the opportunity to follow one or two clients in longer – term individual psychotherapy.
- In the Mental Health Neuropsychology team rotation, residents provide comprehensive diagnostic assessment of outpatients with complex presentations involving both mental health and neuropsychological concerns. Examples include children and adolescents with seizure disorders, demyelinating disorders, genetic conditions, hydrocephalus or stroke.

This core training in neuropsychology is augmented by training in child and adolescent clinical psychology. This includes two minor rotations (1/2 day per week), one of which will usually be in Health Psychology, as well as participation in the Individual Psychotherapy Training Experience, the Family Therapy Training Experience, the Professional and Clinical Issues Seminar and the monthly City Wide Seminar Series. Residents also complete the Program Evaluation Experience; typically with a project based in neuropsychology. In addition, residents have the opportunity to develop their supervision skills by participating in group supervision and when available, the line supervision of practicum students. Residents also attend monthly psychology discipline and professional development meetings. Attendance at hospital rounds is encouraged but not compulsory. The table below provides an overview of the organization of the training activities in the Child Neuropsychology Track.



Organization of residency activities – child neuropsychology track

First Rotation (September – March) / Second Rotation (April – August)		
Major rotation	Three days per week	
Minor rotation	Half day per week	
Family therapy training exercise	Three hours per week	
Individual psychotherapy experience	Four and a half hours per week	
Seminars/meetings/rounds	Four hours per week	
Program evaluation experience	Two hours per week	

### Major rotations in the child clinical track:

The following major rotations are offered to residents in the Child Clinical Track:

- Outpatient Mental Health
- Health Psychology- Behavioural Neurosciences Consultation Liaison
- Chronic Pain Service
- Hematology/Oncology
- Eating Disorders
- Developmental and rehabilitation services
- Centre for Healthy Active Living (CHAL)

Each of these rotations is described in the section, "Clinical Emphasis within Each Major Training Rotation".

Decisions regarding the assignment of the major rotations for each resident in the Child Clinical Track are made in consultation with the resident, taking into account their specific interests and training needs. In particular, an effort is made to provide each resident with advanced skills in an area of primary interest while also allowing them to develop skills in areas where they may have had less prior experience. This ensures that the resident completes the residency with a well-rounded experience. An effort is also made to ensure that residents in the Child Clinical Track participate in one major rotation in which the focus is on assessment and one in which there is more of an emphasis on treatment. Alternately, the resident can participate in two minor rotations which the focus is in assessment and two major rotations in which the focus is in treatment.



It is important for applicants to understand that while resident preferences and training needs are always given primary consideration, however, practical administrative issues such as the number of available supervisors within a rotation can influence rotation assignment.

In each major rotation the resident is assigned a primary supervisor who assumes supervisory and administrative responsibility for that resident. Residents can also be assigned a secondary supervisor in a major rotation.

### Minor rotations in clinical child and neuropsychology tracks:

The goal of the minor rotations is to provide residents with the opportunity to round out their clinical training by gaining exposure to areas of practice outside their major rotations, or by developing a specific skill or interest. A minor rotation might consist of a specialized focus selected from a major rotations (e.g., Pain Management) or an additional clinical experience falling outside the major rotations (e.g., Step up-Step down Program). Residents in the Child Neuropsychology Track typically complete a minor rotation in clinical child Health Psychology (BNCL), to facilitate the opportunity to follow in treatment a client previously assessed during the Mental Health neuropsychology rotation. Residents complete two minor rotations during the residency year.

### Family therapy training experience:

In addition to the clinical rotations, the core program requires all residents to participate in the Family Therapy Training Experience. Residents participate in a family therapy reflecting team with the use of a one-way mirror. Residents are expected to see a minimum of one family therapy case with the team for which they function as the primary therapist. They receive group and in-vivo supervision.

### Individual psychotherapy training experience:

Each resident is provided with a long-term psychotherapy training experience outside their major rotations. Residents carry at least one long-term therapy case, and will be responsible for planning, conducting and evaluating therapy outcome and process. The supervision involves a one-way mirror and group supervision with peers and supervisor. This training focuses on clinical, theoretical and ethical issues in conducting child psychotherapy, as well as therapist and process factors.

#### Program evaluation experience:

Residents are exposed to key concepts and methods of program evaluation through both didactic and experiential components. Didactic group sessions focus on the basic aspects of program evaluation (e.g., purposes and types of evaluation, application within a health care setting). Residents are also expected to develop an individual evaluation project under the supervision of a Psychologist, with support of the Psychologist responsible for the program evaluation experience.

### Seminar series

Residents attend bi-monthly, in-house seminars on Professional and Clinical Issues specific to working with children and adolescents. Case presentations and discussion of specific clinical issues form part of the curriculum. In addition, residents participate in a City Wide Seminar Series, jointly with residents in the other local residency settings.

