

Down Syndrome

Le syndrome de down

Books / livres

Adventures in the mainstream: coming of age with Down Syndrome / Palmer, Greg.

Bethesda, MD: Woodbine House, 2005.

FAM RJ 506 .D68 P347 2005

This book will help families confront many of their hopes and fears as they try and coax a child with a disability into the adult world and toward greater independence. This intelligent account also gives professionals a vital personal view of what families go through as they cope with their child's transition into adulthood.

Babies with Down syndrome: a new parents' guide

Bethesda, MD: Woodbine House, 2008.

FAM RJ 506 .D68 B33 2008

Covering the best practices for raising and caring for children with Down syndrome through age five, this book is invaluable to new parents who have welcomed a baby with Down syndrome into their lives. This new edition incorporates the latest scientific, medical, educational research, and practical information available, as well as parents' suggestions and feedback.

Bébé arrive!: guide illustré pour parents d'un bébé présentant une trisomie 21 / Jacques, Line.

FAM RJ 506 .D68 J32 1998

Québec: Lanaudière - Association de parents d'enfant trisomique, 1998.

Ce guide vous renseigne sur la trisomie 21 et ses impacts sur le développement de l'enfant. Les informations qu'on retrouve visent à comprendre ce syndrome et ses manifestations. Pour les parents des bébés trisomiques de 0 à 2 ans.

Big brother Dustin / Carter, Alder R.

Morton Grove, IL: Albert Whitman & Co., 1997.

FAM RJ 506 .D68 C37

Dustin, a little boy with Down syndrome, helps his parents and grandparents prepare for the birth of a baby while he tries to think of a name for his new sister. Appropriate for ages: 4-8 years.

Breastfeeding a baby with Down syndrome

Chesterville, ON: La Leche League Canada, 1997.

FAM RJ 506 .D68 B73 BOX

This book provides education and support for the mother who is breastfeeding a baby with Down syndrome.

Classroom language skills for children with Down Syndrome: a guide for parents and teachers / Kumin, Libby.

Bethesda, MD: Woodbine House, 2001.

FAM RJ 506 .D68 K85

An excellent guide for both parents and teachers, this book explains how to navigate school systems and classroom environments. Development of language skills in elementary school is also explored.

Deedah [DVD] / May, Brooke.

[Savannah, GA] Deedah Productions, 2009.

FAM RJ 506 .D68 M39 2009

Deedah is the honest, heartwarming and often humorous account of a seven-year old girl's relationship with her six-year old brother, who has Down Syndrome, or as he calls it 'up' syndrome.

Discovery: pathways to better speech for child Down syndrome [DVD] / Schermerhorn, Will.

Blueberry Shoes Productions, 2005.

FAM RJ 506 .D68 S332 2005

Includes information on such topics as communication milestones, hearing issues, sign language, making speech understandable, and building vocabulary.

The Down's syndrome handbook: a practical guide for parents and carers / Newton, Richard.

London: Vermilion, 2004.

FAM RJ 506 .D68 N48 2004

This comprehensive handbook offers help and advice to all parents and carers of children with Down's syndrome, and shows them how to help their children flourish and reach their full potential.

Down Syndrome: neurobehavioural specificity

Chichester, UK: John Wiley & Sons Ltd, 2006.

FAM RJ 506 .D68 D69 2006

Review of the research regarding specific developmental profile of strengths, weaknesses and needs of children and adults with Down syndrome.

The Down syndrome nutrition handbook: a guide to promoting healthy lifestyles / Medlen, Joan E. Guthrie.

Bethesda, MD: Woodbine House, 2002.

FAM RJ 506 .D68 M44

This book is organized into four sections: Building Healthy Attitudes, Nutrition-Related Concerns for People with Down syndrome, Teaching Healthy Choices to Encourage Healthy Lifestyles, and Learning Activities. There is also an extensive appendix with additional information, including a diabetes care plan, high-fibre diet, growth charts, activity ideas, recipe template, and food-safety checklist.

