

## Cerebral Palsy

### Paralysie cérébrale

#### Books / livres

##### **Cerebral palsy: a complete guide for caregiving / Miller, Freeman.**

Baltimore, MD: Johns Hopkins University Press, 2006.

FAM RJ 496 .C4 M53 2006

This book helps parents understand cerebral palsy and how it affects their child. Provides families with vital information to help them cope. Includes information on specific patterns of involvement, practical advice about caregiving, and an encyclopedia of medical terms and diagnoses.

##### **Everyday superhero / Moffatt, Stefania.**

Canada: Stefania Moffatt, 2012.

FAM RJ 496 .C4 M64 2012

This children's book features an eight-year-old girl, Kat, who has cerebral palsy (CP). The book highlights all the cool things she can do such as dance class and explains how CP doesn't slow her down.

##### **Handling the young child with cerebral palsy at home / Finnie, Nancie R.**

New York: Elsevier, 2009.

FAM RJ 496 .C4 F56 2009

This book has been written to help the parents of a child with cerebral palsy assist their child towards achieving the most comfortable independence in all activities. It is also intended to help professionals and other carers new to this field understand, support and encourage young children with CP and their families.

##### **Living with cerebral palsy / Gray, Susan H.**

Chanhassen, MN: The Child's World, 2002.

FAM RJ 496 .C4 G74 2002

Helps children understand what cerebral palsy is and what it's like to live with it.

**Mitchell's story: living with cerebral palsy / Parkin, Jeff.**

Victoria, BC: Trafford, 2003.

FAM RJ 496 .C4 P37 2003

This is the story of one family's struggle to give their son as normal a life as possible and the rewards they found along the way.

**Nathan's wish: a story about cerebral palsy / Lears, Laurie.**

Morton Grove, IL: Albert Whiteman & Co, 2005.

FAM RJ 496 .C4 L42 2005

A boy with cerebral palsy helps out at a raptor rehabilitation center and is inspired when an owl that cannot fly finds another purpose in life.

**Le nouveau de la classe / Gervais, Jean.**

Montréal: Les Éditions du Boréal, 1992.

FAM RJ 496 .C4 G47

Un nouvel élève qui souffre de paralysie cérébrale arrive dans la classe de Dominique. Dominique et tous les autres élèves apprennent à l'accepter pour qui il est. Pour les enfants de 6 à 12 ans.

**Rolling along: the story of Taylor and his wheelchair / Heelan, Jamee Riggio.**

Atlanta, GA: Peachtree Publishers, 2000.

FAM RJ 496 .C4 H44 2000

A children's story about a boy named Taylor who gains more independence and happiness as he learns to use a wheelchair.

**Taking Cerebral Palsy to school / Anderson, Mary Elizabeth.**

Plainview, NY: Jayjo Books, 2000.

FAM RJ 496 .C4 A52

A book about cerebral palsy for children with CP or for children with friends or classmates who have CP. Appropriate for ages: 5-10 years.

**Teaching motor skills to children with cerebral palsy and similar movement disorders: a guide for parents and professionals / Martin, Sieglinde.**

Bethesda, MD: Woodbine House, Inc. 2006.

FAM RJ 496 .C4 M3 2006

A resource to help young children with gross motor delays learn and practise motor skills outside of therapy sessions. Presents dozens of easy-to-follow exercises with photos, anecdotes, and frequently asked questions.

**Yoga for the special child: therapeutic approach for infants and children with Down syndrome, cerebral palsy, and learning disabilities / Sumar, Sonia.**

Sarasota, FL: Special Yoga Publication, 1998.

FAM HV 888 .S85 1998

An easy to follow program for parents, educators, yoga teachers, and health care professionals which includes: a step by step, integrated system of yoga poses designed to increase cognitive and motor skills in children with learning and developmental disabilities. Specialized breathing exercises and relaxation techniques to improve concentration and reduce hyperactivity.

### Websites / sites internet

**Ontario Federation for Cerebral Palsy**

<http://www.ofcp.ca/>

**Cerebral Palsy – U.S. National Library of Medicine**

<http://www.nlm.nih.gov/medlineplus/cerebralpalsy.html>

**Cerebral Palsy - About Kids Health**

**Infirmité matrice cérébrale – About Kids Health**

<http://www.aboutkidshealth.ca/En/HealthAZ/ConditionsandDiseases/BrainandNervousSystemDisorders/Pages/Cerebralpalsy.aspx>

**Easter Seals**

<http://www.easterseals.org/>

**Institut de réadaptation en déficience physique de Québec**

<http://www.irdpq.qc.ca/>

**Cerebral Palsy – March of Dimes**

<http://www.marchofdimes.com/baby/cerebral-palsy.aspx>

**Cerebral Palsy Group**

<https://cerebralpalsygroup.com/>

## Cerebral Palsy Guidance

<https://www.cerebralpalsyguidance.com/>

## Apps

### LetMeTalk: Free AAC Talker

From Appnotize UG

Free

English

Last updated Jan 2017

From Google Play: A free AAC talker app which supports communication in all areas of life and therefore providing a voice to everyone. LetMeTalk is donation financed. LetMeTalk enables you to line up images in a meaningful way to read this row of images as a sentence. To line up images is known as AAC (Augmentative and Alternative Communication). The image database of LetMeTalk contains more than 9,000 easy to understand images from ARASAAC (<http://arasaac.org>).

Available from [Google Play](#) and [iTunes](#)

## Local contacts / Liaison régionale

### Easter Seals

Box 633, 2647 Alta Vista Drive

Ottawa, ON K1V 7T5

613.296.6824

<http://www.easterseals.org/>

### Ontario Federation for Cerebral Palsy – Ottawa Region

613-569-6948

877-888-4315

[ottawa@ofcp.ca](mailto:ottawa@ofcp.ca)

<http://www.ofcp.ca/>

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If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at [library@cheo.on.ca](mailto:library@cheo.on.ca).

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Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à [library@cheo.on.ca](mailto:library@cheo.on.ca).

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