### Sample weekly schedule\*

Monday	Tuesday	Wednesday	Thursday	Friday
Major rotation	Major rotation	Major rotation	Family therapy experience <ul> <li>9am to 11:30am</li> </ul> In-house clinical seminars (not weekly) or monthly meetings with the residency committee <ul> <li>1:00am to 2:00pm</li> </ul> Minor rotation	<ul> <li>Individual therapy experience</li> <li>8:30am to 12:30pm</li> <li>Program evaluation project or city wide seminar</li> <li>1:30pm to 4:30pm</li> </ul>
			<ul> <li>1:00/2:00pm to 5:00pm</li> </ul>	

City wide seminars generally occur monthly. On weeks that there is no seminar, residents may work on the program evaluation project or other paperwork.

\* Please note that this schedule is an example only and is subject to change

### Supervision

Supervisors draw from many theoretical orientations including cognitive-behavioural, social learning theory, psychodynamic, developmental, systemic and strategic. Individual supervision is tailored to meet the developmental learning needs and training goals of each resident. At the beginning of a rotation, more direct forms of supervision are employed, such as co-therapy and observation of the resident's clinical activities. As residents' skills increase, they begin to function more independently, and supervision may increasingly take the form of post-session discussion of clinical cases.

In practice, residents receive an average of 3 hours of individual supervision per week in their major rotation. An individual supervision is provided through the minor rotations. Group supervision is provided through the family and individual psychotherapy training experiences. Overall, the amount of supervision that residents receive typically exceeds 4 hours per week.



# Clinical emphasis within each major training rotation

### Health psychology rotations

### Behavioural Neurosciences and Consultation Liaison Team (BNCL)

This is an interdisciplinary team consisting of professionals from psychology, psychiatry, child life and nursing. The team provides assessment, consultation and intervention to paediatric inpatients and outpatients seen in the hospital medical clinics who present with medical and mental health issues which may adversely impact their treatment or recovery. Typical referral problems seen by psychology include children coping with an acute or chronic illness, non-compliance with medical treatment, pain and stress management, trauma (e.g., burns, motor vehicle accidents), feeding problems, encopresis, sleep problems, anxiety, and behavioural and mental health difficulties secondary to neurodevelopmental conditions. The resident functions as a full member of the interdisciplinary team and gains experience with various clinical activities consisting of psycho-diagnostic assessment, consultation-liaison, and short-term individual, parent-mediated and family interventions. Opportunities also exist for the resident to participate in short-term group based interventions (e.g., groups for children with somatization, coping with chronic illness, needle phobia workshop).

### Chronic Pain Service

The Chronic Pain team is an interdisciplinary team consisting of professionals from psychology, anaesthesiology, psychiatry, nursing, physiotherapy, occupational therapy, and social work. The team provides assessment (including interdisciplinary assessment), consultation and intervention to pediatric outpatients who present with persistent pain (duration of at least 3 months) that is affecting functioning.

The rotation in chronic pain is designed to assist in the development of the resident's skills in pediatric clinical, health and rehabilitation psychology. As a member of the interdisciplinary assessment and treatment team, the resident gains experience with a variety of assessment and intervention experiences with patients and families with a wide range of presenting complaints, including Complex Regional Pain Syndrome (CRPS), musculoskeletal pain, abdominal pain, headaches, neuropathic pain, and at times, disease-related pain (e.g., sickle cell disease) as well as mental health comorbidities.

Opportunities for residents can include: leading or co-leading parent and youth group interventions, psycho-diagnostic assessment, psychosocial screening/assessment within the context of an interdisciplinary clinic assessment, and individual therapy.

### Hematology/Oncology team

The Hematology/Oncology team is an interdisciplinary team consisting of professionals from psychology, social work, child life, medicine, nursing, and pharmacy. The psychologist on the team provides assessment, consultation, and intervention to patients and families diagnosed with hematological (e.g., sickle cell disease, hemophilia) and oncological (e.g., acute lymphoblastic leukemia, brain tumours) illnesses. Services are provided to inpatients and outpatients. Common types of referrals focus on adjustment and coping with illness and its treatment, pain management, treatment compliance, the process of grieving, and mental health problems associated with the impact of chronic and/or terminal illness.



Opportunities for residents can include: psychological assessment, consultation, and intervention with patients and families aged 0-18 years, interdisciplinary consultation, participation in rounds and case management, liaising with community partners (e.g., schools, community providers, etc.), and possible group intervention. This rotation is designed to develop the resident's skills in clinical and health psychology.

### **Eating disorders rotation**

This rotation is designed to develop residents' skills in working with patients with eating disorders, a specialized area within pediatric clinical and health psychology. The rotation is organized around the Regional Eating Disorders Program for Children and Adolescents. The program's multidisciplinary team provides services along a continuum of care including an inpatient unit, day treatment program, and outpatient services. Psychologists are primarily involved in the day treatment and outpatient services. Services are provided to children and adolescents aged 10 to 18 years with a diagnosis of an eating disorder. Most individuals also struggle with co-morbid diagnoses, such as depression, anxiety or obsessive-compulsive disorder.