Down syndrome: the first 18 months [DVD] / Schermerhorn, Will.

Blueberry Shoes Productions, 2003.

FAM RJ 506 .D68 S33 2003

The 'First 18 Months' is a reassuring and realistic introduction to the unique joys and challenges that children with Down syndrome bring to their families. Includes information on newborns, health concerns, therapies, and expectations.

Down syndrome: when to worry about mental health and what to do about it!: a guide for parents and caregivers / Friedlander, Robin.

Kingston, NY: NADD Press, 2009.

FAM RJ 506 .D68 F75 2009

This book offers practical advice on the assessment and treatment of mental health disorders in people with Down syndrome. It also provides practical advice for maintaining good mental health.

Early communication skills for children with Down syndrome: a guide for parents and professionals / Kumin, Libby.

Bethesda, MD: Woodbine House, 2003.

FAM RJ 506 .D68 K86 2003

This book offers parents a wealth of information on intelligibility issues, hearing loss, apraxia (difficulty planning oral-motor movements), and other factors that affect communication for children with Down syndrome. It explains how to prepare for and understand the results of a speech- language assessment, and goes on to describe what to expect in the years ahead when a child enters elementary school.

Early education for children with Down syndrome / Dmitriev, Valentine.

Austin, TX: Pro-ed, 2001.

FAM RJ 506 .D68 D55 2001

A practical handbook to early education for children with Down syndrome, including diagrams, photos and exercises.

Fine motor skills in children with Down syndrome: a guide for parents and professionals / Bruni, Maryanne.

Bethesda, MD: Woodbine House, 2006.

FAM RJ 506 .D68 B78 2006

The author presents a thorough overview of the building blocks of fine motor development and how the characteristics of Down syndrome can impact the acquisition and progression of fine motor skills.

Gross motor skills in children with Down syndrome: a guide for parents and professionals / Winders, Patricia C.

Bethesda, MD: Woodbine House, 1997.

FAM RJ 506 .D68 W56 1997

An easy to understand explanation of motor development including the impact of temperament and the effect of physical and medical conditions associated with Down syndrome. Includes activities and photos.

Improving the communication of people with Down Syndrome

Baltimore, MD: Paul H. Brookes, 1999.

FAM RJ 506 .D68 I47

This book provides a framework for assessing and treating speech, language, and communication problems in children and adults with Down syndrome. It offers valuable guidelines for assessing comprehension and production abilities, promoting language learning, and alleviating communication difficulties.

Je prépare mon avenir!: guide pour les parents d'un adolescent présentant une trisomie 21 / Jacques, Line.

Québec: Lanaudiere - Association de parents d'enfant trisomique, 2005.

FAM RJ 506 .D68 J326 2005

A moi de jouer!: guide pour les parents d'un enfant âgé de 6 à 12 ans présentant une trisomie 21 / Jacques, Line.

Québec: Lanaudiere - Association de parent d'enfant trisomique 21, 2002.

FAM RJ 506 .D68 J3268 2002

Ce guide met l'accent sur le développement de l'autonomie, la socialisation et les apprentissages à l'école des enfants trisomiques de 6 à 12 ans.

Mr. Blue Sky [DVD]

Magic Productions, 2008.

FAM RJ 506 .D68 M55 2008 DVD

A heart-warming love story involving three childhood friends; two girls, one born with Down syndrome, and one boy, who all grow up fighting who they are inside, how they are perceived by society, and who they ultimately strive to become as individuals despite the obstacles that are inherently present.

My sister is special / Jansen, Larry.

Cincinnati, OH: Standard Publishing, 1998.

FAM RJ 506 .D68 J36

A young boy Nathan describes his sister who has Down syndrome. Nathan understands that God made everyone special and his sister is special because she has Down syndrome. By caring for his sister who has Down syndrome, a little boy learns patience and compassion. Appropriate for ages: 4-8 years.

