

Young Minds Partnership  
Annual Report Card  
**2016/17**

Expert care and research *for healthy*  
**YOUNG MINDS**



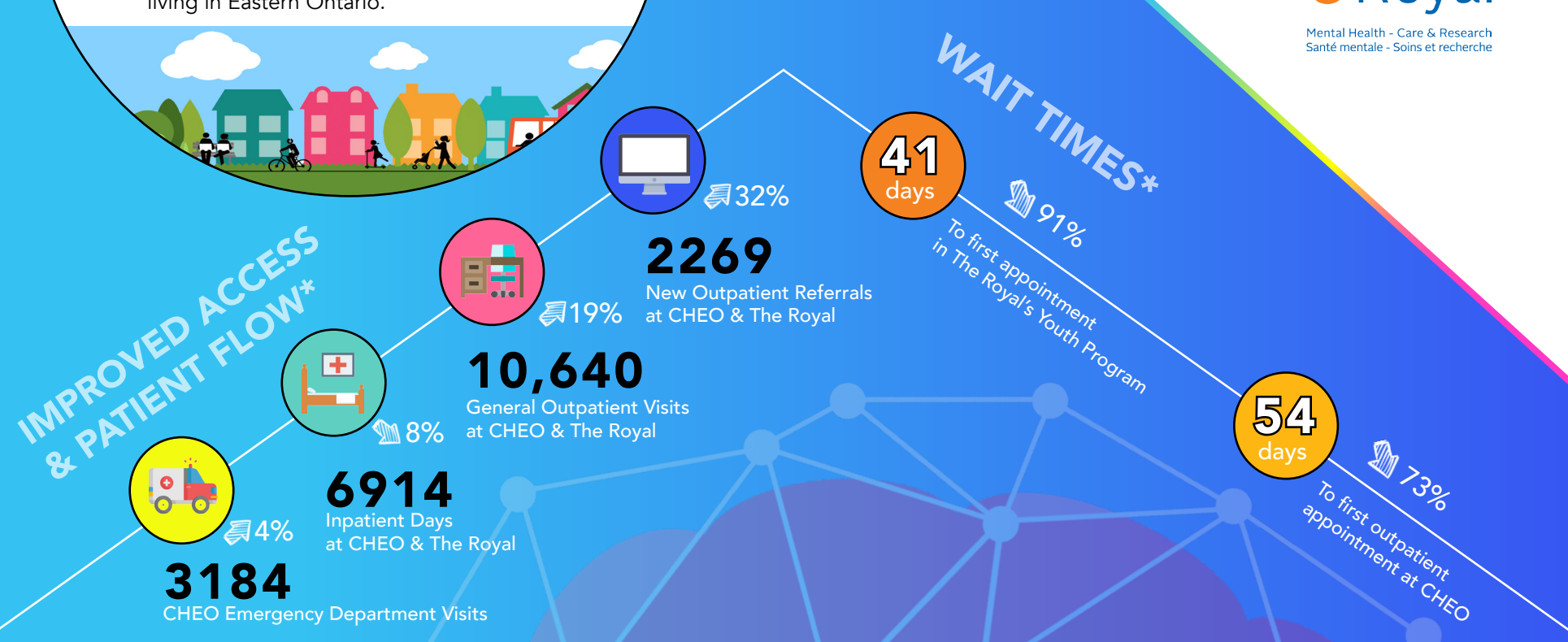
Transforming lives,  
one young mind at a time.

**Mission**

Through research, training and collaboration we will create specialized psychiatric and mental health services that improve the overall health of children, youth and their families living in Eastern Ontario.