This rotation mainly offers opportunities in treatment. It may also be possible for the resident to observe or participate in interdisciplinary team assessments. The resident may provide intake assessments and individual/family therapy to day patients or outpatients, as well as co-lead group therapy and conduct meal support in the day treatment program. Treatment modalities include: Family-Based Therapy, Dialectical Behaviour Therapy, Cognitive Behavioural Therapy and Emotion-Focused Family Therapy. Finally, the resident gains experience functioning as a full member of the interdisciplinary team and collaborating with other professionals in treatment planning and monitoring.

### **Neuropsychology rotation**

This description applies to the minor rotation for residents in the Child Clinical Track. Residents in the Child Neuropsychology track take the major rotation as described in the section "Organization of Training Activities".

This rotation focuses on providing clinical diagnostic services to children and adolescents who present with medical conditions or a number of risk factors that are known to be associated with neuropsychological dysfunction. Examples of patients seen in this rotation include individuals with seizure disorders, traumatic brain injury, brain tumors, demyelinating disorders, cancer and immune system disorders, hydrocephalus or stroke. Comprehensive assessments of attention, memory, intelligence, learning, motor and perceptual functioning, executive functioning and academic achievement as well as socioemotional health are conducted. Consultation to families and professionals is provided regarding specific interventions (e.g. cognitive, academic, and/or behavioural). Residents may obtain experience with single or diverse populations, depending on their interests and backgrounds. Residents in this rotation have the opportunity to participate in the interdisciplinary teams. There is also the possibility for short-term intervention experience within the rehabilitation unit.

## **Outpatient mental health rotation**

The CHEO Outpatient Mental Health service is located a short drive from the hospital on Montreal Road. The service uses the Choice and Partnership Approach (CAPA) model of mental health services.

Tertiary care services are provided to children and adolescents who are referred for a range of presenting problems including mood and/or anxiety problems, ADHD and behavioural difficulties. The Outpatient Mental Health Services includes health professionals in psychology, occupational therapy, social work, psychiatry, and paediatrics.

Psychologists in the clinic conduct choice appointments as well as core and specific partnerships for diagnostic assessment, individual and family therapy. The clinic also offers a number of group therapy interventions including dialectical behaviour therapy (DBT) groups for adolescents and parents, cognitive behaviour therapy (CBT) groups for parents of anxious children and youth, and collaborative problem-solving (CPS) groups for parents. Residents who are involved in co-facilitating DBT groups are expected to participate in weekly DBT consultation team meetings and also have the option of following an individual DBT case.

The outpatient clinic also provides short-term (rapid response) services to children and youth who present to the CHEO Emergency Department in crisis, but not meeting criteria for hospital admission. Children and youth requiring urgent (but not immediate) mental health services are also referred by pediatricians, family doctors, emergency department medical staff at regional hospitals, and school board social workers/psychologists. Assessments within this activity are brief and focus on diagnostic clarification and identification of strengths and resources. The psychologist provides short-term follow-up and routinely liaises with other mental health professionals and school personnel to assist with appropriate follow-up, as required.

Residents participate in all aspects of the services provided to outpatients and are expected to function as full members of the outpatient team.

### **Development and Rehabilitation rotation- Children's Treatment Centre**

The Children's Treatment Centre (CTC) offers a focus in Child Development and/or pediatric rehabilitation depending on the resident's training needs and interests.

The Child Development focus is designed to develop residents' skills in developmental/diagnostic assessment and intervention within the population of children presenting with significant cognitive, adaptive and behavioural challenges indicative of developmental disabilities and/or an autism spectrum disorder (ASD). The psychological assessment of a child's intellectual functioning and adaptive behaviour comprises an integral part of the initial assessment for children, who primarily range in age from 3 to 6 years. School-aged children and youth are also seen for a psychological assessment upon query of an ASD diagnosis.

The Pediatric Rehabilitation focus is designed to develop residents' knowledge and skills in assessment and intervention with children and adolescents with complex physical disabilities, as well as associated developmental and behavioural needs. Many have cerebral palsy, spina bifida, and/or other neuromuscular impairments. The resident learns to conduct a developmental or psycho-educational assessment which specifically addresses the needs of children with physical disabilities, develops skills in behavioural consultation and management, becomes knowledgeable about community resources, and



develops an appreciation of the impact of physical disabilities on child development and family dynamics. Psychology staff work closely with families, team members and community providers (day care staff, community therapists, school personnel, etc.) to ensure successful integration of the children with physical disabilities. The resident is also involved with a specialized school program for children with physical impairments. The primary goal of this program is to optimize independence within the client's abilities.

Experience in both child development and pediatric rehabilitation is possible, depending on the resident's learning objectives. Further opportunities include short-term individual intervention and supervision of a practicum student.

### Centre for Healthy Active Living (CHAL) rotation

This program is located a short drive from the hospital at 1355 Bank Street, Ottawa. The rotation is designed to develop residents' skills in the assessment and intervention of severe pediatric obesity. The goals of the program are to provide interventions aimed at improving health behaviours, quality of life, and psychological and medical co-morbidities. Assessment and intervention follow an interdisciplinary team approach including working with psychologists, endocrinologist, dietitian, exercise specialist, social worker, child and youth worker, and a nurse. Services include comprehensive half-day team assessments, family-based groups, individual, parent and family treatment.

