

Fetal Alcohol Spectrum Disorder (FASD)

L'ensemble des troubles causés par l'alcoolisation foétale (ETCAF)

Books / livres

The best I can be: living with fetal alcohol syndrome-effects / Kulp, Liz.

Brooklyn Park, MN: Better Endings New Beginnings, 2000.

FAM RG 629 .F45 K846

Written by a young girl with FAS and co-written by her adoptive mother, this short book is packed with information and provides a unique perspective.

Born broken: an adoptive journey / Berry, Kristin.

Green Forest, AR: New Leaf Press, 2017.

FAM RG 629 .F45 B48 2017

Kristin Berry tells her family's adoption story honestly, and does not shy away from the challenges she and her family has faced, including isolation and depression. Written with her son's blessings, in the hopes that others will learn about and understand what it is like to live with Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Spectrum Disorders FASD.

The challenge of fetal alcohol syndrome: overcoming secondary disabilities

Seattle, WA: University Of Washington Press, 1997.

FAM RG 629 .F45 C42

Expert recommendations and strategies for individuals living with fetal alcohol syndrome and fetal alcohol effects in order to improve daily life.

Damaged angels: a mother discovers the terrible cost of alcohol in pregnancy / Buxton, Bonnie.

Toronto: Knopf Canada, 2004.

FAM RG 629 .F45 B89

The in depth story of a family's adoption of a child with fetal alcohol spectrum disorder, and the joys and triumphs that resulted.

Fantastic Antone grows up: adolescents and adults with fetal alcohol syndrome

Fairbanks, AK: University of Alaska Press, 2000.

FAM RG 629 .F45 F36

Parents, teens and young adults will find it to be hopeful yet realistic and full of practical advice. Thoughtful and informative articles by parents, siblings and FAS/E affected young people are hard to put down.

Fantastic Antone succeeds! experiences in educating children with FAE-FAS

Fairbanks, AK: University of Alaska Press, 1993.

FAM RG 629 .F45 F35

This book describes in concrete, specific ways how to educate children with fetal alcohol syndrome/fetal alcohol effects (FAS/FAE). It communicates an optimistic message that is both true and appealing: with the right education, delivered by a nurturing individual in the home or in the school, many alcohol-affected children thrive.

Fetal alcohol syndrome: a guide for families and communities / Streissguth, Ann Pythowicz.

Baltimore, MD: Paul H. Brookes Publishing, 1997.

FAM RG 629 .F45 S78

Compelling and easy to understand, this book explains the medical and social issues surrounding fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE).

Fetal alcohol syndrome: the real brain drain / Szabo, Paul.

Ottawa: Paul Szabo, 2000.

FAM RG 629 .F45 S93

Let's talk FASD: parent driven strategies in caring for children with FASD: parlons de l'ETCAF: stratégies venant des parents pour le soin des enfants ayant l'ETCAF

Ottawa, ON: VON Canada, 2005.

FAM RG 629 .F45 L47 2005

This resource provides practical tips, technique and strategies to help parents meet the needs of children with FASD. Also available online.

Cette ressource fournit des conseils pratiques, techniques et stratégies pour aider les parents à répondre aux besoins des enfants atteints de ETCAF. Aussi disponibles en ligne

http://www.von.ca/sites/default/files/files/fasdtool_fullproof_final_1.pdf (English version)

<http://vivreaveclesaf.fr/uploads/images/ressources/guidespratiques/etcaf.pdf> (version français)

Not exactly as planned: a memoir of adoption, secrets and abiding love / Rosenbaum, Linda.

Bradford, ON: Demeter Press, 2014.

FAM RG 629 .F45 R78 2014

This is a personal account of adoption and the unexpected challenges of raising a child with fetal alcohol syndrome. Linda Rosenbaum's life takes a major turn when her son, adopted at birth, is diagnosed with irreversible brain damage. With love, hope and all the medical knowledge she can accumulate, she sets out to change his prognosis and live with as much joy as she can while struggling to accept her new reality.

Parenting children affected by fetal alcohol syndrome: a guide for daily living

Vancouver: Society of Special Needs Adoptive Parents, 1998.

FAM RG 629 .F45 P37 1998

This book provides parents and caregivers information on common manifestations, common misconceptions, parenting suggestions, guidelines for daily living, special considerations for infants and adolescents and talking to our child about FAS. Also available online:

http://fasd.typepad.com/resources/daily_guide_for_living.pdf

Sam's bear / Collins, Rob; Hammond, Merryl.

Kahnawake, QC: National Indian & Inuit Community Health Representatives Organization, 2009.

