

Attention Deficit Hyperactivity Disorder (ADHD) Troubles d'hyperactivité avec déficit de l'Attention (THADA)

Books / livres

The ADD & ADHD answer book / Ashley, Susan.

Naperville, IL: Sourcebooks Inc., 2005.

FAM RJ 506 .H9 A327 2005

This is a reassuring, authoritative reference for you and your family, providing sound advice and immediate answers to your most pressing questions. The book also includes questionnaires and checklists to help you get the most out of your child's evaluation.

ADHD: a complete and authoritative guide

[Elk Grove Village, IL] American Academy of Pediatrics, 2004.

FAM RJ 506 .H9 A34 2004

Based on the American Academy of Pediatrics' own clinical practice guidelines for ADHD and written in clear, accessible language, this book answers common questions, addresses behaviors associated with the teenage years and what schools can do to support children with the condition. ADHD management strategies that balance the roles of behavior therapy, medications, and parenting techniques are suggested.

ADHD: the facts

Oxford: Oxford University Press, 2009.

FAM RJ 506 .H9 S448 2009

This book is intended to educate any interested party about ADHD. Both medical and non-medical persons will find it easy to understand. It is a very informative work written by a developmental pediatrician.

ADHD: what every parent needs to know

Elk Grove, IL: American Academy of Pediatrics, 2011.

FAM RJ 506.H9 .A336 2011

This guide to attention deficit/hyperactivity disorder (ADHD) offers parents balanced, reassuring, and authoritative information to help them understand and manage this challenging and often misunderstood condition. It answers the common questions: How is ADHD diagnosed? What are today's best treatment options, and will my child outgrow ADHD?

All about attention deficit disorder: symptoms, diagnosis and treatment: children and adults [DVD] / Phelan, Thomas W.

Glen Ellyn, IL: Child Management Inc., 2005.

FAM RJ 506 .H9 P44 2005

This comprehensive resource give parents, teachers, pediatricians and mental health professionals the facts and resources they need to effectively deal with ADD. This program provides a thorough description of the symptoms, diagnosis and treatment of ADD.

All dogs have ADHD / Hoopman, Kathy.

London; Philadelphia: Jessica Kingsley Publishers, 2009.

FAM RJ 506 .H9 H65 2009

Contains pictures of dogs in usual and unusual positions help illustrate how the behaviours of people with attention-deficit hyperactivity disorder are similar to those of dogs.

Annie's plan: taking charge of schoolwork and homework / Kraus, Jeanne.

Washington, DC: Magination Press, 2007.

FAM RJ 506 .H9 K72 2007

With the help of her teacher and parents, Annie learns how to organize her desk, pay attention in class, and prepare her homework assignments.

Apprivoiser l'hyperactivité et le déficit de l'attention / Sauve, Colette.

Montréal: Éditions de l'Hôpital Sainte-Justine, 2000.

FAM RJ 506 .H9 S38 2000

Comment gérer le comportement parfois étourdissant de votre enfant pour lequel un diagnostic d'hyperactivité ou de déficit de l'attention a été posé ? Voici proposée une gamme de moyens d'action dynamiques et diversifiés pour l'aider à s'épanouir dans sa famille, à l'école et dans son milieu de vie. L'auteur présente pour chaque groupe d'âge (3-5 ans, 6-12 ans, adolescence) trois parcours: 1) s'informer, comprendre, accepter ce désordre neurologique; 2) prendre conscience de ses capacités d'éducateur; 3) mettre en pratique de nouvelles stratégies. Pour multiplier les chances de réussite de votre enfant, ce guide vous invite enfin à croire en votre créativité et en votre intuition de parent.

Baxter turns down his buzz: a story for little kids about ADHD / Foley, James M.

Washington, DC: Magination Press, 2016.

FAM RJ 506 .H9 F65 2016

Written for children struggling with ADHD and impulsiveness, this is the story of a high-energy rabbit who learns to control his activity level through behavioral strategies like mindfulness, progressive relaxation and visualization, rather than medication.

Helping hyperactive kids: a sensory integration approach: techniques and tips for parents and professionals / Horowitz, Lynn.

Alameda, CA: Hunter House Publishers, 2007.

FAM RJ 506 .H9 H6713 2007

Sensory integration is a drug-free, child-friendly therapy for hyperactivity. This hands-on guide explains how it works and includes easy activities.

Howard B. Wigglebottom blends in like chameleons: a fable about belonging / Binkow, Howard.

Thunderbolt Publishing, 2011.

FAM RJ 506 .H9 B56 2012

Howard helps his friend Joey understand that in order to overcome difficulties with attention, following instructions and finishing tasks, he needs to ask for professional help. Tips and lessons are included.

Making the system work for your child with ADHD / Jensen, Peter S.

New York: Guilford, 2004.

FAM RJ 506 .H9 J46

In this straightforward, compassionate guide, Dr. Jensen pools his own experiences with those of over 80 other parents to help you troubleshoot the system without reinventing the wheel. From breaking through bureaucratic bottlenecks at school to advocating for your child's healthcare needs is just an example of topics discussed in this book.

Mom, why can't I catch up? / Simeton, Julia.

Bloomington, Indiana: AuthorHouse, 2009.

FAM RJ 506 .H9 S57 2009

The story about Joey J.J. Jones who doesn't fit in with other students because he has Attention Deficit Hyperactivity Disorder (ADHD).

Mon cerveau a besoin de lunettes: vivre avec l'hyperactivité / Vincent, Annick.

Le Gardeur, QC: Association Québécoise des Trouble D'Apprentissage, 2006.