The resident functions as a member of the assessment and treatment team. The resident gains experience with a variety of assessment and intervention experiences, working with allied health professionals, as well as families. CHAL supports a scientist-practitioner model and is actively engaged in both program evaluation and research activities.

### Additional clinical teams suitable for minor rotations

Psychology is also involved in several other interdisciplinary clinical teams. Although major rotations are not offered on these teams, it is possible for a resident to complete a minor rotation in one of these areas. Additionally, some major rotations may also be offered as minor rotations (Eating Disorders, CPS, Hematology-Oncology, CHAL, BNCL-Health).

### **Rehabilitation team**

This team provides rehabilitation services to medically stable inpatients and outpatients. The team consists of professionals from medicine, psychology, nursing, occupational therapy, physiotherapy, speech language pathology, social work, child life, pastoral care and clinical nutrition. The primary goal of the Rehabilitation Team is to help individuals reach their optimal potential for independent living and social integration following a traumatic brain injury or other condition that has had a significant impact on central nervous system functioning. Psychology services within this team include neuropsychological assessment, individual therapy, family education, school consultation and research with inpatients as well as outpatients post-discharge. There are weekly rounds for case discussions, at which residents have the opportunity to present cases.



### **Neonatal Follow-Up team**

The NNFU team is an interdisciplinary team with professionals from psychology, medicine, nursing, and physiotherapy. The team follows children (birth through 4 years of age) born with various medical conditions, including premature or low birth weight, that increase the risk for developmental difficulties.

The minor rotation in NNFU is designed to assist in the development of the resident's skills in pediatric health and psychological/developmental assessment. Opportunities for residents can include conducting intellectual, pre-academic, adaptive behaviour, and behavioural assessments with young children with neurodevelopmental and/or medical conditions affecting cognitive and behavioural development. There is also opportunity for the resident to be involved in short-term parent consultation/intervention.

### Step Up-Step Down (SUSD) program

The Step Up-Step Down (SUSD) program provides voluntary live-in treatment (up to 30 days) for youth with complex mental health issues and is located a short drive from the hospital at 1199 Carling Avenue, Ottawa. Youth either *step up* from community-based services or *step down* from a hospital inpatient admission. The program is highly structured with a daily routine, school and group programing. The rotation will provide exposure to an interdisciplinary team, including youth worker, nurses, a psychotherapist, occupational therapist, teacher, psychiatrist, and psychologist. The psychologist on this team primarily provides clinical consultation, specialized assessments (e.g., diagnostic clarification, personality assessment), psychotherapy (e.g., ERP for OCD) and family intervention.

In this rotation, the resident will function as a member of the SUSD interdisciplinary team. The resident will gain experience with a variety of specialized assessment and intervention experiences with youth and families under the supervision of the team psychologist.

### Research opportunities within the residency program

Psychologists at CHEO are active in independent and collaborative research activities, many of which are supported by the major funding agencies.

Residents can become involved in research in a number of ways during the year. They are required to attend and participate in the series of research seminars organized by the Mental Health Patient Service Unit. These seminars provide the opportunity to learn about ongoing research projects as well as contribute their expertise to others who are developing research projects. Residents are expected to present their own research projects or ideas (typically their thesis research) at this forum at least once during the year. Residents also complete a program evaluation project, typically linked to one of their clinical rotations.

#### **Residency specifications**

Residency year: September 1 to August 31

Number of positions: Four full-time (three in Child Clinical Track, one in pediatric neuropsychology track)

Stipend: \$41769

Vacation: Three weeks paid vacation



Statutory holidays: Paid

Sick leave: Up to five paid days per annum

Professional development leave: Up to five days per annum

Information regarding dates (i.e., deadline for receipt of applications and date of notification regarding interviews) is available in the APPIC Directory entry for the residency.

# Qualifications

### Required

- For the child psychology track: enrolled in a CPA or APA accredited Ph.D. clinical psychology program.
- For the child neuropsychology track: enrolled in a CPA or APA accredited Ph.D. clinical psychology program or clinical neuropsychology program.
- Canadian citizen or eligible to work in Canada. We require applicants to be either Canadian citizens, Canadian permanent residents, or have a residence permit allowing them to work in Canada (typically permission to complete residency because it is a required to obtain a degree). Immigration requirements mean that we first offer positions to Canadian citizens, Canadian permanent residents, or those with a residence permit allowing them to work in Canada. Applicants must have the right to work in Canada at the time of application.
- At least one graduate half course (three credits/one term) in each of the following areas:
  - o Child assessment
  - Child psychopathology
  - o Development
  - o Intervention with or appropriate for children and adolescents
- Applicants to the Child Neuropsychology Track are also required to have one graduate half course in each of neuropsychological assessment and clinical neuropsychology and to have had formal training in neuroanatomy.
- A minimum of 600 practicum hours of which at least 300 were spent in direct client contact. In addition, the 600 practicum hours should be comprised of at least 300 on-site hours of assessment and at least 300 hours of on-site intervention.
- At least two practicum placements with children or adolescents. For applicants to the child neuropsychology track, at least one of these placements must have been in child neuropsychology.
- Successful candidates will be required to obtain a police record check (at their own expense) prior to the start of the residency year and to provide proof that they hold professional liability insurance.
- Completion of all academic course work, including comprehensive exams and defense of dissertation proposal at the time of application is required.
- Please note we require proof of COVID-19 vaccination.