A parent's guide to Down syndrome: toward a brighter future / Pueschel, Siegfried M.

Baltimore, MD: Paul H. Brookes Publishing Co. 2001.

FAM RJ 506 .D68 P832 2001

This text teaches not just what to expect as your child with Down syndrome grows but what you can hope for in terms of health, schooling, and your child's life in the community. It includes reassuring guidance, and straightforward explanations.

Regarde, je grandis!: guide pour les parents d'un enfant âge de 3 à 5 ans présentant une trisomie 21 / Jacques, Line.

Québec: Lanaudiere - Association de parents d'enfant trisomique, 2000.

FAM RJ 506 .D68 L56 2000

Supporting children with Down's syndrome

London: David Fulton Publishers, 2004.

FAM RJ 506 .D68 S9 2004

This book contains vital information you need to know about Down's syndrome, which includes definition of Down's syndrome and its educational implications and teaching strategies to meet different learning styles.

Teaching children with Down syndrome about their bodies, boundaries, and sexuality: a guide for parents and professionals / Couwenhoven, Terri.

Bethesda, MD: Woodbine House, 2007.

FAM RJ 506 .D68 C68 2007

Drawing on her unique background as both a sexual educator and mother of a child with Down syndrome, the author blends factual information and practical ideas for teaching children with Down syndrome about their bodies, puberty, and sexuality.

Teaching math to people with Down Syndrome and other hands-on learners - book 1: basic survival skills / Horstmeier, DeAnna.

Bethesda, MD: Woodbine House, 2004.

FAM RJ 506 .D68 H67 2004

This guide gives parents and teachers high-interest, hands-on strategies and ideas for teaching math to learners of all ages.

Teaching math to people with Down Syndrome and other hands-on learners - book 2: advanced survival skills / Horstmeier, DeAnna.

Bethesda, MD: Woodbine House, 2008.

FAM RJ 506 .D68 H68 2008

The author provides practical hands-on activities, games, props, and worksheets - to make learning math more concrete and tangible for children with Down syndrome, autism, or other cognitive disabilities.

Teaching reading to children with Down syndrome: a guide for parents and teachers / Oelwein, Patricia L.

Bethesda: Woodbine House, 1995.

FAM RJ 506 .D68 O36

Describes a reading program that ensures success. Presents imaginative and functional lessons which can be individualized for any child.

Trisomie 21: aides et conseils / Cuilleret, Monique.

Paris: Masson, 2003.

FAM RJ 506 .D68 C84 2003

Riche de l'expérience de l'auteur qui a consacré sa carrière au suivi des personnes atteintes de trisomie 21, ce livre offre une vision exhaustive de l'évolution et des progrès de la prise en charge de ces patients.

Websites / sites internet

Down Syndrome – From the US National Library of Medicine

<http://www.nlm.nih.gov/medlineplus/downsyndrome.html>

Down Syndrome Association of Ontario

<http://www.dsao.ca/>

Canadian Down Syndrome Society

<http://www.cdss.ca/>

National Association for Down Syndrome

<http://www.nads.org/>

National Down Syndrome Society

<http://www.ndss.org/>

National Down Syndrome Congress

<http://www.ndsccenter.org/>

Citizen Advocacy

<https://www.citizenadvocacy.org/>

Breaking Bad News

<http://www.breakingbadnews.org/>

Local contacts / Liaison régionale

Down Syndrome Clinic - CHEO

401 Smyth Rd

Ottawa, ON K1H 8L1

<http://www.cheo.on.ca/en/downsyndromeclinic>

Down Syndrome Association National Capital Region

Association syndrome de Down région de la capitale nationale

PO Box 8025 Stn T

Ottawa, ON K1G 3H6

613-737-0658

info@dsanocr.com

<http://www.dsanocr.com/>

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<http://www.asdet21.org/index.php>

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If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

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