FAM RJ 506 .H9 V55 2006

Ponctué de données instructives et de trucs efficaces, le journal imaginaire de Tom permet aux jeunes, aux parents et aux intervenants d'appivoiser le trouble déficitaire de l'attention avec ou sans hyperactivité. Cette livre est indispensable pour mieux comprendre cette réalité.

My brain needs glasses: living with hyperactivity / Vincent, Annick.

Lac-Beauport, QC: Impact Academy Publishing, 2004.

FAM RJ 506 .H9 V5513 2004

Filled with instructive information and effective hints, the imaginary journal of Tom helps children, parents, and education and psychology professionals overcome attention-deficit/hyperactivity disorder. Funny and imaginative, this book will help you understand the reality of kids living with AD/HD.

My whirling, twirling motor / Lyon, Tammie; Saunders, Merriam Sarcia.

Washington, DC: Magination Press, 2019.

FAM RJ 506 .H9 S28 2019

A young boy with ADHD feels like he is constantly driven by a 'motor'. He is constantly getting in trouble, even when he is not trying to be naughty. But his mom helps him focus on the things he does right each day.

Only a mother could love him: my life with a triumph over ADD / Polis, Benjamin.

UK: Ballantine Books, 2004.

FAM RJ 506 .H9 P64 2004

This book will give you a look inside the mind of a person with ADD/ADHD. Ben describes what it's really like to feel those constant impulses, to get all that medication, to desperately want to be "normal." In addition, he offers lots of valuable advice to parents, including finding what forms of discipline will work and what will never work surviving the daily homework struggle medicating or seeking other methods of treatment teaching your ADD/ADHD child to read.

Teenagers with ADD and ADHD & executive function deficits [3rd ed.]: a guide for parents and professionals / Zeigler Dendy, Chris A.

Bethesda, MD: Woodbine House, 2017.

FAM RJ 506 .H9 Z45 2017

Provides insight, advice, and guidance to help parents effectively raise AD/HD teenagers.

Le trouble de déficit de l'attention avec ou sans hyperactivité / Bélanger, Stacey [et al.]

Montréal: Éditions du CHU Sainte-Justine, 2008.

FAM RJ 506 .H9 T76 2008

Ce livre est un ouvrage multidisciplinaire qui décrit l'ensemble des symptômes de TDAH et leur impact sur l'apprentissage de même que sur les relations familiales et sociales. Est également décrit le processus d'évaluation ainsi qu'une mise au point sur le traitement, tant sur le plan médicale qu'en ce qui concerne les interventions scolaires, comportementales et sociales.

Understanding ADHD / Satkunarasa, Shen; Simmons, Alex.

New York: Medikidz USA, Inc., 2018.

FAM RJ 506 .H9 S28 2018

In graphic novel format, the Medikidz, superheroes from the planet Mediland, help the reader and Cameron understand ADHD.

Unlocking the potential of patients with ADHD: a model for clinical practice / Monastra, Vincent, J.

Washington, DC: American Psychological Association, 2008.

FAM RJ 506 .H9 M654 2008

Written by a clinical researcher who has evaluated and treated over 10,000 patients with ADHD, this volume provides a foundation for translating the complex scientific literature on ADHD into a model for community-based care.

Visual perception problems in children with ADHD, autism and other learning disabilities: a guide for parents and professionals / Kurtz, Lisa A.

London; Philadelphia: Jessica Kingsley Publishers, 2006.

FAM RJ 506 .H9 K87 2006

This book provides a comprehensive overview of vision problems in children with autism spectrum disorders and specific learning disabilities and outlines a range of activities for strengthening children's functional vision and perceptual skills using simple, homemade materials that are readably available in the home or classroom.

Websites / sites internet**ADHD - MedlinePlus from the U.S. National Library of Medicine**

<http://www.nlm.nih.gov/medlineplus/attentiondeficitdisorderwithhyperactivity.html>

ADHD - American Academy of Child & Adolescent Psychiatry

https://www.aacap.org/aacap/families_and_youth/resource_centers/adhd_resource_center/adhd_a_guide_for_families/What_is_ADHD.aspx

CHADD – The National Resource on ADHD

<http://www.chadd.org>

Kids Health – Information for Kids, Teens and Parents from the Nemours Foundation

<http://www.kidshealth.org>

CADDC - Centre for ADHD Awareness Canada

<http://www.caddac.ca/cms/page.php?2>

Les troubles d'hyperactivité avec déficit d'attention – Naître et Grandir

http://www.naitreetgrandir.net/fr/MauxEnfants/IndexMaladiesA_Z/Fiche.aspx?doc=naitre-grandir-sante-enfant-trouble-deficit-attention-hyperactivite-TDAH

Trouble déficitaire de l'attention avec ou sans hyperactivité – Site personnel D'Annick Vincent / Attention Deficit Disorder With or Without Hyperactivity (ADHD) – Personal Site of Annick Vincent

<http://www.attentiondeficit-info.com>

Local contacts / Liaison régionale

Idao-c - Learning Disabilities Association of Ottawa-Carleton

160 Percy Street

Ottawa, ON K1R 6E5

Phone: 613-567-5864

info@ldaottawa.com

<http://www.ldaottawa.com/>

Canadian Mental Health Association – Ottawa Branch

Association canadienne pour la santé mentale – section Ottawa

301 - 1355 Bank Street

Ottawa, ON K1H 8K7

Phone: 613-737-7791

Fax: 613-737-7644

general@cmhaottawa.ca

<http://ottawa.cmha.ca/>

Association québécoise pour les troubles d'apprentissage (AQETA) Section Outaouais

109, rue Wright, bureau 203

Gatineau, Québec J8X 2G7

Téléphone 819-777-3126

info.aqetaoutaouais@videotron.ca

<https://www.aqetaoutaouais.com/>

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If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

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