# **Strongly preferred**

• Dissertation submitted prior to the beginning of the residency

Of particular importance in the selection process is the fit between an applicant's interests and goals and our program's model of training. In selecting our residents we consider a number of factors, including academic background, relevant clinical experience, research experience and progress on the dissertation. We especially welcome applications from candidates who are sufficiently bilingual to provide services in French. Candidates are considered to be bilingual if they have indicated on their AAPI application that they are bilingual (French-English). A part of the interview with these candidates is conducted in French. These candidates are also awarded an additional point in the final ranking.

Candidates are encouraged to refer to the Canadian Council of Professional Psychology Program (CCPPP) website that has useful resources for students preparing for residency <u>CCPPP student resources</u>.

# Application process

# **Application documents**

We use the application processes outlined by APPIC Application for Psychology Residency (AAPI). Applicants should not include any sample reports or other clinical material.

The internal record (e.g., evaluations, supervisors' opinions) of applicants who have previously trained at CHEO may be reviewed by the Residency Committee as part of the selection process. We may also contact any reference sources provided in the AAPI or the Director of Training of applicants' doctoral program.

With reference to the required graduate courses described in the previous section, <u>if a course contains</u> <u>the required content but this is not reflected in the course title, please draw attention to this in your</u> <u>cover letter, giving a brief description of the course and citing its number and name as it appears on</u> <u>the transcript.</u> This occurs most frequently with courses in developmental psychology, which can have a variety of names but still contain the necessary content.

# **Application process**

Application and acceptance procedures follow the Association of Psychology Residency Centers' (APPIC) guidelines. Our residency setting participates in the APPIC Residency Matching Program and candidates must register for the Matching Program in order to be eligible to match to our site. Information about the Matching Program is available on the APPIC website at <a href="http://www.appic.org">www.appic.org</a>.

The residency program abides by the APPIC policy. Accordingly, no person at this training facility will solicit, accept, or use any ranking-related information from any resident applicant.

In accordance with federal privacy legislation (Personal Information Protection and Electronics Documents Act – <u>http://laws-lois.justice.gc.ca/eng/acts/P-8.6/</u>) applicants should be aware that we are committed to collecting only the information that is required to process applications. This information is secured in the Psychology offices at the Children's Hospital of Eastern Ontario and is shared only with individuals involved in the evaluation of residency applications. The personal information of applicants who are not matched with our program is destroyed once the match process has been completed, in accordance with CCPPP guidelines. For applicants matched to our program, personal information is available only to those involved in their supervision and training, including their supervisors, the Director



of Training in Psychology, the Professional Practice Leader in Psychology and relevant administrative and support staff.

### Address of accrediting body

CPA Accreditation Panel 141 Laurier Ave. West, Suite 702 Ottawa, Ontario. K1P 5J3 Telephone: 613 237 2144

### **Selection process**

We generally receive between 45 and 60 applications each year. Following initial screening to ensure that each applicant has completed the required coursework, applications are reviewed in a two stage process. First, two members of the Residency Committee review the online application of each candidate and rate it according to pre-determined criteria. Second, based on these ratings, approximately 23-25 candidates are invited to an interview.

Interviews are conducted virtually. Our interviews are generally held on two days in January; dates set in accordance with the informal agreement amongst Canadian residency program. Each candidate is interviewed by a two psychologists. The candidate is also invited to a confidential meeting with a current resident (*no information about this meeting is solicited or accepted by the Residency Committee*), a virtual tour of the hospital, and virtual meeting with psychologist supervisors, the Professional Leader in Psychology and the Director of Training in Psychology.

In accordance with APPIC guidelines, we do not solicit or accept any information from candidates about their ranking choices. Following the interview, we do not contact candidates, although the Director of Training will respond to questions about the training program which have not already been addressed.

Please email all enquiries to:

Dr. Carole Gentile, Ph.D., C. Psych. Director of Training in Psychology CHEO 401 Smyth Road Ottawa, Ontario. L1H 8L1 cgentile@cheo.on.ca



# Registered psychologists in the residency program

### Jeanelle Ali

- Psychologist, Behavioural Neuroscience Consultation Liaison
- University of Memphis, Ph.D. 2018
- Clinical Focus: Assessment and treatment of children and adolescents with a range of medical conditions
- Research Interests: Neurocognitive functioning among children with CNS tumors and sickle cell disease

### Peter Anderson

- Neuropsychologist, Mental Health Neuropsychology Team
- University of Windsor, Ph.D. 1997
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa; Adjunct Professor, University of Windsor.
- Clinical Focus: Neuropsychological assessment of children and adolescents with known or suspected central nervous system dysfunction.
- Scholarly or research interests: Behavioural and neuropsychological correlates of a variety of disorders of the central nervous system dysfunction in children and adolescents; (e.g., concussion, anti-NDMA receptor encephalitis); assessing the efficacy of neuropsychological assessments and recommendations completed in a clinical context (i.e., program evaluation).

