

## Epilepsy

## L'épilepsie

### Books / livres

#### **100 questions & answers about your child's epilepsy / Singh, Anuradha.**

Sudbury, MA: Jones and Bartlett, 2009.

FAM RJ 496 .E6 S56 2009

This book provides answers to questions about epilepsy diagnosis, treatment options, and management. Written by a childhood epilepsy expert, along with contributions from parents and the children and adolescents themselves, this book is a resource for learning and coping with the medical and emotional effects on a child with epilepsy.

#### **The brainstorms family: epilepsy on our terms: stories by children with seizures and their parents.**

Philadelphia, PA: Lippincott-Raven, 2006.

FAM RJ 496 .E6 B734

Presents information about the condition of epilepsy, what it is like to have seizures, the different kinds of seizures, and the effects of epilepsy on the individual and the family. Appropriate for ages: 9-17 years.

#### **Children with seizures: a guide for parents, teachers, and other professionals / Kutsher, Martin L.**

London: Jessica Kingsley Publishers, 2006.

FAM RJ 496 .E6 K87 2006

This book takes an overview of epilepsy, looking at the medical concepts and terminology alongside some of the emotional and social issues that can make epilepsy a challenge to live with. Certain chapters in the book are specifically written for children to read with their parents (with guidance notes for parents outlined at the beginning of the chapter) and for teenagers to read themselves.

#### **Comprendre l'épilepsie: notions élémentaires sur l'épilepsie et les épilepsies / Dravet, Charlotte.**

Montrouge, France: John Libbey Eurotext, 2005.

FAM RJ 496 .E6 D7 2005

Cet ouvrage est destiné à toutes les personnes qui veulent mieux comprendre l'épilepsie, en particulier à celles qui en sont atteintes et à leur entourage. Son objectif est de rendre accessibles au grand public les mécanismes complexes, les causes, les différentes formes, les aspects psychologiques, les traitements de cette maladie.

**Dotty the Dalmatian has epilepsy.**

Gladstone, NJ: Tim Peters and Co. Inc. 1995.

FAM RJ 496 .E6 D67 1995

This delightful story is about Dotty the Dalmatian who discovers she has epilepsy. At first, Dotty feels embarrassed and afraid. Once she accepts and learns how to control her seizures, she helps firefighters save lives.

**Les épilepsies: questions-réponses, 12 témoignages, fiche pratique / Voss, Farah.**

Paris: Éditions du Dauphin, 2006.

FAM RJ 496 .E6 V6 2006

L'auteur recueilli les témoignages de 12 personnes épileptiques. Ce livre les partage avec tous, les malades et ceux que l'épilepsie épargne, afin de rompre les solitudes et déraciner les idées fausses, afin d'informer pour vaincre les tabous.

**Epilepsy: a guide to balancing your life / Leppik, Ilo E.**

New York: Demos Medical Publishing, 2007.

FAM RJ 496 .E6 L462 2007

Covers topics such as diagnosis, diet, pregnancy, driving, sports, medications and treatment options.

**Growing up with epilepsy: a practical guide for parents / Blackburn, Lynn Bennett.**

New York: Demos Medical Publishing, 2003.

FAM RJ 496 .E6 B534 2003

This book provides the tools you need to raise a child with epilepsy, to support his/her social development, provide effective discipline, and negotiate the educational system. Each stage in your child's life presents unique issues and problems, ranging from finding day care to school programming to driving.

**Keto kid: helping your child succeed on the ketogenic diet / Snyder, Deborah.**

New York: Demos Medical Publishing, 2007.

FAM RJ 496 .E6 S69 2007

Includes recipes, strategies and advice to enable families to master this nutritional therapy.

**The ketogenic diet: a treatment for children and others with epilepsy.**

New York: Demos, 2007.

FAM RJ 496 .E6 F69 2007

The ketogenic diet has helped doctors treat difficult-to-control epileptic seizures in thousands of children. This fourth edition is extensively updated to reflect current advances in understanding how the diet works, how it should be used, and the future role of the diet as a treatment.

**Sébastien le dalmatien est épileptique.**

Gladstone, NJ: Tim Peters and Company Inc. 1995.

