

CHEO's Super Helpers



These are CHEO's Super Helpers! They keep the hospital clean and make sure the germs don't want to stay.



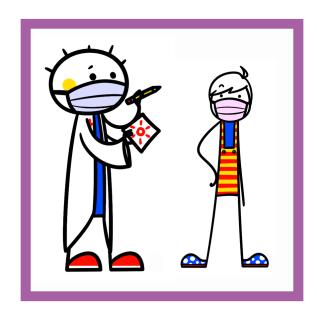
To keep us safe from germs, they wear a Super Helper cape and mask, just like a Super Hero!





When I go to CHEO, the Super Helpers will ask me some questions.







They might ask me to clean my hands. Me and my mom or dad will be asked to wear a mask, too!





By wearing a mask and washing my hands I'm being a Super Helper. I'm helping keep people safe from germs!

Next I will get to stand on a scale like this so, that the Super Helpers will know how much I weigh. I can stand straight and when it's done, I can see the number!





They might check my temperature with this tool too.





The Super Helpers will also put a special cuff on my arm. It feels like a big squeeze.





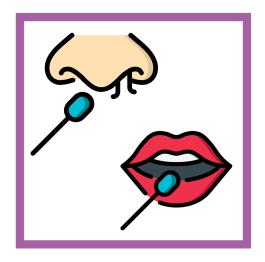


Next I will wait in a room that looks like this.



The Super Helper nurse might need to swab. A swab is like a little wand. It goes in my mouth and nose.





When the Super Helper nurse does the swab, I can sit with my Mom or Dad.



If I feel nervous I can take deep breath to help me feel calm and brave — just like a Super Hero!

My Mom or Dad can sing me a song, and I can wiggle my toes!





First the Super Helper nurse will do the swab, and then I will be all done!

The Super Helpers at CHEO keep me happy and healthy!

They are always ready to help –just like a Super Hero!