### Lindsey Barrieau

- Psychologist, Children's Treatment Centre
- Concordia University, Ph.D. 2014
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Assessment and intervention for youth with chronic disorders, psychological & cognitive assessment, clinical, health & developmental psychology
- Scholarly or research interests: Psychosocial and developmental factors associated with chronic illness and developmental disorders, childhood risk & resiliency, program development & evaluation

# Alicia Bartlett

- Clinical Neuropsychologist, Neuropsychology Mental Health Team
- University of Windsor, 2023



- Clinical Focus: The assessment and treatment of children and adolescents with a range of medical, cognitive, and emotional disorders
- Scholarly or research Interests: memory development (e.g., the role of engagement and selfrelevance on learning and memory), construct validity of neuropsychological tests.Concordia University, Ph.D. 2014

# Christine Beauregard

- Clinical Neuropsychologist, Oncology
- University of Ottawa, Ph.D. 2002
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa.
- Clinical Focus: Neuropsychological assessment in paediatric oncology. School reintegration and psychosocial adjustment following central nervous system disease or insult among children and youth.
- Scholarly or research interests: Impact of cancer treatment on cognitive functioning and adjustment in paediatric oncology

# Annick Buchholz

- Psychologist, Lead, Outcomes Management and Research, Centre for Healthy Active Living
- Concordia University, Ph.D. 1998
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa. Adjunct Research Professor, Department of Psychology, Carleton University
- Clinical Focus: Assessment and treatment of children and youth with severe obesity: interdisciplinary family-based assessments; family-based group treatment; youth and parent treatment groups.
- Scholarly or research interests: Psychosocial risk factors related to poor body image and disordered eating in youth; Clinical outcome studies; Prevention of obesity and eating disorders.

# Laurie Clark

- Psychologist, Centre for Healthy Active Living & Metabolic Disorders, Supervisor for Program Evaluation Experience
- University of Ottawa, Ph.D. 2010
- Clinical Focus: Assessment and treatment of children and youth with complex obesity; groupbased interventions for complex obesity (youth and parent treatment groups); binge eating disorder; psychosocial assessment, cognitive assessment and treatment of children, youth and adults with metabolic disorders.
- Scholarly or research interests: Psychosocial determinants of body image in children and youth; pubertal development; the treatment and prevention of obesity.



### Janice Cohen

- Psychologist, Clinical Lead, Behavioural Neurosciences and Consultation Liaison Team
- University of Waterloo, Ph.D. 1990
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa.
- Clinical Focus: Pediatric health psychology, somatization disorders, pediatric chronic illness, child and adolescent psychopathology, medical trauma.
- Scholarly or research interests: Program evaluation and outcomes management in the provision of integrated physical and mental health care, adjustment to chronic medical conditions, assessment and intervention for pediatric somatization, pediatric chronic pain training issues.

### Alison Farrell-Reeves

- Psychologist, Eating Disorders Program
- McGill University, Ph.D., 2023
- Clinical focus: Assessment and treatment of eating disorders
- Scholarly or research interests: The role of friendships in youths' emotional and social wellbeing; psychosocial risk factors of mood and anxiety disorders

### Carole Gentile

- Psychologist, Outpatient Mental Health Service & Training Director
- University of Ottawa, Ph.D. 1995
- Clinical Focus: Anxiety and mood disorders among children and teens, parent-child relational problems
- Scholarly or research interests: Anxiety & parenting

### Anna Goss

- Psychologist, Children's Treatment Centre
- McGill University, Ph.D. 2013
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Assessment of children with autism spectrum disorders, with the purpose of monitoring response to intervention and assisting in treatment planning; clinical supervision; diagnostic assessment for autism spectrum disorder and developmental disorders; community psychoeducation.
- Scholarly or research interests: ASD, intellectual disability, outcomes research.

### Stephanie Greenham

- Professional Practice Leader for the discipline of Psychology
- Psychologist and Lead for Outcomes Management & Research, Inpatient Mental Health
- University of Ottawa, Ph.D. 1999



- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa: Adjunct Professor, Dept. of Psychology, Carleton University
- Clinical Focus: Child and Adolescent psychopathology, (depression, anxiety, OCD, PTSD, psychosis, ADHD, and disruptive behaviour disorders); Implementing an outcomes management approach to inpatient psychiatric services
- Scholarly or research interests: Mental health services research, outcomes of psychiatric hospitalization such as predictors of readmission; Clinical determinants of suicide risk. Sleep disturbance and adolescent mental health

### Jane Heintz-Grove

- Psychologist, Children's Treatment Centre
- University of Toronto, Ph.D. 2000
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa.
- Clinical Focus: Intellectual Disabilities, Autism Spectrum Disorders, Language Disorders.
- Scholarly or research interests: Early screening, identification and intervention with children who present with developmental differences.