Mental Health - Care & Research  
Santé mentale - Soins et recherche



**OUR SERVICES**

**CHEO (0-18 years old)**

- Acute Inpatient Care
- Emergency Care
- Urgent Care
- Eating Disorder Program
- Medical/Surgical Consultation
- Specialized Outpatient Care for moderate to severe mental illness
- School-based Child and Adolescent Day Treatment Programs

**The Royal (16-18 years old)**

- Specialized Inpatient Care for severe/complex mental illness
- Partial Hospitalization Program
- Specialized Outpatient Care for moderate to severe mental illness
- School-based Adolescent Day Treatment

\* Data are compared to **2014/15** (before Choice and Partnership Approach)

## TELEMEDICINE

128 consultations with transitional youth by psychiatrists at The Royal

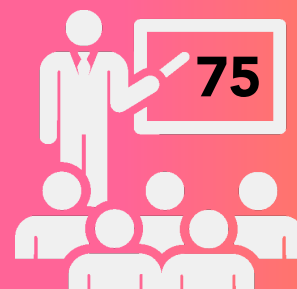
"THE DOCTOR HELPED ME GET BACK ON TRACK."

Transitional Youth telemedicine patient (Sept. 2017)

5



Agencies provided with clinical and outreach support.



Primary care providers have received child and youth mental health training through CHEO'S Project **ECHO**.

"This was tremendous! It far exceeded my expectations!"

Dr. Kirsty Locke  
Family Physician  
North Bay, Ontario

Young Minds is helping to increase regional capacity of the Choice and Partnership Approach (CAPA) by collaborating with community agencies.

REACHING BEYOND

OUR WALLS

## PATIENT SATISFACTION



"The services I received have helped me deal more effectively with my life's challenges."

## ADDRESSING COMPLEX ISSUES WITH YOUNG PATIENTS

The Royal has introduced a **day program** for youth who have experienced a first episode of psychosis – this early intervention can lead to recovery.

**233** HEAD TO TOE assessments

Screening all youth admitted to CHEO for suicidal thoughts means we can catch problems early and intervene.



**70%** of young people seen at The Royal for mental health issues are also using drugs.

**2018:**

Training for Young Minds Partnership staff to enhance support for clients with addiction problems including Motivational Interviewing treatment techniques.

## CLIENT & FAMILY

## ENGAGEMENT

### 7 FAMILY FOCUS GROUPS

[ conducted by The Royal - Youth Inpatient Unit and Youth Partial Hospitalization ]

Through focus groups and online questionnaires, 24 youth and 20 caregivers provided feedback to The Royal.

Overall, they had a **positive** view of The Royal's youth program and provided constructive ideas for improvement.

### STAFF HAVE ALREADY BEGUN TO MAKE CHANGES BASED ON THE FEEDBACK:

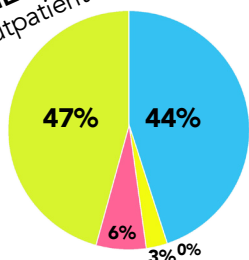


New orientation format and materials for Youth Partial Hospitalization Unit.

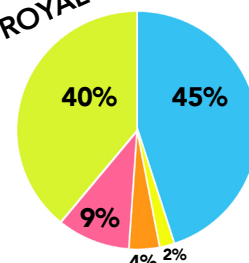


White boards in patient rooms to facilitate communication between staff, patients and families.

CHEO outpatients



THE ROYAL



■ strongly agree  
■ agree  
■ disagree  
■ strongly disagree  
■ N/A

Source: Ontario Perception of Care Tool for Mental Health & Addictions

## TRENDS

### CAPA

FISCAL YEAR	12/13	13/14	14/15	15/16	16/17	% change from 14/15
CHEO Emergency Visits	2900	3162	3073	2792	3184	+4%
CHEO Inpatient Days	5525	5626	4669	4032	4176	-11%
CHEO Outpatient Referrals	1828	1619	1471	1479	1834	+25%
CHEO Outpatient Visits	7462	7198	8309	8915	9340	+12%
The Royal Inpatient Days (ages 16-18)	2489	2693	2810	2868	2738	-3%
The Royal Outpatient Referrals (ages 16-18)	254	261	251	334	435	+73%
The Royal Outpatient Visits	298	242	597	1425	1300	+118%