

Asthma

Asthme

Books / livres

100 questions & answers about your child's asthma / Plottel, Claudia S.

Boston, MA: Jones and Bartlett Publishers, 2008.

FAM RJ 436 .A8 P62 2008

Provides up-to-date, authoritative, practical answers to questions about childhood asthma such as treatment options, healthy lifestyle choices and coping strategies.

Asthma active: learning about asthma

Toronto, ON: The Lung Association, 2004.

FAM RJ 436 .A8 A83

An activity book for children 7 - 12 years of age.

Asthma in children / Kovesi, Thomas.

Ottawa: The Lung Association, 2009.

FAM RJ 436 .A8 K678 2009

This booklet, for parents of children with asthma, helps explain asthma triggers, control and management, and is designed to supplement the information received from a health care provider.

L'asthme chez l'enfant: pour une prise en charge efficace

Montréal: Éditions du CHU Sainte-Justine, 2006.

FAM RJ 436 .A8 A87 2006

Cet ouvrage se veut pratique et concret. Il contient de l'information, des conseils et des outils pour faire de chaque parent un expert capable de prendre en charge efficacement l'asthme de son enfant. Les critères de maîtrise de l'asthme, l'amélioration de l'environnement, l'adoption de nouvelles habitudes de vie, le traitement médicamenteux, un plan d'action, etc., autant d'éléments qui sont présentés et expliqués aux parents.

L'asthme en images / L'Association Pulmonaire.

Toronto, ON: L'Association Pulmonaire, 2006.

FAM RJ 436 .A8 L8614

Cette brochure explique les bases mêmes de l'asthme avec des images simples et quelques mots.

Call me brave boy: learning about asthma / Shinder, Jenny.

Toronto, ON: The Lung Association, 2004.

FAM RJ 436 .A8 S54

A picture book for children 2 - 6 years of age.

The everything parent's guide to children with asthma: professional advice to help your child manage symptoms, be more active, and breathe better / Simmons, Janice C.

Avon, MA: Adams Media, 2008.

FAM RJ 436 .A8 S56 2008

Helps families recognize symptoms, get accurate diagnosis, identify triggers, decide on treatment, make the home asthma-proof and allergen-free and work with teachers and caregivers.

The Great Katie Kate offers answers about asthma / DeLand, M Maitland; Zivojin, Jennifer.

Austin, TX: Greenleaf Book Group Press, 2014.

FAM RJ 436 .A8 D36 2014

When Julie is diagnosed with asthma, the Great Katie Kate swoops in to help alleviate her fears brought on by the worry wombat.

Mon enfant est asthmatique / Bérubé, Denis.

Montréal: Éditions du CHU Saint- Justine, 2010.

FAM RJ 436 .A8 B47 2010

Les auteurs se montrent rassurants dans leur petit livre, Ils soutiennent qu'aujourd'hui, l'asthme se traite très bien, qu'il ne limite en rien les activités quotidiennes ou sportives de l'enfant et que les traitements sont à la fois efficaces et sécuritaires.

Questions and answers about asthma: information for parents / Dell, Sharon.

Toronto, ON: The Hospital for Sick Children, 2006.

FAM RJ 436 .A8 D4414

This book is written for parents to help explain the basics of childhood asthma and asthma management.

Questions et réponses au sujet de l'asthme: à l'intention des parents / Dell, Sharon.

Toronto: The Hospital for Sick Children, 2006.

FAM RJ 436 .A8 D4414

Ce livret est rédigé à l'intention des parents pour leur expliquer les aspects fondamentaux de l'asthme et de la gestion de l'asthme chez les enfants.

The story of asthma in pictures / The Lung Association.

Toronto, ON: The Lung Association, 2001.

FAM RJ 436 .A8 L86

This booklet discusses the very basics of asthma with simple pictures and few words.

Taking asthma to camp: a fictional story about asthma camp / Gosselin, Kim.

St. Louis, MO: Jayjo Books, 1998.

FAM RJ 436 .A8 G675

A story about the fun and activities Justin participates in when he goes to asthma camp. Appropriate for ages: 4-8 years.

Taking asthma to school / Gosselin, Kim.

Valley Park, MO: Jayjo Books, 1998.

FAM RJ 436 .A8 G67

A guide to having asthma and dealing with it at school. Appropriate for ages: 4-8 years.

Understanding asthma / deLoache, Shawn; Renfrew, Ruth.

New York: Medikidz USA, Inc., 2018.

FAM RJ 436 .A8 R46 2018

In graphic novel format, the Medikidz, superheroes from the planet Mediland, help the reader and Jenny understand asthma.

Websites / sites internet

Taking Control of Your Asthma – Asthma Society of Canada

<http://pubmodules.machealth.ca/asthma/management/player.html>

Asthma in Infants and Children - Asthma Society of Canada

<https://www.asthma.ca/get-help/asthma-3/control/infants-and-children/>

**Canadian Lung Association
L'association pulmonaire**

<http://www.lung.ca/asthma>

Ontario Lung Association

<http://www.on.lung.ca/>

L'association pulmonaire Quebec

<http://www.pq.poumon.ca/>

**Asthma Information – AboutKidsHealth
Asthme Information – AboutKidsHealth**

<https://www.aboutkidshealth.ca/astmahub>

You Can Control Your Asthma - Child Asthma Network

<http://www.ucalgary.ca/icancontrolasthma/>

**Asthme – Agence de la santé publique du Canada
Asthma - Public Health Agency of Canada**

<http://www.phac-aspc.gc.ca/cd-mc/crd-mrc/asthme-asthma-fra.php>

AsthmaKids.ca

<http://www.asthmakids.ca/>

Tim & Moby Explain Asthma – American Academy of Allergy, Asthma and Immunology

<https://www.aaaai.org/conditions-and-treatments/just-for-kids/tim---moby-explain-asthma.aspx>

Asthma Center – Kids Health from the Nemours Foundation

http://kidshealth.org/kid/asthma_basics/asthma_center.html

Asthma in Children – Medline Plus

<https://medlineplus.gov/asthmainchildren.html>

Local contacts / Liaison régionale**L'Association pulmonaire Québec
The Lung Association Québec**

6070 rue Sherbrooke Est Bureau 104

Montréal, QC H1N 1C1

Téléphone: 514-287-7400

Sans frais: 888-768-6669

info@pq.poumon.ca

<http://www.pq.poumon.ca/>

Disclaimer / avertissement

This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

Last Updated and Links Tested: September 2019

Mise-à-jour et liens vérifiés: 2019 septembre