### Andrea Jane Hickey

- Clinical Neuropsychologist, Oncology
- University of Ottawa, Ph.D. 2018
- Clinical Focus: Clinical and Neuropsychology
- Scholarly or research interests: Child welfare, academic skill development, program evaluation

### Anne-Lise Holaham

- Neuropsychologist, Mental Health Neuropsychology Team
- McGill University, Ph.D. 2004
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Neuropsychological assessment of children and adolescents with known/suspected central nervous system dysfunction; Developmental assessments of infants and children born prematurely; Paediatric health psychology, using a cognitive behavioural approach; mental health promotion.
- Scholarly or research interests: Behavioural, emotional and neuropsychological correlates of various paediatric disorders; Evidence-based treatments for paediatric mental health issues. Psychosocial needs of families of children born prematurely

### Marieve Hurtubise

- Psychologist, School Day Treatment Program
- University of Ottawa, Ph.D., 2013



- Clinical Focus: Evidence-based assessments (psycho-educational and diagnostic) and intervention (individual, group) using CBT, EFT, DBT, MI and ACT. Clinical focus includes trauma focused interventions and CBIT (comprehensive behavioural intervention for Tics).
- Scholarly or research interests: Program development and evaluation.

# Emily Marie Johnson

- Psychologist, Hematology and Oncology Program
- University of Windsor, Ph.D., 2019
- Clinical Focus: Psychodiagnostic assessment of mental health difficulties in pediatric patients with oncology and blood disorders; intervention with patients to address psychological adjustment, traumatic stress, mood or anxiety disorders (etc.) in the context of medical illness; interdisciplinary collaboration and consultation
- Scholarly Interests: Help-seeking behaviour; anxiety disorders; pediatric medical traumatic stress; ethics

### Allison Kennedy

- Psychologist, Team lead for Step-Up/Step-Down Program
- University of Waterloo, Ph.D., 1995
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa.
- Clinical Focus: Adolescent psychopathology, crisis intervention, service coordination and liaison.
- Scholarly or research interests: Pediatric emergency mental health services; Adolescent suicidal behaviour.

# Simone Kortstee

- Clinical Neuropsychologist, Project ECHO
- University of Windsor, PhD. 1998
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Neuropsychological assessments of children and adolescents with learning, behavioural, and socioemotional problems that may be related to central nervous system dysfunction.
- Scholarly or research interests: Program evaluation, assessing and examining the cognitive, academic, social, emotional, and behavioural effects of various genetic disorders, neurobiology of attachment.

# Darquise Laflamme

- Psychologist, Children's Treatment Centre
- Université du Québec à Montréal, Ph.D., 2001
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa



- Clinical Focus: Autism Spectrum Disorders, Developmental Disabilities, Language Disorders, Learning Disabilities, and ADHD
- Scholarly or research interests: Early identification of children with autism and developmental delays; Program evaluation

### Ioana Lazarovici

- Psychologist, Children's Treatment Centre
- Université de Sherbrooke, Dipl.Psych. 2012
- Clinical Focus: Autism spectrum disorder, developmental disabilities, attachment disorder, and differential diagnosis
- Scholarly or research interests: program evaluation, effectiveness of intensive behavioural intervention (IBI), parent-mediated early intervention for children with ASD

### Marie-Josée Lefaivre

- Psychologist, Behavioural Neurosciences and Consultation Liaison Team
- Dalhousie University, Ph.D., 2009
- Clinical Focus: paediatric health psychology (e.g. non-compliance with medical interventions, treatment adherence issues, procedural anxiety, adjustment to medical diagnosis or treatment, coping with hospitalization, pain management, feeding issues) and anxiety.
- Scholarly or research interests: needle fears, CBT and behavioural interventions, health behaviours, ethics.

### Maude Lambert

- Child Clinical Psychologist and Neuropsychologist, Development & Rehabilitation department
- University of Ottawa, Ph.D., 2022
- Clinical Focus: Neuropsychological assessments within the brain injury population as well as within the Fetal Alcohol Spectrum Disorder (FASD) Clinic
- Scholarly or research interests: Traumatic brain injury, concussion, neuropsychological disorders

### Lewis Leikin

- Psychologist, Mental Health program, Supervisor, Individual psychotherapy program
- University of Ottawa, Ph.D., 1986
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Psychotherapy with children and adolescents, health psychology, anxiety and mood disorders, developmental psychopathology.
- Scholarly or research interests: Psychotherapy effectiveness. Treatment outcome research.



## Stephanie Leon

- Child Clinical Psychologist and Neuropsychologist
- University of Ottawa, PhD., 2018
- Clinical Focus: assessment and treatment of children and adolescents with a range of medical, cognitive, and emotional disorders
- Scholarly or research interests: mental health access and utilization, neuropsychological disorders, epilepsy, genetic disorders.