FAM RJ 496 .E6 D6714 1995

Cette charmante histoire est Sébastien le dalmatien qui découvre qu'elle est atteinte d'épilepsie. Dans un premier temps, se sent gêné et Sébastien peur. Une fois, elle accepte et apprend à contrôler ses crises, elle aide les pompiers sauvent des vies.

**Seizures and epilepsy in childhood [3rd ed.]: a guide / Freeman, John Mark.**

Baltimore, MD: Johns Hopkins University Press, 2002.

FAM RJ 496 .E6 F74 2002

This book has been thoroughly revised and updated to reflect the latest approaches to the diagnosis and treatment of epilepsy in childhood, including the use of the ketogenic diet as a treatment for children who either do not respond to traditional drug therapy or who suffer intolerable side effects from medications. The authors have also included a chapter addressing routine health care for children with epilepsy and a new chapter on complementary and alternative therapies.

**Taking seizure disorders to school: a story about epilepsy / Gosselin, Kim.**

Valley Park, MO: Jayjo Books, 1996.

FAM RJ 496 .E6 G67

A book about epilepsy for children with epilepsy or children with friends or classmates who have epilepsy. Appropriate for ages: 5-10 years.

**Understanding epilepsy / Renfrew, Ruth.**

New York: Medikidz USA, Inc., 2018.

FAM RJ 496 .E6 R46 2018

In graphic novel format, the Medikidz, superheroes from the planet Mediland, help the reader and Tara understand epilepsy.

**Understanding living with epilepsy / deLoache, Shawn; Satkunarasa, Shen.**

New York: Medikidz USA, Inc., 2018.

FAM RJ 496 .E6 S28 2018

In graphic novel format, the Medikidz, superheroes from the planet Mediland, help the reader understand what it is like living with epilepsy.

**Understanding playing sports with epilepsy / deLoache, Shawn; Quigley, Columba.**

New York: Medikidz USA, Inc., 2018.

FAM RJ 496 .E6 Q55 2018

In graphic novel format, the Medikidz, superheroes from the planet Mediland, help the reader and Hannah understand that epilepsy shouldn't stop her from playing her favourite sport, hockey.

**Understanding transitional care in epilepsy / Quigley, Columba.**

New York: Medikidz USA, Inc., 2018.

FAM RJ 496 .E6 U53 2018

In graphic novel format, the Medikidz, superheroes from the planet Mediland, help the reader and Julia understand transitioning to adult epilepsy care.

**Websites / sites internet**

**Epilepsy Ontario**

<http://epilepsyontario.org>

**Épilepsie Outaouais**

<http://www.epilepsieoutaouais.org/>

**Epilepsy Canada**

**Épilepsie Canada**

<http://www.epilepsy.ca>

**Epilepsy Foundation**

<http://www.efa.org/>

**Epilepsy Ottawa-Carleton**<http://www.epilepsyottawa.ca/>**Epilepsy – MedlinePlus from the US National Library of Medicine**<http://www.nlm.nih.gov/medlineplus/epilepsy.html>**Epilepsy Resource Centre - About Kids Health**<https://www.aboutkidshealth.ca/epilepsy>**Canadian Epilepsy Alliance****Alliance canadienne de l'épilepsie**<http://epilepsymatters.com/>**Everything you want to know about epilepsy – Healthline**<http://www.healthline.com/health/epilepsy>**Apps****Simple Seizure Diary**

From Luke Berry

English

Free

Last updated Oct 2017

From Google Play: This app is the perfect way to keep a diary and read it back in a number of different ways at the click of a button. You can share this information with your doctors and family as well. You can look at your seizures on a month by month calendar, or scroll up and down through your seizure activity easily in the 'scrolling calendar' view. You can share a month's worth of seizure data via e-mail in files that anyone can download and view on their web browser.

Available from [Google Play](#)**Local contacts / Liaison régionale****Neurology Clinic - CHEO**

Clinic A

401 Smyth Road

Ottawa, ON K1H 8L1

613-737-7600

Physician's referral required

**Epilepsy Ottawa-Carleton**

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If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at [library@cheo.on.ca](mailto:library@cheo.on.ca).

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à [library@cheo.on.ca](mailto:library@cheo.on.ca).

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