FAM E 98 .D6 H36 2009

First part of the book is an illustrated story for children followed by a guide for parents and teachers explaining brain development and what affects it in early years.

Your fantastic elastic brain: stretch it, shape it / Deak, JoAnn.

Naperville, IL: Little Pickle Press, 2017.

FAM QM 27 .D42 2017

This innovative and timely picture book teaches children that they have the ability to stretch and grow their own brains. The book introduces children to the anatomy and various functions of the brain in a fun and engaging way.

Websites / sites internet

Fetal Alcohol Spectrum Disorder – CHEO

L'alcoolisation fœtale - CHEO

https://ic12.esolq.ca/11189319_CHEO/en/clinics-services-programs/fetal-alcohol-spectrum-disorder.aspx

2015 Canadian FASD Diagnostic Guidelines

<https://www.cmaj.ca/content/188/3/191>

Fetal Alcohol Spectrum Disorder (FASD) programs and services – Government of Ontario Programmes et services de lutte contre le trouble du spectre de l'alcoolisation fœtale (TSAF) - Gouvernement de l'Ontario

<https://www.ontario.ca/page/fetal-alcohol-spectrum-disorder-fasd-programs-and-services>

Rural FASD Support Network

<https://www.ruralfasd.ca/>

Fetal Alcohol Spectrum Disorder (FAS) - Public Health Agency of Canada Ensemble des troubles causés par l'alcoolisation fœtale (ETCAF) - Agence de la santé publique du Canada

<http://www.phac-aspc.gc.ca/hp-ps/dca-dea/prog-ini/fasd-etcaf/index-eng.php>

Fetal Alcohol Spectrum Disorders (FASD) - US National Library of Medicine

<http://www.nlm.nih.gov/medlineplus/fetalalcoholsyndrome.html>

Best Start

Meilleur départ

<http://en.beststart.org/>

FASD Ontario Network of Expertise

<https://fasdontario.ca/>

Fetal Alcohol Spectrum Disorder (FASD) – About Kids Health

Ensemble des troubles causés par l'alcoolisation fœtale (ETCAF) – About Kids Health

<http://www.aboutkidshealth.ca/en/healthaz/conditionsanddiseases/brainandnervoussystemdisorders/pages/fetal-alcohol-spectrum-disorder-fasd.aspx>

Fetal Alcohol Spectrum Disorders (FASD) – Centre for Addiction and Mental Health

http://www.camh.ca/en/hospital/health_information/a_z_mental_health_and_addiction_information/Fetal_Alcohol_Spectrum_Disorders/Pages/default.aspx

Fetal Alcohol Resource Program – Citizenadvocacy.org

Programme de ressources sur les troubles causés par l'alcoolisation fœtale

<https://www.citizenadvocacy.org/fetal-alcohol-resource-program/>

SAFERA - SAF syndrome d'alcoolisation fœtale Québec

<http://www.safera.net/>

Local contacts / Liaison régionale**Fetal Alcohol Resource Program**

Ottawa Citizen Advocacy

312 Parkdale Ave.

Ottawa, ON K1Y 4X5

613-761-9522

info@citizenadvocacy.org

<https://www.citizenadvocacy.org/fetal-alcohol-resource-program/>

FASD Group of Ottawa

c/o 780 rue de L'Eglise

Ottawa, ON K1K 3K7

info@ottawayoungparents.com

Meeting Contact: rosse@ncf.ca

613-446-4144

Disclaimer / avertissement

This guide provides medical material for information purposes only and is not intended to replace the advice of your physician. The information may not always apply to your individual situation.

The guide represents material available in the Family Resource Library collection at CHEO. It is not intended to be an exhaustive list. Your local public library may also be able to provide you with information.

If you require materials in alternative formats, please contact the library at 613-737-7600 ext. 2157 or at library@cheo.on.ca.

Ce guide fournit du matériel médical pour informations seulement et ne vise pas à remplacer les conseils du médecin. Ces informations pourraient ne pas toujours s'appliquer aux situations individuelles.

Ce guide présente le matériel disponible à la bibliothèque de ressources familiales du CHEO. Ce n'est pas une liste complète. Votre bibliothèque publique locale pourrait aussi être en mesure de vous fournir des informations précieuses.

Si vous avez besoin des documents en formats alternatifs, s'il vous plaît contacter la bibliothèque au 613-737-7600 poste 2157 ou à library@cheo.on.ca.

Last Updated and Links Tested: November 2019

Mise-à-jour et liens vérifiés: 2019 novembre