### Sasha MacNeil

- Psychologist (supervised practice), Gender diversity clinic
- Concordia University, Ph.D., 2023
- Clinical Focus: Assessment and intervention with children and adolescents receiving genderaffirming care.
- Scholarly or research interests: Psychotherapy effectiveness. Treatment outcome research.

### Danijiela Maras

- Psychologist, Behavioural Neurosciences & Consultation Team
- University of Ottawa, Ph.D. 2023
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa.
- Clinical focus: Pediatric health psychology (e.g. non-compliance/treatment adherence, procedure anxiety, adjustment to medical diagnosis or treatment, coping with hospitalization, pain management), functional neurological disorders/somatization, feeding and eating disorders (e.g., rumination syndrome, ARFID). Psychodiagnostic assessments. Individual, family, and group psychotherapy.
- Scholarly & Research interests: The intersection between mental and physical health, attachment theory, group process, program evaluation.

### Kojo Mintah

- Psychologist, Mental health neuropsychology
- York University Clinical-Developmental Psychology, Neuropsychology Stream, Ph.D., 2021
- Clinical focus: Assessments for Epilepsy Monitoring Unit
- Scholarly or research interests: Executive and social functional sequelae of neurodevelopmental and neurological conditions

### Clairneige Motzoi

- Psychologist, Outpatient Mental Health Service
- Concordia University, Ph.D., 2011



- Clinical Focus: Assessment and treatment of children and adolescents with ADHD, disruptive behaviour disorders, mood and anxiety disorders; diagnostic assessment; individual, group, and family therapy; attachment-based therapy.
- Scholarly or research interests: Research in attachment and parenting, conflict resolution, evaluation of treatments for ADHD, Conversion Disorder, and Reactive Attachment Disorder.

# **Corien Peeters**

- Psychologist, Chronic Pain Service
- University of Ottawa, Ph.D., 2008
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Assessment and treatment of children and adolescents with eating disorders; group, family-based, and individual psychotherapy; assessment and treatment of eating disorders and co-morbid mental and physical health conditions
- Scholarly or research interests: risk factors/vulnerability to relapse in eating disorders, examining the role of mindfulness-based strategies in the treatment of relapse, program development and evaluation, and gender differences in eating disorders

# Elizabeth Quon

- Psychologist, Eating Disorders Program
- Concordia University, Ph.D., 2014
- Clinical Focus: Eating disorders
- Scholarly or research interests: Treatment of atypical anorexia nervosa; sleep issues in youth

# Lucie Roberge

- Psychologist, Children's Treatment Centre
- Université du Québec à Montréal, Ph.D., 1999
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Psychological assessment and intervention for children and adolescents with developmental and physical disabilities, learning difficulties and problematic behavior.
- Scholarly or research interests: Applied behaviour analysis of behavioural challenges in children and adults with developmental disorders.

# Susan Rosenkranz

- Psychologist, Eating Disorders Program
- York University, Ph.D. 2013
- Academic Appointment: Assistant Professor, Department of Psychiatry, University of Toronto; External Collaborator Scientist, Centre for Addiction and Mental Health
- Clinical Focus: Assessment and treatment of eating disorders and comorbid conditions

• Scholarly or research interests: Clinical complexity and treatment matching for youth

## Héloïse Sirois-Leclerc

- Psychologist, Hematology/Oncology Program
- University of Ottawa, Ph.D. 2017
- Clinical Focus: Psychodiagnostic assessment of mental health difficulties in pediatric patients with oncology and blood disorders, intervention with patients and families to address psychological adjustment, traumatic stress, mood or anxiety disorders (etc.) in context of medical illness, interdisciplinary collaboration and consultation

### Melissa Vloet

- Psychologist, Outpatient Services; Supervisor, Family Therapy Experience
- University of Ottawa, Ph.D., 2014
- Academic Appointment: Clinical Professor, School of Psychology, University of Ottawa
- Clinical Focus: Paediatric health psychology (e.g. non-compliance and treatment adherence issues, procedure anxiety, adjustment to medical diagnosis or treatment, coping with hospitalization, pain management), chronic pain, and eating disorders. Psychodiagnostic assessments, group psychotherapy and psychoeducation, family therapy (EFFT, CBT) and individual therapy (CBT, ACT, DBT).
- Scholarly or research interests: Health Policy Research; Psychosocial Genetics; Program Evaluation; Mental Health Transitions from Pediatric to Adult Systems of Care; Youth Homelessness.

# Gina Webster

- Psychologist, Children's Treatment Centre
- University of Guelph, Ph.D., 2005
- Clinical Focus: Autism Spectrum Disorder, Developmental Disabilities, Tourette's Disorder, Anxiety Disorders.
- Scholarly or research interests: Early identification and intervention strategies related to autism spectrum disorder; program evaluation, stress and coping related to parenting children with developmental differences; childhood anxiety.